National Cancer Institute Publications Catalog

and Order Form

Materials From the National Cancer Institute

For Patients, Health Professionals, and the Public

The National Cancer Institute (NCI) is part of the Federal Government. NCI's materials reflect the nation's investment in improving the prevention, detection, diagnosis, and treatment for cancer. NCI provides the materials described in this catalog to give accurate and timely information to patients and their families; to health care providers and communicators; and to science writers, educators, and the interested public.

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SPECIFIC CANCERS

Title **Inventory Number** Pancreatic Cancer: An Agenda for Action: Report of the Pancreatic Cancer Progress Review T476 Group, February 2001 http://prg.nci.nih.gov/pancreatic/default.html This report describes NCI's current activities in pancreatic cancer and discusses important research directions and activities needed to conquer pancreatic cancer. It is designed for people who want information about NCI's research priority activities in this area. 2/2001 Order Limit: 5 T122 Priorities of the Kidney/Bladder Cancers Progress Review Group http://prg.nci.nih.gov/kidney/finalreport.html This report describes NCI's current activities in kidney and bladder cancer and discusses important research directions and activities needed to conquer kidney and bladder cancer. It is designed for people who want information about NCI's research priority activities in this area. 8/2002 Order Limit: 5 Prostate Cancer Progress Report: Addressing the Recommendations of the Prostate Cancer T994 **Progress Review Group** This report assesses the progress in addressing the recommendations of the Prostate Progress Review Group. It looks at trends in NCI prostate cancer research from 1998 to 2002. The report is designed to assist the NCI in efforts to accelerate progress against prostate cancer. It documents NCI-supported prostate cancer research and the resources available to the prostate cancer research community. 8/2004 Order Limit: 3 **Prostate Cancer Trends 1973-1995** T474 http://seer.cancer.gov/publications/prostate/ This Surveillance Epidemiology and End Results (SEER) program monograph provides detailed information on the demographic and clinical features of prostate cancer in the United States. 9/1999 Order Limit: None Radioactive Iodine I-131 and Thyroid Cancer: An Education Resource P008 Designed to address Native American's concerns about I-131 fallout from the Nevada tests and its relationship to thyroid cancer, this flip chart illustrates key messages to help people understand their possible risks. Includes talking points for use during a presentation. 9/2002 Order Limit: 2 Report of the Brain Tumor Progress Review Group, November 2000 T491 http://prg.nci.nih.gov/brain/default.html This report describes NCI's current activities in brain tumor research and discusses important research directions and activities needed to conquer brain tumors. It is designed for people who want information about NCI's research priority activities in this area. 11/2000 Order Limit: 5 Report of the Gynecologic Cancers Progress Review Group, November 2001 T533 http://prg.nci.nih.gov/gyno/default.html This report describes NCI's current activities in gynecologic cancer and discusses important research directions and activities needed to conquer gynecologic cancer. It is designed for people who want information about NCI's research priority activities in this area. 11/2001 Order Limit: 5 Report of the Leukemia, Lymphoma, and Myeloma Progress Review Group, May 2001 T029 http://prg.nci.nih.gov/llm/default.html This report describes NCI's current activities in leukemia, lymphoma, and myeloma and discusses important research directions and activities needed to conquer leukemia, lymphoma, and myeloma. It is designed for people who want information about NCI's research priority activities in this area. 5/2001 Order Limit: 5

Report of the Lung Cancer Progress Review Group, August 2001

http://prg.nci.nih.gov/lung/default.html

This report describes NCI's current activities in lung cancer and discusses important research directions and activities needed to conquer lung cancer. It is designed for people who want information about NCI's research priority activities in this area. 8/2001

Order Limit: 5

Report of the Sarcoma Progress Review Group, January 2004

http://prg.nci.nih.gov/sarcoma/finalreport.html

This report describes NCI's current activities in sarcoma research and discusses important research directions and activities needed to conquer sarcomas. It is designed for people who want information about NCI's research priorities in this area. 1/2004

Order Limit: 25

Report of the Stomach/Esophageal Cancers Progress Review Group

http://prg.nci.nih.gov/stomach/default.html

This report describes NCI's current activities in stomach and esophageal cancers and discusses important research directions and activities needed to conquer stomach and esophageal cancers. It is designed for people who want information about NCI's research priority activities in this area. 12/2002

Order Limit: 5

What You Need To Know About Cancer series

This series of pamphlets discusses symptoms, diagnosis, treatment, emotional issues, and questions to ask the doctor. Includes glossary of terms and other resources.

Types of Cancer	Inventory Number	Order Limit
Bladder	P014	None
Brain	P016	None
Breast	P017	100
Cancer	P018	None
Cervix	P019	None
Colon & Rectum	P020	200
Esophagus	P021	None
Hodgkin's Disease	P022	None
Kidney	P023	None
Larynx	P024	None
Leukemia	P832	None
Liver	P429	None
Lung	P026	None
Melanoma	P027	None
Moles & Dysplastic Nevi	P028	500
Multiple Myeloma	P030	None
Non-Hodgkins Lymphoma	P031	None
Oral Cancers	P032	200
Ovary	P033	200
Pancreas	P034	None
Prostate	P035	50
Skin	P036	None
Stomach	P037	100
Thyroid	P620	None
Uterus	P039	None

T897

T013

T916

TREATMENT OPTIONS

Title Inventory Number

Biological Therapy: Treatments That Use Your Immune System to Fight Cancer

P992

http://cancer.gov/cancerinfo/biologicaltherapy

This booklet describes biological therapy, a type of cancer treatment that works with the patient's immune system. 1/2004

Order Limit: 50

Chemotherapy and You: A Guide To Self-Help During Cancer Treatment

P117

http://www.cancer.gov/cancerinfo/chemotherapy-and-you

This 56-page booklet, in question-and-answer format, addresses problems and concerns of patients receiving chemotherapy. The emphasis is on explanation and self-help. 9/1999

Order Limit: 100

Radiation Therapy and You: A Guide to Self-Help During Cancer Treatment

P123

http://www.cancer.gov/cancerinfo/radiation-therapy-and-you

This 52-page booklet addresses concerns of patients receiving radiation therapy. The emphasis is on explanation and self-help. 4/2001

Order Limit: 100

CLINICAL TRIALS

CLINICAL TRIALS EDUCATION SERIES

BOOKLETS

Title Inventory Number

If You Have Cancer . . . What You Should Know About Clinical Trials

P968

http://cancer.gov/clinicaltrials/resources/what-to-know-about-trials

Designed for patients considering participation in a clinical trial, this easy-to-read brochure features photos of African-American and Hispanic people. Designed to be used with a health care professional. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 11/2001

Order Limit: 50

If You Have Cancer and Have Medicare . . . You Should Know About Clinical Trials

P112

http://cancer.gov/clinicaltrials/resources/medicare-and-cancer-trials

This brochure is designed for Medicare recipients who have cancer. It provides general information about cancer clinical trials, Medicare coverage, and questions to ask before joining a clinical trial. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 3/2002 Order Limit: 50

If You Want To Find Ways To Prevent Cancer, Learn About Prevention Clinical Trials

P163

http://www.cancer.gov/clinicaltrials/learning/about-prevention-trials

Designed for people considering participation in a prevention clinical trial, this easy-to-read brochure features diverse photos of clinical trial participants. Designed to be used with a health care professional. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 05/2004

Si piensa que no hay forma de prevenir el cáncer...Conozca los estudios clínicos

http://www.cancer.gov/espanol/estudios-de-prevencion

Este folleto está dirigido a personas que consideran participar en un estudio clínico de prevención. El folleto, de fácil lectura, presenta fotografías de personas de razas distintas. Diseñado para ser utilizado con un profesional de la salud. This booklet is designed for patients considering participation in a clinical trial, and features photos of African American and Hispanic people. It is designed to be used with a health care professional. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 5/2004
Order Limit: 100

Taking Part in Clinical Trials: Cancer Prevention Studies: What Participants Need To Know http://cancer.gov/clinicaltrials/resources/taking-part-prevention-trials

P551

P162

This booklet is a resource to assist professional staff and clinical trial participants in their understanding of the background and purpose of chemoprevention research in a community setting. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 7/1998

Order Limit: 200

Taking Part in Clinical Trials: What Cancer Patients Need To Know

P353

http://cancer.gov/clinicaltrials/resources/taking-part-treatment-trials

This booklet is for people with cancer, their families, and others who care about them. It is divided into three sections, with each section answering questions people have about clinical trials. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 6/1998

Order Limit: 200

DISCUSSION GUIDES

Title Inventory Number

Trainer's Guide for Cancer Education

P935

http://cancer.gov/clinicaltrials/resources/trainers-guide-cancer-education

This 115-page guide is designed for both lay people and health professionals who conduct group training sessions with community and scientific audiences. It offers practical suggestions for trainers to enliven training programs, encourage more active participation, and enrich the learning experience for everyone involved. The guide also includes worksheets to help both individuals and organizations plan training programs. It is designed to complement the other materials in the NCI Cancer Clinical Trials Education Series. 11/2001

Order Limit: 5

Cancer Clinical Trials Education Series (CTES) CD

Q985

http://www.cancer.gov/clinicaltrials/learning/clinical-trials-education-series

This is a CD of most of the Clinical Trials Education Series (CTES). The CTES is a collection of resources designed to educate cancer patients, health care professionals, and the general public about cancer clinical trials. Resources on the CD include Workbooks; Booklets/brochures; and slide programs. For a description of the entire series or to download the materials off the web, see http://www.cancer.gov/clinicaltrials/learning/clinical-trials-education-series 8/2004

Order Limit: 1

Cancer Clinical Trials: A Resource Guide for Outreach, Education, and Advocacy

P921

http://www.cancer.gov/clinicaltrials/resources/outreach-education-advocacy

This 116-page guide is designed to help individuals and organizations find ways to participate and engage their community in clinical trials outreach and education activities. It covers the following topics: Strategies for Outreach and Education (including clinical trial barriers and strategies for educating ethnically diverse populations); Ways To Educate Yourself About Clinical Trials; Ways To Educate Others About Clinical Trials, One-on-One; Ways To Conduct Community Outreach and Education on Clinical Trials; Ways To Work With the Media on Clinical Trials; and Ways To Work With Hospitals, Medical Centers, and Universities. The guide also includes worksheets and a Plan for Action to help both individuals and organizations plan outreach efforts. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 09/2002 Order Limit: 10

Cancer Clinical Trials: The Basic Workbook

http://cancer.gov/clinicaltrials/resources/basicworkbook

This 91-page workbook is designed for individuals who want to develop a basic understanding of clinical trials. The workbook features the following sections: Why Cancer Clinical Trials Are Important; The Clinical Trial Process; Advancing Cancer Care Through Clinical Trials; Participant Protection in Clinical Trials; Barriers to Clinical Trial Participation; and Finding Clinical Trials. Each section is followed by an exercise or some review questions. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 9/2002

Cancer Clinical Trials: The In-Depth Program

http://cancer.gov/clinicaltrials/resources/in-depth-program

This 96-page textbook is designed for health care professionals and others who seek a more in-depth understanding of clinical trials. The text features the following sections: An Overview of Clinical Trials; The Clinical Trial Process; Clinical Trial Design and Interpretation of Results; Advancing Cancer Care Through Clinical Trials; Participant Protection in Clinical Trials; Barriers to Clinical Trial Participation; and Conducting, Referring to, and Locating Clinical Trials. The textbook concludes with a case study. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 09/2002

Order Limit: 10

Order Limit: 10

VIDEOS

Title Inventory Number

Cancer Clinical Trials: An Introduction for Patients and their Families

V360

P919

P920

This video is designed for patients and their families who may be deciding to take part in a treatment clinical trial. A discussion guide designed for health care professionals accompanies the video. 11/2001 Order Limit: 10

Cancer Trials: Because Lives Depend on It

V980

This clinical trial awareness video is designed for educating community groups about prevention and treatment clinical trials. A speaker's guide designed for someone with basic knowledge about clinical trials accompanies the video. 11/2001

Order Limit: 10

OTHER CLINICAL TRIALS MATERIALS

Title Inventory Number

Human Participant Protections Education for Research Teams

T803

This brochure describes the National Institute Of Health's Human Participant Protections Education Web-based course, which presents information about the rights and welfare of human participants in research. This publication is for scientists involved in research with humans. 11/2002

Order Limit: None

Order Limit. None

Participation of Minorities and Women in Clinical Cancer Research: Annals of Epidemiology

T831

This supplement to the Annals of Epidemiology provides a summary of a National Cancer Institute workshop, held in July 1998, entitled "Participation of Minorities and Women in Clinical Cancer Research", and a subsequent workshop held in February 1999. These workshops summarized and evaluated recent research activities in this area. This publication is designed for health professionals. 11/2000

Order Limit: 3

The Multidisciplinary Head and Neck Cancer Clinical Research Program

P009

This brochure describes ongoing clinical trials for patients with cancer of the head and neck at the National Institutes of Health in Bethesda, Maryland. 5/2004 Order Limit: 50

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The ROCA Study: Finding Ovarian Cancer Early in High-Risk Women

P348

http://epi.grants.cancer.gov/ovarian/ROCA.pdf

This brochure describes a study looking at ways to find ovarian cancer early in women who are at high risk for this kind of cancer. It is designed for women who may be interested in participating in the study, which is called the Risk of Ovarian Cancer Algorithm or ROCA study. 9/2002

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COPING WITH CANCER Title **Inventory Number** Advanced Cancer: Living Each Day P084 http://cancer.gov/cancerinfo/advancedcancer This 32-page booklet addresses living with a terminal illness, how to cope, and practical considerations for the patient, family, and friends. 11/1998 Order Limit: 50 V814 Controlling Cancer Pain, A Video for Patients and Families This closed-captioned video is for cancer patients and their families. It provides information about why patients have pain, the way pain can be treated, and what patients should do when they have pain. 9/2000 Order Limit: 1 P118 **Eating Hints for Cancer Patients** http://www.cancer.gov/cancerinfo/eatinghints This booklet provides information and recipes to help patients meet their needs for good nutrition during treatment. 09/2002 Order Limit: 100 P119 Facing Forward Series: Life After Cancer Treatment http://www.cancer.gov/CancerInformation/life-after-treatment This booklet in the Facing Forward Series covers posttreatment issues such as followup medical care, physical and emotional changes, changes in social relationships, and workplace issues. The Facing Forward series is designed to educate and empower cancer survivors as they face the challenges associated with life after cancer treatment. 4/2002 Order Limit: 1 P012 Facing Forward Series: Ways You Can Make A Difference In Cancer http://www.cancer.gov/cancerinfo/make-a-difference This book in the Facing Forward Series is designed for cancer survivors and those who have taken care of someone with cancer. It provides an overview of the potential benefits of involvement in activities that give back to one's community, as well as the ways in which one can become involved in these activities. 6/2002 Order Limit: 20 **Get Relief From Cancer Pain** P602 http://www.ncipoet.org/promoGetRelief.cfm This easy-to-read brochure informs patients that medicine and other treatments almost always can relieve cancer pain. The patient is encouraged to talk to the doctor or nurse as soon as cancer pain begins. 5/1994 Order Limit: None Get Relief From Cancer Pain (large print) H703 This easy-to-read, large-print brochure informs patients that medicine and other treatments almost always can relieve cancer pain. The patient is encouraged to talk to the doctor or nurse as soon as cancer pain begins. 9/1996 Order Limit: 100 P603 Helping Yourself During Chemotherapy: 4 Steps for Patients http://cancer.gov/cancerinfo/helping-yourself-during-chemotherapy This easy-to-read booklet helps patients understand the importance of telling the doctor about any other medicines that they are taking, reporting any side effects to the doctor, and telling him or her about any emotional problems that arise. 09/2004 Order Limit: 100 H707 Helping Yourself During Chemotherapy: 4 Steps for Patients (large print) This easy-to-read, large-print, 11-page booklet helps patients understand the importance of telling the doctor about any other medicines the patient is taking, reporting any side effects that occur to the doctor, and telling him or her about any emotional problems that arise. 9/1996 Order Limit: 100

Pain Control: A Guide for People with Cancer and Their Families http://cancer.gov/cancerinfo/paincontrol This publication is for cancer patients and families who want to learn more about pain control methods, medicines for cancer pain, and nondrug treatments for cancer pain. 6/2000 Order Limit: 100 Pain Rating Instrument G818

This pain rating instrument is designed for cancer patients and their families. It is a scale that can be used to describe the intensity of pain. 9/2000 Order Limit: 1

Taking Time: Support for People With Cancer and the People Who Care About Them http://www.cancer.gov/cancerinfo/takingtime

This sensitively written, 68-page booklet for persons with cancer and their families addresses the feelings and concerns of others in similar situations and how they coped. 12/2003

Order Limit: 100

Understanding Cancer Pain
http://cancer.gov/cancerinfo/understanding-cancer-pain

This booklet is designed to provide cancer patients and their families with information about why patients have pain, the different ways pain can be treated, and what patients can do when they have pain. 9/2004 Order Limit: 100

When Cancer Recurs: Meeting The Challenge
http://cancer.gov/cancerinfo/when-cancer-recurs

This 38-page booklet details the different types of recurrence, types of treatment, and coping with cancer's return. 4/1997

Order Limit: 10

When Someone in Your Family Has Cancer
http://www.cancer.gov/cancerinformation/whensomeoneinyourfamily

P130

P997

P392

This 28-page booklet is written for young people whose parent or sibling has cancer. It includes sections on the disease, its treatment, and emotional concerns. 2/1995

Order Limit: 100

Young People With Cancer: A Handbook for Parents http://www.cancer.gov/cancer_information/young_people/

This booklet discusses the most common types of childhood cancer, treatments, and side effects as well as issues that may arise when a child is diagnosed with cancer. It offers medical information and practical tips gathered from parents. 01/2002

Order Limit: 10

TESTING FOR CANCER

Title Inventory Number

Do it for yourself, Do it for your Family P048

http://cancer.gov/images/Documents/68432989-7c99-4e56-8352-c813d5ef3422/english.pdf

This brochure was developed by the National Cancer Institute and the Center for Medicare and Medicaid Services. It encourages women in their forties and older to get a mammogram every 1 to 2 years. 6/2002

Order Limit: 100

Making Choices: Screening for Thyroid Disease

http://i131.nci.nih.gov/decision.html

This booklet provides a decision making guide for individuals considering being screened for thyroid cancer based on their exposure to radioactive fallout from the Nevada nuclear weapons tests (1954-63). 9/2002 Order Limit: None

Mammograms . . . Not Just Once But For A Lifetime!

http://www.cancer.gov/cancer_information/doc.aspx?viewid=946804B6-8B6F-4CD4-B692-ED7169EB73C9

This two-page, easy-to-read pamphlet defines mammography, tells who needs this important examination, and describes the procedure. 9/1999

Mammograms Not Just Once But For A Lifetime! (African American bookmark packaged 20 per pack)	Z274
A bookmark featuring a picture of an African-American woman. This promotional item will be sent in packs of 20 and will not count toward the overall limit of 20 items per order. 9/1997 This promotional item is exempt from shipping and handling charges. Order Limit: None	
Mammograms Not Just Once But For A Lifetime! (Asian bookmark packaged 100 per pack)	Z301
A bookmark featuring a picture of an Asian woman. This promotional item will be sent in packs of 100 and will not count toward the overall limit of 20 items per order. 10/1997 This promotional item is exempt from shipping and handling charges. Order Limit: None	
Mammograms Not Just Once But For A Lifetime! (Native American bookmark packaged 100 per pack)	Z375
A bookmark featuring a picture of a Native American woman. This promotional item will be sent in packs of 100 and will not count toward the overall limit of 20 items per order. 9/1997 This promotional item is exempt from shipping and handling charges. Order Limit: None	
Mammograms Not Just Once But For A Lifetime! (White bookmark packaged 100 per pack)	Z275
A bookmark featuring a picture of a White woman. This promotional item will be sent in packs of 100 and will not count toward the overall limit of 20 items per order. 9/1997 This promotional item is exempt from shipping and handling charges. Order Limit: None	
Mammograms Not Just Once But For A Lifetime! (black and white, reproducible version)	P425
This two-page, easy-to-read, black and white, easy-to-reproduce pamphlet defines mammography, tells who needs this important examination, and describes the procedure. 8/1997 Order Limit: 100	
Mammograms Not Just Once But For A Lifetime! (bookmark)	Z271
An English-language bookmark featuring a picture of a Hispanic woman. This promotional item will not count toward the overall limit of 20 items per order. 9/1997 This promotional item is exempt from shipping and handling charges. Order Limit: None	
Mammograms Not Just Once, But For A Lifetime! (large print)	H496
This two-page, easy-to-read, large print pamphlet defines mammography, tells who needs this important examination, and describes the procedure. 09/1998 Order Limit: 100	
Pap Tests: A Healthy Habit for You	P747
This easy to read, color brochure tells a woman the importance of getting a Pap test. It explains who should request one, how often it should be done, and where to go to get the test. 9/2003 Order Limit: 10	
The Picture of Health: How To Increase Breast Cancer Screening In Your Community	P389
This publication presents ideas and experiences of six breast cancer community demonstration programs, known collectively as the NCI Breast Cancer Screening Consortium, funded by NCI. 7/1994 Order Limit: 3	
Understanding Prostate Changes: A Health Guide for Men http://www.cancer.gov/cancertopics/understanding-prostate-changes	P611
This booklet informs men about the spectrum of prostate conditions (both non-cancerous and prostate cancer) that occur with age. It emphasizes that not all prostate changes mean prostate cancer, and provides information about symptoms, treatment options, and types of tests that detect these conditions. The booklet is part of the Understanding Changes Series. 08/2004 Order Limit: 50	

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Title **Inventory Number** Cancer and the Environment: What You Need to Know, What You Can Do P011 http://www.cancer.gov/images/Documents/5d17e03e-b39f-4b40-a214-e9e9099c4220/Cancer%20and%20the%20Environment.pdf "Cancer and the Environment" focuses on the agents in the environment that cause cancer and what we can do to lower our cancer risk. The booklet, which was created by scientists from the National Cancer Institute and the National Institute of Environmental Health Sciences also explains how substances that are likely to cause cancer are discovered. The good news is that most of the cases of cancer are linked to environmental causes, and in principle, can be prevented. 9/2003 Order Limit: 100 DES Research: Current Knowledge, Future Directions, Proceedings: July 19-20, 1999 T504 This two-day workshop on the long-term health effects of exposure to diethylstilbestrol (DES) was held at the National Institutes of Health in July 1999. It provided an update on research and a platform for discussion of current and future needs and recommendations for addressing those needs. 7/1999 Order Limit: 25 P999 Get the Facts About I-131 Radiation Exposure http://WWW.NCIPOet.com/docs/I-131PresHTML/sld001.htm This brochure discusses radioactive fallout from Nevada nuclear weapons testing (1954-63) and possible health risks, particularly thyroid cancer. 9/2002 Order Limit: None P007 Native Outreach: A Report to American Indian, Alaska Native, and Native Hawaiian Communities **An Executive Summary** This executive summary for "Native Outreach: A Report to American Indian, Alaska Native, and Native Hawaiian Communities" documents findings from NCI's Native American Prevention and Control Research Studies and is designed to promote cancer prevention and control at the community level. 3/1999 Order Limit: 1 Native Outreach: A Report to American Indian, Alaskan Native, and Native Hawaiian Communities M304 This monograph documents findings from NCI's Native American Cancer Prevention and Control Research Studies and includes research studies that employed a number of research designs and intervention approaches to address cancer prevention and control programs for Native Americans. 3/1999 Order Limit: 1 P051 **Understanding Breast Changes: A Health Guide for Women** http://cancer.gov/cancertopics/understanding-breast-changes This booklet contains information that women need to know while waiting for their mammogram results, including common breast changes at various life stages, types of follow-up testing, and types of biopsies. It helps women understand their screening results and emphasizes that not all breast changes mean cancer. The booklet is part of the Understanding Changes Series. 08/2004 Order Limit: 50 Understanding Estrogen Receptors, Tamoxifen, and Raloxifene (booklet) P200 This booklet contains the script for Understanding Estrogen Receptors, Tamoxifen, and Raloxifene slide kit. 8/2000 Order Limit: 1 Understanding Estrogen Receptors, Tamoxifen, and Raloxifene (slide kit) K042 This slide kit is designed to translate complex biomedical concepts into understandable and accurate information. It describes the hormone estrogen and its receptors and the risks and benefits of reducing cancer risk with drugs called antiestrogens and selective estrogen receptor molecules (SERMS). 8/2000 Order Limit: 1

NUTRITION

Title Inventory Number

African Americans Take The 5 A Day Challenge for Better Health

P420

This brochure features color photos, personal stories of adopting healthy habits, and fast and easy tips to help the African-American reader meet the 5 A Day Challenge. 5/1998

Order Limit: None

Body and Soul: A Celebration of Healthy Eating and Living: A guide for your Church

P980

Body & Soul is a wellness program for African American churches that empowers church members to eat 5 to 9 servings of fruits and vegetables every day for better health. Body & Soul combines pastoral leadership, educational activities, a church environment that supports healthy eating, and peer counseling to encourage members to eat more fruits and vegetables. The Body & Soul program guide explains how to run the program in the church. 6/2004 Order Limit: 3

Men Eat 9 A Day P562

http://5aday.gov/9aday/

This booklet encourages African-American men to eat nine servings of fruits and vegetables a day. 4/2003 Order Limit: 100

Time To Take Five: Eat 5 Fruits and Vegetables Every Day

P820

http://5aday.nci.nih.gov/index-takefive.shtml

This brochure contains information on the importance of eating five or more servings of fruits and vegetables a day. It is written in an easy-to-read, upbeat fashion geared toward the general public. 5/1995 Order Limit: None

Tips on How to Eat Less Fat (black and white reproducible version)

F934

This easy-to-read, black and white, easy-to-reproduce brochure gives simple tips on ways to cut back on the animal fat used in cooking. 1/1996

Order Limit: None

GENETICS

Title Inventory Number

Genetic Testing for Breast Cancer Risk: It's Your Choice

P555

http://www.cancer.gov/cancerinfo/genetic-testing-breast

This booklet provides an overview on genetic testing for breast and ovarian cancer risk. It describes testing and explains terms like family history, genes and genetic testing. 08/1999

Order Limit: 5

Understanding Gene Testing

T922

http://www.accessexcellence.org/AE/AEPC/NIH/index.html

This booklet explains what genes are, how they work, and how faulty genes trigger diseases such as cancer. It discusses the benefits and limitations of gene testing and the role of genetic counselors. 12/1995 Order Limit: 100

TOBACCO/SMOKING

Title Inventory Number

Clearing the Air: Quit Smoking Today

P133

http://www.smokefree.gov/pubs/clearing the air.pdf

This booklet is designed to help smokers get ready to quit. It also describes tools that can help smokers stop smoking and the problems to expect when they quit. 9/2003

Dangerous Game: The Truth about Spit Tobacco This booklet encourages students who use spit tobacco to develop a plan to quit and highlights the oral health effects of spit tobacco use, including gum recession, oral lesions, and oral cancer. 8/1995 Order Limit: 100	P855
Menthol Cigarettes: Setting the Research Agenda (Nicotine & Tobacco Research, Volume 6, Supplement 1/February 2004)	T043
This supplement provides a summary of the state of knowledge of the history, sociology, epidemiology, pharmacology, and toxicology of menthol cigarettes as well as the proposed future research agenda. The papers in this supplement summarize information and findings from The First Conference on Menthol Cigarettes, which was held March 21-22, 2002, in Atlanta, Georgia. The purpose of the conference was to evaluate the present state of the science concerning the potential increased harm caused by adding menthol to cigarettes, identify knowledge gaps, and set the priorities for further studies of menthol cigarettes. Order Limit: 3	
Smoking Facts and Tips for Quitting	P161
This four-page brochure discusses the health risks of smoking, who smokes, and why smokers should quit. It also provides quitting tips. 9/1993 Order Limit: 100	
Smoking and Tobacco Control Monograph 13: Risks Associated with Smoking Cigarettes with Low Machine-Measured Yields of Tar and Nicotine http://cancercontrol.cancer.gov/tcrb/monographs/13/	M914
This report reviews evidence on the Federal Trade Commission's methods for measuring tar and nicotine yields in cigarettes and the disease risks of machine-measured low-tar cigarettes. 11/2001 Order Limit: 1	
Smoking and Tobacco Control Monograph 14: Changing Adolescent Smoking Prevalence http://cancercontrol.cancer.gov/tcrb/monographs/14/index.html	M999
This monograph is the first major update of adolescent smoking behavior since the reports of the Surgeon General and the Institute of Medicine in 1994. It reports some progress toward reducing tobacco use among adolescents but also highlights areas in which more efforts are needed. 11/2001 Order Limit: 1	
Smoking and Tobacco Control Monograph 15: Those Who Continue to Smoke: Is Achieving Abstinence Harder and Do We Need to Change our Interventions? http://cancercontrol.cancer.gov/tcrb/monographs/15/index.html	M250
This is the last in the series of Smoking and Tobacco Control Monographs begun in 1991. The reports in the monograph describe a variety of approaches that will be necessary to help more smokers quit. 4/2003 Order Limit: 3	
Special Issue of the American Journal of Health Behavior on Youth Tobacco Cessation	T866
The special issue of the American Journal of Health Behavior on youth tobacco cessation provides articles on the following topics: overview of the Youth Tobacco Cessation Collaborative, comparison of review methods for tobacco control, application of better practices framework for youth tobacco cessation, review of the scientific evidence regarding youth tobacco cessation, recommendations for developing, implementing and evaluating youth tobacco cessation programs, and research methodology issues and research gaps. This special journal issue is appropriate for researchers, scientists, and tobacco control practitioners. 9/2003 Order Limit: None	
Spit Tobacco: A Guide for Quitting http://www.nidr.nih.gov/health/newsandhealth/spitTobacco/	P121
This booklet, published by the National Institute of Dental and Craniofacial Research and NCI, provides information on how to quit using smokeless tobacco. 7/2003 Order Limit: 50	
Tobacco Control: Advances and Challenges in Youth Tobacco Research	T011
The supplemental issue of Tobacco Control on youth tobacco research provides articles on the following topics: implementing and evaluating youth tobacco cessation programs, pharmaceutical and behavioral tobacco cessation interventions with adolescents, understanding initiation of tobacco use, research methodology issues, and state of the science and future directions for adolescent and young adult prevention and cessation. This supplement is appropriate for researchers, scientists, and tobacco control practitioners. 12/2003. Order Limit: 10	

STATISTICS Title **Inventory Number** Atlas of Cancer Mortality in the United States, 1950-94 T012 http://www.nci.nih.gov/atlas The Atlas of Cancer Mortality utilizes 1950-94 mortality data from the National Center for Health Statistics and population estimates from the Census Bureau. It includes more than 250 color-coded maps showing variations in cancer rates during 1970-94 and compares them with corresponding maps for 1950-69. 9/1999 Order Limit: 1 **T983 Cancer Progress Report 2001 Highlights** http://progressreport.cancer.gov This is the executive summary of Cancer Progress Report 2001, the first in a new series of reports that describe progress in reducing the U.S. cancer burden through cancer research and its dissemination. 12/2001 Order Limit: 50 T905 Cancer Progress Report: 2001 http://progressreport.cancer.gov This report summarizes the Nation's progress against cancer. It is based on the most recent data available from NCI, the Centers for Disease Control and Prevention, and other federal agencies; the American Cancer Society; professional groups; and cancer researchers. 11/2001 Order Limit: 100 SURVEILLANCE, EPIDEMIOLOGY AND END RESULTS (SEER) Title **Inventory Number** Abstracting and Coding Guide for the Hematopoietic Diseases T007 Information for cancer data collectors (health professionals) on how to abstract and code refractory anemias, polycythemia, and other hematopoietic diseases. 5/2002 Order Limit: None Area Socioeconomic Variations in U.S. Cancer Incidence, Mortality, Stage, Treatment, and T823 Survival, 1975-1999 http://seer.cancer.gov/publications/ses/ This monograph presents analyses on socioeconomic patterns in cancer incidence and outcomes in the U.S. The data will be useful in furthering understanding of the relationship of socioeconomic status to the overall cancer burden as well as the magnitude and causes of current social inequalities in cancer. It is designed for health professionals. 8/2003 Order Limit: 1 T506 Cancer Incidence and Survival among Children and Adolescents: United States SEER Program 1975-1995 A compendium of statistical trends and risk factors associated with childhood cancers is contained in this NCI monograph. It is intended to aid researchers in the search for answers about these rare cancers. 9/1999 Order Limit: None Cancer Rates and Risks, 4th Edition, 1996 P063 http://seer.cancer.gov/publications/raterisk/ This summary presents NCI's estimates for cancer incidence, deaths, and survival rates for the United States calculated by the NCI's SEER Program. Risk factors for the major cancers are also discussed. 5/1996 Order Limit: None Definitions of Single and Subsequent Primaries for Hematologic Malignancies V.102 **T878** This chart provides an aid to the registrar in determining single versus subsequent primaries. 9/2001 Order Limit: None Racial/Ethnic Patterns of Cancer in the United States: 1988-1992 M349 http://seer.cancer.gov/publications/ethnicity/ This monograph, prepared by NCI's SEER Program, provides a concise description of occurrence of the major cancers among several different racial/ethnic groups in the United States. 4/1996 Order Limit: None

SEER Cancer Statistics Review 1973-1990

T268

The scope and purpose of this review is consistent with a report to the Senate Appropriations Committee, which recommended that a broad profile of cancer be presented to the American public on a routine basis. 1993 Order Limit: None

SEER Cancer Statistics Review 1973-1991

T815

The scope and purpose of this review is consistent with a report to the Senate Appropriations Committee, which recommended that a broad profile of cancer be presented to the American public on a routine basis. 6/1994 Order Limit: None

SEER Extent of Disease 1998, Codes and Coding Instructions (3rd Edition, 1998)

T899

Provides the codes and coding instructions for the 10-digit Extent of Disease (EOD) code submitted for every cancer site. 1/1998

Order Limit: None

SEER Program Booklet: Surveillance, Epidemiology, and End Results Program

T633

Provides detailed information on the history and goals of SEER, the incidence and survival data it covers, verification of that data by the NCI Quality Control Program, and SEER's use of other data sources. 07/2000 Order Limit: None

SEER Program Brochure: Surveillance, Epidemiology and End Results

T184

Provides detailed information on the history and goals of SEER, the incidence and survival data it covers, verification of that data by the NCI Quality Control Program, and SEER's use of other data sources. This brochure also provides a tabular presentation of the total 1990 U.S. Census/SEER population coverage and racial diversity represented in the SEER database. 10/1993

Order Limit: 20

SEER Program Code Manual (3rd Edition, 1998)

T894

This manual is a limited explanation of the format and definitions of the computerized record routinely submitted by each SEER participant to NCI. 1/1998

Order Limit: None

GENERAL

Title

Inventory Number

Cancer Education Resources for American Indians and Alaska Natives

P260

This directory assists the implementation of cancer prevention and control programs among American Indian and Alaska Native communities. It lists culturally appropriate educational materials about the growing cancer problem and the need for cancer screening, testing, and early detection programs. 1/1994

Order Limit: 1

Cancer Information Service: Information Card (Servicio de información sobre el cáncer: tarjeta de información)

Z575

The Cancer Information Service bilingual (Spanish/English) information card lists the toll-free number and services provided by the Cancer Information Service. Tarjeta de información bilingüe (español/inglés) del Servicio de Información sobre el Cáncer, incluye un listado del número para llamadas sin cargo y servicios prestados por el Servicio de Información sobre el Cáncer. 02/2002 This promotional item is exempt from shipping and handling charges.

Order Limit: 100

Cancer Nanotechnology

P885

http://otir.nci.nih.gov/brochure.pdf

This booklet describes the National Cancer Institute's Nanotechnology Plan that will provide support for research and a new Nanotechnology Standardization Laboratory. Nanotechnology refers to the interactions of cellular and molecular components and engineered materials. These objects are usually smaller than 100 nanometers. 1/2004 Order Limit: 5

Cancer Research Across Borders: Second Report 2001-2002

P987

This is the annual report of the Ireland-Northern Ireland-National Cancer Institute Cancer Consortium. The Consortium's goal is to engage the cancer communities of the U.S., Ireland, and Northern Ireland in enhancing the island of Ireland's ability to conduct world-class cancer clinical research and to encourage collaboration between the governments of Ireland and Northern Ireland. 7/2003

Order Limit: None

Clear and Simple: Developing Effective Print Materials for Low Literacy Readers

T936

http://cancer.gov/cancerinformation/clearandsimple

This 61-page guide outlines a process for developing publications for people with limited literacy skills. 12/1994 Order Limit: 1

Closing in on Cancer: Solving a 5000-Year-Old Mystery

P359

http://newscenter.cancer.gov/sciencebehind/cioc/ciochome.htm

This 54-page book traces the interwoven histories of science, medicine, and cancer from ancient Egypt to the present. 9/1998

Order Limit: 5

Fighting Cancer in Indian Country: The Yakama Nation and Pacific Northwest Tribes President's Cancer Panel Annual Report 2002

P777

The President's Cancer Panel, a three-member advisory group that oversees the National Cancer Program, reports annually to the President of the U.S. on barriers to the program's execution. "Facing Cancer in Indian Country: The Yakama Nation and Pacific Northwest Tribes," contains the findings and recommendations of the Panel after a two-day meeting in July 2002. The meeting was held at the invitation of a Yakama tribal elder on the reservation of the Confederated Tribes and Bands of the Yakama Nation in Washington State. The Panel's then-chairman, Dr. Harold P. Freeman, heard from cancer survivors and caregivers from Yakama and several other northwest tribes. Other speakers included Native and non-Native health care and social service providers; officials of the Indian Health Service (IHS); community epidemiologists and researchers; and advocates. The report cites studies that show during the past 30 years Native American cancer incidence and mortality rates have been increasing, and that American Indian and Alaskan Native cancer survival rates are the lowest of any ethnic group. 12/2003

Order Limit: 5

Living Beyond Cancer: A European Dialogue

P996

This supplement to Living Beyond Cancer: Finding a New Balance documents the proceedings of the President's Cancer Panel meeting held in Lisbon, Portugal on May 27-28, 2003. The meeting was attended by cancer survivors, family caregivers, European cancer care professionals and researchers, and patient advocates. They described issues related to access to cancer information and cancer care (including care for psychosocial problems and late effects of treatment) in nations with nationalized health systems, the continuing stigma of cancer in most European nations, and professional education needs. The report includes a list of European health financing and delivery mechanisms with potential for application or adaptation in the U.S. health care system. 05/2004 Order Limit: 5

Living Beyond Cancer: Finding a New Balance

P986

This report of the President's Cancer Panel, an advisory group to the President of the United States, is the first to take a life span approach to describing cancer survivorship issues, focusing particularly on the post-treatment period. In addition to identifying issues common to people regardless of their age at diagnosis, it enumerates challenges specific to those diagnosed as children (ages 0-14 years), adolescents and young adults (ages 15-29 years), adults (30-59 years of age), and older adults (ages 60 and older). The findings and 17 recommendations are drawn from testimony received at five meetings conducted between May 2003 and January 2004, as well as additional data gathering. The nearly 200 meeting participants included survivors, caregivers, health care providers, advocates, and others who candidly described their experiences of life after cancer and the issues of providing care and support. Testimony was provided both in formal hearings and at evening Town Hall meetings. 05/2004 Order Limit: 5

Making Health Communication Programs Work: A Planner's Guide

T068

http://cancer.gov/pinkbook

This handbook presents key principles and steps in developing and evaluating health communication programs for the public, patients, and health professionals. It expands upon and replaces two earlier publications titled Pretesting in Health Communications and Making PSA's Work. The guide discusses specific steps in program development and includes examples of their use. Sources of additional information on each subject are included at the end of the chapters. Also known as "the Pink Book."9/2002

Making Health Communication Programs Work: A Planner's Guide (CD)	Q737
This CD presents key principles and steps in developing and evaluating health communication programs for the public, patients, and health professionals. It expands upon and replaces two earlier publications titled Pretesting in Health Communications and Making PSA's Work. The guide discusses specific steps in program development and includes examples of their use. Sources of additional information on each subject are included at the end of the chapters. 12/2002 Order Limit: None	
Planning for Progress 2004 CD	Q003
The contents of this CD include NCI's Fiscal Year 2005 "Bypass Budget" (The Nation's Investment in Cancer Research), Disease-Specific Progress Review Group (PRG) Reports and Strategic Plans, NCI's Facts and Figures including NCI's Fact Book for Fiscal Year 2003 and NCI Online with direct links to the NCI home page, NCI Cancer Bulletin and the NCI Office of Science Planning and Assessment. Documents are in portable document format (PDF). 3/2004 Order Limit: 20	
President's Cancer Panel, Report of the Chairman, 1999: The National Cancer Program: Assessing the Past, Charting the Future http://deainfo.nci.nih.gov/advisory/pcp/9cp/99report.htm	P684
This report, submitted to the President in fulfillment of requirements of the National Cancer Act, reviews the history and evolution of the National Cancer Program. The report considers how the national effort against cancer should move forward to more rapidly reduce the burden of cancer. 05/2000 Order Limit: 3	
Research on Human Specimens	T179
This brochure describes Federal regulations for NIH grantees who participate in research on human specimens. 2000 Order Limit: 100	
The Immune System – How It Works	P074
This booklet explains the human immune system in language appropriate for the general public. It describes the sophistication of the body's immune response, the impact of immune disorders, and the relationship of the immune system to cancer therapies present and future. 4/1996 Order Limit: 100	
The Nation's Investment in Cancer Research: A Budget Proposal for Fiscal Year 2004 http://plan2004.cancer.gov/	T290
This document describes NCI's research priorities and its requested budget for Fiscal Year 2004. It is designed for health professionals and the interested public. 11/2002 Order Limit: 100	
The Nation's Investment in Cancer Research: A Plan and Budget Proposal for FY 2005 http://cancer.gov/pdf/nci_2005_plan	T040
This document describes NCI's research priorities and its requested budget for Fiscal Year 2005. It is designed for health professionals and the interested public. 12/2003 Order Limit: 100	
The Nation's Progress in Cancer Research: An Annual Report for 2003 http://www.cancer.gov/aboutnci/annualreport	T434
This annual progress report highlights advances in cancer research that are moving the Nation towards the elimination of suffering and death due to cancer. 9/2004 Order Limit: None	
Understanding Cancer (booklet)	P194
This booklet contains the script for the Understanding Cancer slide kit. The script is designed for educators and may be ordered separately from the kit. 3/2000 Order Limit: 3	

Voices of a Broken System: Real People, Real Problems: President's Cancer Panel Report

http://deainfo.nci.nih.gov/ADVISORY/pcp/video-report.htm

This is the report of the President's Cancer Panel summarizing the results of the town meetings held throughout the United States during 2000 to learn about cancer care problems faced by cancer patients. it presents the Panel's recommendations for addressing these problems. 10/2001 Order Limit: 3

Voices of a Broken System: Real People, Real Problems: President's Cancer Panel Report (CD) http://voices.cancer.gov

Q087

P993

This CD contains the report of the President's Cancer Panel summarizing the results of the town meetings held throughout the United States during 2000 to learn about cancer care problems faced by cancer patients. It presents the Panel's recommendations for addressing these problems. 9/2001

Order Limit: 1

MATERIALS IN OTHER LANGUAGES

ASIAN

Title Inventory Number

Do it for yourself, Do it for your Family (Chinese translation)

P082

http://cancer.gov/images/Documents/68432989-7c99-4e56-8352-c813d5ef3422/ChineseBroch2.pdf

This brochure was developed by NCI and the Center for Medicare and Medicaid Services. It encourages women in their forties and older to get a mammogram every 1 to 2 years. 6/2002 Order Limit: 100

Do it for yourself, Do it for your Family (Tagalog translation)

P141

http://cancer.gov/images/Documents/68432989-7c99-4e56-8352-c813d5ef3422/tagalog_brochure.pdf

This brochure was developed by NCI and the Center for Medicare and Medicaid Services. It encourages women in their forties and older to get a mammogram every 1 to 2 years. 6/2002 Order Limit: 100

Do it for yourself, Do it for your Family (Vietnamese translation)

P089

http://cancer.gov/images/Documents/68432989-7c99-4e56-8352-c813d5ef3422/Vietnamese2.pdf

This brochure was developed by NCI and the Center for Medicare and Medicaid Services. It encourages women in their forties and older to get a mammogram every 1 to 2 years. 6/2002 Order Limit: 100

SPANISH

ESTUDIOS CLÍNICOS (CLINICAL TRIALS)

Title Inventory Number

La participación en los estudios clínicos: Estudios para la prevención del cáncer (Taking Part in Clinical Trials: Cancer Prevention Studies)

P519

Este folleto es un recurso dirigido a personal profesional y a participantes en estudios clínicos para ayudarles a entender los antecedentes y el propósito de la investigación en la prevención con quimioterapia en un entorno comunitario. This booklet is a resource to assist professional staff and clinical trial participants in their understanding of the background and purpose of chemoprevention research in a community setting. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 9/2000 Order Limit: 100

La participación en los estudios clínicos: Lo que los pacientes de cáncer deben saber (Taking Part in Clinical Trials: What Cancer Patients Need to Know)

P006

Este folleto explica la importancia de participar en estudios clínicos y proporciona información completa sobre procedimientos y derechos de los pacientes. Ayuda al público de habla hispana a tomar decisiones informadas sobre tratamiento. This booklet explains the importance of participating in clinical trials with full information of the procedures and patients' rights. It aids Spanish-speaking patients to make informed decisions about treatment. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 9/2000

Si tiene cáncer...Lo que debería saber sobre estudios clínicos (If You Have Cancer... What You Should Know About Clinical Trials)

P976

http://cancer.gov/espanol/que-son-estudios-clinicos

Este folleto está dirigido a pacientes que consideran participar en un estudio clínico. El folleto, de fácil lectura, presenta fotografías de personas de raza afroamericana y de personas hispanas. Diseñado para ser utilizado con un profesional de la salud. This booklet is designed for patients considering participation in a clinical trial, and features photos of African American and Hispanic people. It is designed to be used with a health care professional. This is part of the NCI Clinical Trials Education Series, all of which is also available on CD-ROM (inventory #Q985 or https://cissecure.nci.nih.gov/ncipubs/details.asp?pid=1039) 11/2001

Order Limit: 50

FACTORES DE RIESGO, CAUSAS Y PREVENCIÓN (RISK FACTORS/CAUSES, PREVENTION)

FUMAR Y TABACO (TOBACCO/SMOKING)

Title Inventory Number

Datos y consejos para dejar de fumar (Smoking Facts and Tips For Quitting)

P816

Panfleto bilingüe (español/inglés) de 8 páginas que describe los riesgos del tabaquismo e incluye sugerencias sobre cómo dejar de fumar. This 8-page, bilingual (Spanish/English) pamphlet describes the risks of smoking and gives tips on how to quit. 4/1994

Order Limit: None

Guía para dejar de fumar: No lo deje para mañana, deje de fumar hoy (Guide to Quitting Smoking: Don't Leave It for Tomorrow, Quit Today)

P157

http://cancercontrol.cancer.gov/tcrb/Spanish Smoking book.pdf

Este folleto de 36 páginas, totalmente en colores, para ayudarse a uno mismo a dejar de fumar, está dirigido específicamente a públicos de habla hispana. La presente guía ofrece sugerencias sobre cómo dejar de fumar e incluye una sección amplia sobre ayudas farmacológicas para la adicción a la nicotina. This full-color, 36-page, self-help booklet on smoking cessation is specifically for Spanish-speaking audiences. This guide gives tips on how to quit smoking and includes an extensive section on pharmacological aids for nicotine addiction. 1/2002

Order Limit: 100

NUTRICION (NUTRITION)

Title Inventory Number

Celebre la cocina hispana (Celebrate Hispanic Cooking)

P929

Este folleto tiene 18 recetas bilingües (español/inglés) de países de América Latina y del Caribe. Las recetas están diseñadas para concienciar a la población hispana acerca de la importancia de la cocina saludable, con menor contenido graso y mayor contenido de fibras. This recipe booklet features 18 bilingual (Spanish/English) recipes from Latin American countries and the Caribbean. The recipes are designed to create awareness among Hispanics of the importance of healthy cooking that is lower in fat and higher in fiber. 8/1996

Order Limit: 100

Coma menos grasa: Usted puede reducir su riesgo de padecer ciertos tipos de cáncer - versión en color (Eat Less Fat: You Can Lower Your Risk for Certain Types of Cancer - color version)

P930

Este folleto, de lectura fácil y en color, es la versión en español de "Tips on How to Eat Less Fat". Ofrece sugerencias simples sobre maneras de reducir la cantidad de grasa animal utilizada en la cocina. This easy-to-read, color brochure is the Spanish version of "Tips on How to Eat Less Fat." It gives simple tips on ways to cut back on the animal fat used in cooking. 4/1995

Order Limit: None

OPCIONES DE TRATAMIENTO (TREATMENT OPTIONS)

Title Inventory Number

La quimioterapia y usted: Una guía de autoayuda durante el tratamiento del cáncer (Chemotherapy and You: A Guide To Self-Help During Treatment)

P811

Este folleto de 56 páginas, en formato de preguntas y respuestas, aborda problemas e inquietudes de los pacientes que reciben quimioterapia. Se hace énfasis en la explicación y la autoayuda. This 56-page booklet, in question-and-answer format, addresses problems and concerns of patients receiving chemotherapy. The emphasis is on explanation and self-help. 2/2003

Order Limit: 10

La radioterapia y usted: Una guía de autoayuda durante el tratamiento del cáncer (Radiation Therapy and You: A Guide to Self-Help During Cancer Treatment)

P802

Este folleto es una traducción al español de "Radiation Therapy and You". Aborda inquietudes de los pacientes que reciben formas de radioterapia. Se hace énfasis en la explicación y la autoayuda. This booklet is the Spanish translation of Radiation Therapy and You. It addresses concerns of patients receiving radiation therapy. The emphasis is on explanation and self-help. 6/2004

Order Limit: 100

PRUEBAS PARA CÁNCER (TESTING FOR CANCER)

Title Inventory Number

Hágase un mamograma...Por su salud y su familia (Have a Mammogram...For Yourself and Your Family)

G415

Este dibujo bilingüe (español/inglés) de 11" x 17" anima a las mujeres a que se hagan una mamografía por ellas y por sus familias. This 11" x 17" bilingual (Spanish/English) drawing encourages a woman to get a mammogram for herself and her family.

Order Limit: 50

Los mamogramas...No solamente una vez, sino por toda la vida (Mammograms...Not Just Once, But for a Lifetime!)

P406

Este folleto de 2 páginas, de lectura fácil, en español, define la mamografía, describe quién necesita este examen importante y resume el procedimiento paso a paso. This 2-page, easy-to-read, Spanish language pamphlet defines mammography, tells who needs this important examination, and describes the procedure. 12/1997

Order Limit: 100

Los mamogramas...No solamente una vez, sino por toda la vida – en letra grande (Mammograms...Not Just Once, But for a Lifetime! – Large Print)

H497

Este folleto de 2 páginas, de lectura fácil, en letra grande y en español, define la mamografía, describe quién necesita este examen importante y resume el procedimiento paso a paso. This is a 2-page, easy-to-read, large print, Spanish language pamphlet that defines mammography, tells who needs this important examination, and describes the procedure. 9/1998

Order Limit: 100

Los mamogramas...No solamente una vez, sino por toda la vida – marcador de libro, en español (Mammograms...Not Just Once, But for a Lifetime! – Spanish bookmark packaged 100 per pack)

Z463

Un marcador de libro que muestra una fotografía de una mujer hispana. Este artículo de promoción se enviará en paquetes de 100 y no contará en el límite general de veinte artículos por pedido. This is a Spanish bookmark featuring a picture of a Hispanic Woman. This promotional item will be sent in packs of 100 and will not count toward the overall limit of twenty items per order. This promotional item is exempt from shipping and handling charges.

Order Limit: None

SITIOS DE CÁNCER (SPECIFIC CANCERS)

Title Inventory Number

Lo que usted necesita saber sobre el cáncer de cérvix (What You Need To Know About Cancer of the Cervix)

P890

http://www.cancer.gov/espanol/sabersobre/cervix

Este folleto en español sobre el cáncer de cuello del útero abarca síntomas, diagnóstico, tratamiento, temas emocionales y preguntas para formular al médico. Incluye glosario de términos y otros recursos. This booklet on cervical cancer in Spanish discusses symptoms, diagnosis, treatment, emotional issues, and questions to ask the doctor. It includes a glossary of terms and other resources. 9/2001 Order Limit: None

Lo que usted necesita saber sobre el cáncer de próstata (What You Need To Know About Prostate Cancer)

P995

http://cancer.gov/espanol/sabersobre/prostata

Este folleto sobre el cáncer de próstata trata de las causas posibles, síntomas, diagnóstico, tratamiento, cuestiones emocionales y preguntas para hacer al médico. Incluye un glosario de términos y otros recursos. This booklet on prostate cancer in Spanish discusses symptoms, diagnosis, treatment, emotional issues, and questions to ask the doctor. Includes glossary of terms and other resources 3/2004 Order Limit: 100

Lo que usted necesita saber sobre el cáncer de seno (What You Need To Know About Breast Cancer)

P889

http://www.cancer.gov/espanol/sabersobre/seno

This booklet discusses symptoms, diagnosis, treatment, emotional issues, and questions to ask the doctor. Includes glossary of terms and other resources. 01/2004

Order Limit: None

SUPERAR EL CÁNCER (COPING WITH CANCER)

Title Inventory Number

Consejos de alimentación para pacientes con cáncer: Antes, durante y después del tratamiento (Eating Hints For Cancer Patients: Before, During and After Treatment)

P830

Este folleto en español provee información y recetas para ayudar a los pacientes a satisfacer sus necesidades de buena nutrición durante el tratamiento. This booklet in Spanish provides information and recipes to help patients meet their needs for good nutrition during treatment. 06/200 Order Limit: 10

Control del dolor: Guía para las personas con cáncer y sus familias (Pain Control: A Guide for People with Cancer and Their Families)

P821

http://cancer.gov/espanol/control-del-dolor.pdf

Esta es la versión en español de "Pain Control: A Guide for People with Cancer and their Families". Elaborada en colaboración con la American Cancer Society, está diseñada para pacientes que padecen cáncer y familias que desean saber más sobre métodos para el control del dolor, medicamentos para el dolor producido por el cáncer y tratamiento del dolor sin medicamentos. This is the Spanish translation of "Pain Control: A Guide for People with Cancer and their Families." Developed in collaboration with the American Cancer Society, it is designed for cancer patients and families who want to learn more about pain control methods, medicines for cancer pain, and non-drug treatments for cancer pain. 9/2000 Order Limit: 100

El dolor relacionado con el cáncer (Understanding Cancer Pain)

P696

http://cancer.gov/espanol/dolor-relacionado-con-cancer

Esta es la traducción al español de "Understanding Cancer Pain". Incluye información sobre las razones por las cuales los pacientes que padecen cáncer sufren dolor, sobre formas de tratamiento y lo que deben hacer los pacientes cuando experimentan dolor. This is the Spanish translation of "Understanding Cancer Pain." It provides information about why cancer patients have pain, ways pain can be treated, and what patients should do when they have pain. 9/2004

Siga adelante: la vida después del tratamiento del cáncer (Facing Forward Series: Life After Cancer Treatment)

http://www.cancer.gov/espanol/vida-despues-del-tratamiento

Este folleto es una adaptación al español del libro "Life After Cancer Treatment" y trata de inquietudes especialmente importantes para sobrevivientes latinos que viven en los Estados Unidos. El folleto trata de temas para después del tratamiento, como son los cuidados médicos de seguimiento, cambios físicos y emocionales, cambios en las relaciones sociales y asuntos del lugar de trabajo. This booklet is a Spanish adaptation of "Life After Cancer Treatment," and addresses specific concerns of importance to Latino survivors living in the U.S. It covers post-treatment issues, such as follow-up medical care, physical and emotional changes, changes in social relationships, and workplace issues.

Order Limit: 20

P015

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