

December 8, 2003

LA-15

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Revisions to the WIC Food Packages.

I would like to see soy milk added to the WIC package. I have many clients who are lactose intolerant and can't even tolerate the Lactaid milk. Many would prefer soymilk. In Seattle, Washington, there is a brand "Silk Soy Milk" that has calcium added to almost the same level as milk.

It would also be better to allow a certain amount of money to purchase fresh, frozen, or canned fruits and/or vegetables instead of giving out juice.

I hope you will take these comments into consideration.

Yours truly,

Marlene Okada

Marlene Okada RD
ICHS WIC Coordinator/Nutritionist.

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DEC 10 2003

YMC