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P-01

Patricia Daniels, Director  
Supplemental Food Programs Division  
Food & Nutrition Service, USDA  
3101 Park Center Drive, Room 520  
Alexandria VA 22302

Subject: "Revision to the WIC Food Packages"

Dear Patricia,

I am the mother of a 3 y/o. We are both vegan, we don't use any animal products. The only products we are able to get with our vouchers are peanut butter, juice and cereal (although the cereal choices are limited, very surprised oatmeal is not on the list). I am very educated when it comes to nutrition; therefore I am aware of the fact that we can get all of the nutrients needed, in order to be healthy, from plant food.

Items I'd like to see on the WIC vouchers are as follows (Non-GMO, of course):

Enriched Soy Milk  
Enriched Rice Milk  
Tofu  
Soy Cheese (brands that don't have "whey" or "casein")  
Oatmeal

Even though I don't eat eggs, it would be appropriate to allow range-free eggs. I think it's wonderful that organic milk is on the list.

Thanks in advance for your consideration.

Warmest Regards,

  
Sheree L. Walters

OCT - 3  
SMC