

# Your life moves fast.



# Don't miss the warning label.

**S**eems like every day is a wild ride. You're always on the go. But don't forget, when you're outdoors your skin is exposed to the sun's UV rays. That could be a fast track to trouble. Just a few serious sunburns can increase your risk of getting skin cancer. Protecting your skin can reduce your risk of UV damage. Why bother? Because skin cancer is one thrill you can do without.



**CDC**  
CENTERS FOR DISEASE CONTROL  
AND PREVENTION



# Choose Your Cover