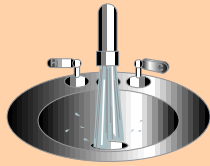
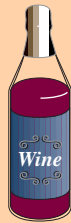


Take These Precautions

If you suspect your **water pipes** are leaching lead, use cold water for drinking and cooking, running it 30 seconds before use. Ask your state health agency about testing your drinking water for lead.



Remove **lead foil capsules from wine bottles** before pouring. Before removing the cork, wipe the bottle neck and rim and the cork top with a clean wet cloth.



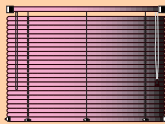
Never use **ceramicware** that gets chalky after washing. Avoid storing acidic foods like juice and vinegar in ceramic holloware. If pregnant, avoid daily use of ceramic mugs for hot beverages like coffee and tea. Stick to commercially made items. If you buy a craft piece, ask if it's lead-free. If you're unsure whether a food serving item is made from lead-based materials, you can check with the manufacturer. Test antiques with a kit from a hardware store. And never use items marked "decorative" for food.



If your **occupation** exposes you to airborne lead, change clothes and wash before coming home.



In homes with young children, make sure cartons of **imported vinyl mini-blinds** have terms like "non-leaded formula" or "no lead added." Discard blinds you're unsure of. Blinds with lead may form lead dust as they deteriorate.

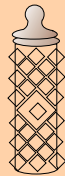


Children and pregnant women should avoid frequent use of **crystal glassware**.



Never feed babies from **crystal baby bottles**.

Keep all **hair dyes**, especially those with lead acetate, away from children.



Never expose children to the **Middle East eye cosmetic dyes** kajal, kohl or surma or to the **foreign remedies** Alarcon, Azarcon, Coral, Greta, Liga, Maria Luisa, or Rueda.

