



A BREAST CANCER RESOURCE GUIDE FOR MINORITY WOMEN

U.S. DEPARTMENT OF HEALTH & HUMAN SERVICES

A Breast Cancer Resource Guide for Minority Women



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Rockville, Maryland

The OMH Resource Center provides FREE information resources on a variety of minority health topics. Call our toll free number at: 1-800-444-6472 or visit our homepage on the Internet at: <http://www.omhrc.gov>

"The listings on the following pages are not all inclusive. One should not conclude that the organizations listed, their products, or their services are favored or endorsed by the U.S. Department of Health & Human Services"

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Introduction

The Office of Minority Health Resource Center (OMH-RC) has compiled the following list of organizations, documents, journal articles, and other resources. These resources should be relevant to persons with breast cancer, students, health care professionals, and researchers. OMH-RC has not evaluated the materials in this resource guide. Materials should be reviewed to determine their appropriateness for the intended audience. Inclusion in this listing does not imply endorsement by OMH-RC, the Office of Minority Health (OMH), or the U.S. Department of Health and Human Services.

National Organizations and Programs

African American Breast Cancer Alliance (AABCA)

P.O. Box 8981, Minneapolis, MN 55435.
612-825-3675 or 612-925-2772.

The African American Breast Cancer Alliance (AABCA) was founded by Black women who have had breast cancer. AABCA is a member-supported advocacy group for women with breast cancer, their families and the African American community. AABCA has formed coalitions with a variety of groups working toward increasing the survival rates of women affected by breast cancer. AABCA's efforts extend beyond Minnesota to include regional and national networks. Some activities include: coalition building, co-sponsorship of a major local cultural health fair, and participation in numerous community events and focus groups.

American Cancer Society (ACS)

1599 Clifton Road, NE, Atlanta, GA 30329.
Director, Collaborative Programs. 404-320-3333,
1-800-227-2345.

Founded in 1913, ACS is a nationwide community-based voluntary organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives from cancer, and diminishing suffering from cancer through research, education and service. ACS has conducted activities aimed specifically at minority populations, including sponsoring conferences and publishing reports. ACS has developed prevention, detection and service-related education materials including pamphlets, posters, handbooks, and audiovisuals that are ethnically sensitive. In addition, Spanish language materials have been prepared on topics such as smoking, prostate cancer, breast self-examination, and skin cancer. Requests for materials should be made through local ACS chapters. There are 57 ACS State (Division) offices and over 3,400 local offices. Bulk quantities of publications are available for a fee.

American Society of Plastic and Reconstructive Surgeons

444 East Algonquin Road, Arlington Heights, IL
60006. 847-228-9900 ext. 347.

This nonprofit organization provides information on breast reconstruction options and a network of volunteer physicians who are available to participate in panel, debate, and educational forums.

Breast Cancer Information Clearinghouse

Accessible via gopher at nysernet.org, and via WWW at <http://nysernet.org/bcic/>

The Breast Cancer Information Clearinghouse is an Internet accessible resource for breast cancer patients and their families. Through funding provided by New York State Science and Technology Foundation, NYSErNet will establish partnerships with the many organizations which provide information and services to the public, including government health agencies, hospitals, libraries, hospices and non-profit agencies. These agencies will provide print materials to NYSErNet which will be put in electronic format and made available on-line.

The project began in December 1995, and information currently accessible includes patient education materials from the American Cancer Society and the National Cancer Institute, statistical information from the New York State Department of Health, lists of ACS accredited mammography facilities in New York State, links to the NCI CancerNet system, listings of support groups, articles from the National Alliance of Breast Cancer Organization's newsletter, and state and federal legislation relating to breast cancer.

The mission of the Breast Cancer Information Clearinghouse is to be a repository for all current information about breast cancer which will allow patients, survivors and advocates to do 'one stop shopping' for information about this disease. It is also a goal that an on-line survi-

vors network can be established which will allow patients to communicate with someone who has experienced the same or a similar prognosis and treatment.

Circle for Life

For more information, contact your local American Cancer Society.

Circle for Life specifically targets and informs Native American women about the importance of early detection of breast cancer. The program began in 1991 and has received positive feedback and reception by areas across the country that are in need of educating this traditionally underserved population. The name of the educational program denotes the belief that "all women should be able to complete the full circle of their lives." The program includes a training kit with guides, information, and a video.

ENCOREplus Breast and Cervical Cancer Program of the YWCA

Contact your local YWCA for programs and resources in your area. The ENCOREplus Breast and Cervical Cancer Program of the YWCA is a program designed to meet the needs of all women, in particular women of color, women of limited income, and older women who do not utilize the proper preventive health services. The program includes two basic components: breast and cervical health education and referral to screening; and post diagnosis and peer group support.

Intercultural Cancer Council

1720 Dryden, Suite C, Houston, TX 77030. Pamela Jackson, National Director. 713-798-4617.

The Intercultural Cancer Council (ICC) is comprised of a number of national minority and non-minority organizations. The mission of the ICC is to develop and promote policies and programs to address the high incidence of cancer and lower survival rates prevalent in the minority community. The ICC will work to reduce the higher incidence, suffering and death from cancer among minorities, culturally diverse and medically under served populations.

National Action Plan on Breast Cancer (NAPBC)

Public Health Service, Office on Women's Health, U. S. Department of Health and Human Services. Hubert Humphrey Bldg., Rm. 718-F, 200 Independence Ave., SW, Washington, DC 20201. 202-401-9587.

NAPBC was initiated in 1993 in response to the 2.6 million signature petition calling for a coordinated na-

tional strategy to combat breast cancer through public/private partnerships. The mission of the NAPBC is to serve as a catalyst to ensure rapid progress in areas of breast cancer knowledge, research, policy, and services. A steering committee and six working groups identify and guide implementation of initiatives. The program is coordinated by Maryanne Alciati and the Steering Committee is co-chaired by Susan Blumenthal, M.D., M.P.A., Deputy Assistant Secretary for Health (Women's Health) in DHHS, and Fran Visco, Esq., president of the National Breast Cancer Coalition.

National Alliance of Breast Cancer Organizations (NABCO)

9 East 37th Street, 10th Floor, New York, NY 10016. 212-719-0154.

The National Alliance of Breast Cancer Organizations (NABCO) is a nonprofit organization that provides information and educational materials on mammography and breast cancer, promotes affordable detection and treatment, advocates legislation mandating insurance coverage for screening mammograms, and advocates nationally for breast cancer patients. NABCO coordinates National Breast Cancer Awareness Month. NABCO produces a program kit each year and an extensive bibliography of materials on all aspects of breast cancer.

National Asian Women's Health Organization (NAWHO)

250 Montgomery St., Ste. 410, San Francisco, CA 94104. 415-989-9747.

NAWHO is a non-profit, community-based health advocacy organization committed to improving the health status of Asian women and girls. NAWHO addresses factors that impact physical, emotional, social, and spiritual well-being. Major programs at NAWHO include the Asian Women's Reproductive and Sexual Health Empowerment Program; the Southeast Asian Women's Health Project, and the Asian American Women's Breast Cancer Project. In November, 1995, NAWHO sponsored the first national Asian women's health conference. The Asian American Women's Breast Cancer Project seeks to increase awareness and knowledge of breast health and breast cancer issues within Asian American communities; and increase access to early detection and treatment services for Asian American women. The project utilizes a multilevel approach: providing resources and information, conducting trainings for health care providers in cultural sensitivity and competence, and affecting national policy regarding Asian women and breast cancer.

National Black Women's Health Project
1121 Connecticut Avenue, NW, Suite 310,
Washington, DC 20005. 202-835-0117

The National Black Women's Health Project (NBWHP) was established in 1981 as a self-help and health advocacy organization committed to improving the health status of African American women. The NBWHP national office is located in Washington, DC. A major program operated by the NBWHP is the Center for Black Women's Wellness, located in the Atlanta Public Housing Community. The center provides health screening, gynecological exams, social services, and educational and career opportunities for adults and adolescents. Another program is Sister Reach, an international networking and self-help program component designed to include women's groups in West Africa, Central and South America, the Caribbean and Canada. The National Public Policy and Education Office researches, analyzes, and promotes public policies that will improve the health status of Black women. NBWHP has local offices in New York City; Philadelphia, Pennsylvania; Oakland, California; and Atlanta, Georgia.

National Breast and Cervical Cancer Early Detection Program

Centers for Disease Control and Prevention (CDC).
4770 Buford Highway, NE, Mailstop K-64, Atlanta,
GA 30341-3724. 770-488-4751.

Public Health Service (PHS) efforts have included the development of a National Strategic Plan for the Early Detection and Control of Breast and Cervical Cancers to ensure that every woman for whom it is deemed appropriate receives regular screening for breast and cervical cancers, prompt follow-up if necessary, and certainty that the tests are performed in accordance with current recommendations for quality assurance. The Breast and Cervical Cancer Mortality Prevention Act of 1990 authorized CDC to implement many of the activities recommended in the Plan through partnerships with State health agencies and other national organizations. In 1995, CDC entered into the fifth year of this national program that brings critical breast and cervical cancer screening services to underserved women, particularly women of low income, racial/ethnic minorities, and older women. CDC provides national program leadership in collaboration with other Federal agencies, professional, national, voluntary, and consumer organizations.

National Breast Cancer Coalition (NBCC)
1707 L Street, NW, Suite 1060, Washington, DC
20036. 202-296-7477. 202-265-6854 (fax).

The National Breast Cancer Coalition (NBCC) is a grassroots advocacy organization dedicated to eradicating breast cancer. Formed in 1991, NBCC numbers more than 300 organizations and 41,000 individual members in its national action network. NBCC advocates in the government, industry and the scientific communities on all issues addressing the breast cancer epidemic. NBCC focuses on three goals: research, access and influence.

National Cancer Institute (NCI)

Cancer Information Service, Building 31, Room 10A-16, 9000 Rockville Pike, Bethesda, MD 20892. 1-800-422-6237 (1-800-4-CANCER.)

The NCI conducts and coordinates federally sponsored research on the diagnosis, treatment, and prevention of cancer. NCI has established a cancer control effort that emphasizes smoking prevention and cessation, dietary modification to prevent cancer, early detection of cancer through effective screening, and widespread application of the latest achievements in treatment research. The NCI maintains statistics on the cancer incidence through its Surveillance, Epidemiology and End Results (SEER) Program. In addition, the reduction of disproportionately high cancer death rates found in minority and underserved groups continues to be a major focus. Consumer materials are available on the causes of cancer, cancer prevention, the immune system, and research progress on various types of cancer. Patient education materials are available on the many different types of cancer, cancer treatment, and cancer diagnosis. Spanish language materials are available on cancer causes and prevention, smoking cessation, the Pap test, chemotherapy, control of cancer pain, and radiation therapy. Bilingual publications have been prepared on anticancer pharmaceuticals and health promotion for women.

NCI also operates the Physician Data Query (PDQ), a comprehensive, computerized cancer information database that is updated monthly. The PDQ, which contains information on screening and prevention, drug information, and clinical trial protocol, is accessible via the Internet. Patrons may also dial toll-free to the Information Associates Program Bulletin Board System using a personal computer and modem.

To access PDQ through the Internet:

Telnet to icicc.nci.nih.gov or 128.231.164.4

- At the logon prompt, enter `iapmem`
- You will be prompted to enter your Member ID number

- You will then be prompted to select your terminal emulation
- At the password prompt, enter a password of your choosing. If this is the first time you access the system, you will be asked to enter and confirm your password. Be sure to record your password for future use. Once you're in the database, follow the menus and prompts to find the information you need.

To log on to PDQ through the Information Associates Program BBS:

- Dial into the BBS at 1-800-624-8911 (U.S.) Or 301-402-6814 (outside the U.S.)
- The BBS will prompt you to enter your name as it appears on your Member ID card; you will then be prompted to enter your Member ID number.
- From the BBS Main Menu, choose option 3, "PDQ". You will have the option of searching the full PDQ database or downloading individual files from a menu.

National Coalition for Cancer Survivorship (NCCS)
1010 Wayne Avenue, Silver Spring, MD 20910.
301-650-8868.

NCCS identifies and addresses issues that affect the quality of life for cancer survivors. It offers information, advocacy, conferences, publications, a speakers' bureau, and technical assistance for individuals who want to start self-help groups.

National Women's Health Network

514 -10th Street, NW, Suite 400, Washington, DC 20004. 202-347-1140.

The National Women's Health Network provides up-to-date information on women's health issues. The Network has 15,500 individual members and 400 organizational members. The Network seeks to protect the health of women by keeping them informed of the risks of certain medications, the latest research on cancer, and birth control methods. The Network launches campaigns against harmful drugs and devices, and publishes a bi-monthly newsletter for members.

Native American Women's Health Education Resource Center

Native American Community Board, P.O. Box 572, Lake Andes, SD 57356. 605-487-7072. 605-487-7964 (fax).

The Native American Women's Health Education Resource Center offers health education information and activities. The Resource Center provides a facility in which women can organize around issues of concern and social change. Education and information on the following subjects are provided: fetal alcohol syndrome; family planning; AIDS awareness; sexually transmitted diseases; nutrition; child development; domestic violence; and self help. The Native American Women's Health Education Resource Center publishes brochures and posters on AIDS and breast cancer.

Project LEAD (Leadership, Education and Advocacy Development)

1707 L Street NW, Suite 1060, Washington, DC 20036. 202-296-7477, ext. 112.

Project LEAD is an innovative educational program designed to increase the influence of breast cancer survivors/advocates in the scientific decision-making that affects their lives. The goal is to empower activists to speak up, take risks, and fully participate everywhere that breast cancer research decisions are being made. This is accomplished by selecting highly motivated breast cancer activists to participate in this program that begins with an intensive 3½ day science course. Graduates go on to utilize their skills by serving on influential research boards and committees.

Reach for Recovery Program

Contact your local American Cancer Society.

The Reach to Recovery Program is a volunteer visitation program. It helps a breast cancer patient meet the emotional, physical and cosmetic needs related to her disease and its treatment. The program is one woman reaching out to share experiences and give support to another in a time of need. Reach to Recovery also provides information and support for the loved ones of breast cancer patients.

Sisters Network

8787 Woodway Drive, Suite 4207, Houston, TX 77063. 713-781-0255.

Sisters Network is a national African American breast cancer survivors support group. The organization was established in 1994 by several African American breast cancer survivors. The primary services are to provide

emotional and psychological support, to serve as a resource for medical research, to implement community cancer education and awareness programs, to maintain a speakers bureau, and to publish a national newsletter. The network has chapters in Houston, TX; Lake Jackson, TX; Dallas, TX; Los Angeles, CA; Long Island, NY; and Seale, AL. For more information, call the National Headquarters.

Susan G. Komen Breast Cancer Foundation

Occidental Tower, 5005 LBJ Freeway, Suite 370,
Dallas, TX 75244. 800-462-9273 (HelpLine).
972-233-0351.

The Susan G. Komen Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, who died from breast cancer. The Foundation has become a national organization with a network of volunteers working throughout 32 states and the District of Columbia, fighting to eradicate breast cancer as a life-threatening disease by advancing research, education, screening, and treatment. The Foundation distributes two Hispanic breast health videos and fact sheets on *Hispanic Women and Breast Cancer* and *African American Women and Breast Cancer*.

Technical Information Services Branch, National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)

Centers for Disease Control and Prevention (CDC).
4770 Buford Highway, NE, Mailstop K-13, Atlanta,
GA 30341. 770-488-5080.

The NCCDPHP, one of seven operational centers within the CDC, undertakes programs to prevent and control chronic diseases. NCCDPHP stresses translating research findings into effective community-based programs and strengthening the delivery of preventive health services. The Center engages in three major functions: state-based surveillance to monitor risk factors and health conditions; capacity building of state and local health organizations; and epidemiologic and intervention research and demonstrations. NCCDPHP provides technical assistance and training to a variety of state-level programs including maternal and infant health, breast cancer control, and nutrition.

Y-ME National Breast Cancer Organization

212 West Van Buren, 5th Floor, Chicago, IL 60607-3908. 1-800-221-2141 (National Office).
312-986-8228 (Chicago Area Hotline 24 hours).
1-800-221-2141 (National Hotline 9-5 weekdays).
312-986-9505 (Latina Breast Cancer Hotline).

Founded in 1978, Y-ME is a non-profit consumer-oriented organization that provides information, referrals,

and emotional support to individuals concerned about or diagnosed with breast cancer. Its national toll-free Hotline is staffed by trained staff and volunteers who have experienced breast cancer. Y-ME promotes breast cancer awareness through educational workshops and *Y-ME Hotline*, its bimonthly, award-winning newsletter. A wig and prosthesis bank is available for those in need. A twelve-minute video describing the Y-ME program is also available.

Advocacy & Voluntary Organizations

The National Cancer Institute (NCI) has compiled a Breast Cancer Mailing list of national advocacy and voluntary organizations concerned about cancer. To obtain this list, contact the NCI's Liaison Office for Cancer Communications.

Community Organizations and Programs

Arizona Prevention Center

University of Arizona Health Sciences Center, 1501
North Campbell Avenue, Tucson, AZ 85724.
520-626-6089

The Arizona Prevention Center targets Mexican American and Yaqui Indian women in its activities to address breast and cervical cancers and cardiovascular disease. The center's goals are to develop, evaluate, and disseminate health assessments and interventions related to increasing screening rates for these conditions in women aged 40 and older. The center also investigates the cultural beliefs, attitudes, and knowledge about the health of these populations. Interventions are delivered by trained peer health educators.

Barrio Comprehensive Family Health Care Center, Inc.

1102 Barclay, San Antonio, TX 78207. 210-434-0513.
Barrio Comprehensive Family Health Care Center, Inc. (BCFHCC) is a private, non-profit primary health care facility in San Antonio. In operation for the past 23 years, BCFHCC was developed to serve children under twelve

years of age and was one of five pilot sites nationwide for the Early Periodic Screening Diagnosis and Treatment (EPSDT) program of Medicaid. In 1978 BCFHCC was funded by the federal government as an Urban Health Initiative and a Migrant Health Center. The Center provides comprehensive family health care, including medical, dental, health education and nutrition services. Outreach and health education programs include the Comprehensive Perinatal Care Program, the Chronic Disease Education Program, the Materna-teen Program, and the Adolescent Family Life and the Breast Cancer Control Program. About 98 percent of the Center's patients are Hispanic.

**Breast Cancer Early Detection Program (BCEDP)—
Gold Country Regional Partnership**

Health Education Council, 1721 Second Street, Suite 101, Sacramento, CA 95814.
800-511-2300 (within the state of California only).
916-556-3344.

The Breast Cancer Early Detection Program (BCEDP) was established to help low income, underserved women increase their chances of surviving breast cancer by providing education, free screening and diagnostic services. (see pg.9 for description of Health Education Council.)

Breast Cancer Resource Center (BCRC)

Princeton YWCA, Montgomery Commons, Commons Way, Suite 914, Princeton, NJ 08540.
609-497-2126; 609-252-2003(fax).

The Breast Cancer Resource Center began in 1985 as a community resource to increase understanding of breast cancer and to support those facing the disease. Through lectures, seminars, media resources, and personal contact, the BCRC aims to convince all women that early detection of breast cancer offers the most options for treatment and the best chance of recovery. The BCRC has a lending library of books, pamphlets, articles, abstracts of research data, audiovisuals, and other teaching aids. Along with serving as a psychological resource for women at any stage of breast cancer, the Resource Center is a physical resource for rehabilitative exercise following any type of surgery for breast cancer. The Center offers individual, couple, and family consultations, ongoing support by telephone, and a woman-to-woman hotline.

Breast Cancer Resource Committee (BCRC)

1765 N Street, NW, Washington, DC 20036.
202-463-8040. 202-463-8015 (fax).

The goal of the Breast Cancer Resource Committee (BCRC), established in 1989, is to reduce the incidence

of and the mortality rate from breast cancer among African American women by fifty percent by the year 2000. BCRC is a component program of Cancer Awareness Program Services (CAPS), a nonprofit organization based in Washington, DC. CAPS was organized in 1992 to institute comprehensive cancer awareness and education. CAPS coordinates information and services available from the research/medical community, local, state, and federal agencies, and disseminates cancer awareness facts and public service messages.

Cancer Care, Inc.

1180-6th Avenue, Second Floor, New York, NY 10036. 212-302-2400. 1-800-813-4673 (National counseling line).

Founded in 1944, Cancer Care, Inc. is a social service agency that helps cancer patients and their families and friends cope with the impact of cancer. Counseling and guidance to patients and their families are offered. Financial assistance is provided to eligible families to help with home care, transportation, and medical treatment costs. Programs of community education and awareness, social research, and public affairs are conducted on a local and national basis. Sample programs are the Community Education Program, Adolescent Outreach Program, the African American Outreach Program, the Breast Cancer Outreach Program, and the Hispanic Outreach Program. Cancer Care has offices in New York, New Jersey, and Connecticut. Cancer Care, Inc. publishes a quarterly newsletter and distributes brochures and other literature on cancer.

Cancer Prevention Materials for African Americans

Department of Health and Kinesiology, Texas A&M University, College Station, TX 77843-4243. Jeffrey J. Guidry, Ph.D., Project Director. 1-800-650-3813. 409-847-8987 (fax).

The Printed Cancer Education Materials for African Americans Resource Directory includes general information about cancer in the African-American community and the importance of printed cancer education materials for African Americans in promoting cancer prevention and awareness. Only those printed cancer education materials that were identified as culturally sensitive in the review conducted during the Cancer Prevention Materials for African Americans project were included in the resource directory. The directory includes information on 19 printed cancer education materials for African Americans. These printed cancer education materials consist of pamphlets, brochures, fact sheets, posters, and other types of publications. They provide information on lung, breast, cervical, prostate, colorectal, and skin cancers; on cancer in general; and on factors that affect cancer risk, such as diet.

A resource directory that includes information on audiovisual cancer education materials for African Americans is currently being developed.

Circle of Friends: Women Telling Women About Breast and Cervical Cancer

National Caucus and Center on Black Aged, Inc.,
1424 K Street, NW, Suite 500, Washington, DC
20005. 202-637-8400. 202-347-0895 (fax).

In March 1994, the National Caucus and Center on Black Aged, Inc. (NCBA) received a grant from the Centers for Disease Control and Prevention (CDC) to learn more about barriers that prevent low-income, mature African American women from participating in breast and cervical cancer screening, and to implement a breast and cervical cancer education and early detection program for these women. Pilot activities include: recruiting volunteers to conduct outreach, training volunteers to conduct focus groups in public and assisted housing facilities, hosting educational programs on breast and cervical cancer in public and assisted housing facilities, and developing resource kits. The project educates women about their role in early detection and encourages active responsibility for their health.

Colorado Women's Cancer Control Initiative

Cancer Control Program, 4300 Cherry Creek Drive
South, Denver, CO 80246-1530. 303-692-2524.

This program promotes adherence to routine breast and cervical cancer screening exams. This initiative supports the following activities, especially to benefit African American and Hispanic women: public education and outreach; professional education and support of health care providers to refer clients; quality assurance of screenings; elimination of financial barriers; tracking and follow-up activities; and evaluation and surveillance to monitor prevalence of morbidity and mortality of breast and cervical cancer. In cooperation with five community coalitions made up of African American and Hispanic women, this initiative developed "Do It for Life," a series of educational presentations about breast and cervical cancer.

Compañeras En Acción: Promoting Breast Cancer Screening Among Hispanic Women

Center for Behavioral Community Health Studies, San Diego State University, 9245 Sky Park Court, Suite 220, San Diego, CA 92123. Nadia Campbell, MPH, Project Manager. 619-594-3796.

In this 3 year project, a multi-level intervention package will be implemented. The intervention components include: culturally sensitive messages about breast cancer

screening for age appropriate women; recruitment and training of community women (networkers) who will disseminate and discuss breast health newsletters/calendars among their neighbors and social networks; and recruitment and intensive training of peer leaders (i.e. promotoras) who will deliver a breast cancer education curriculum using a small-group format. The program will refer women 50 years and older (who have not had a recent mammogram) to facilities that offer free or low-cost mammograms. A comprehensive program evaluation will be conducted, and successful intervention procedures and materials will be disseminated nationwide through Hispanic health networks and other key organizations.

Comprehensive Health Improvement Project-CHIP

Marin County Public Health Unit, Health and Rehabilitative Services. 620 South Dixie Highway,
Stuart, FL 34994. 561-221-4037.

This project focuses on reducing morbidity and mortality rates from chronic diseases (heart disease, stroke, cancer, diabetes and chronic lung disorders) in African American women. First, an advisory committee of African American women was formed by CHIP. With the committee's assistance, CHIP sponsored two community health fairs offering health screenings, risk appraisals, and counseling; conducted a health needs assessment survey of African American women in the county; asked black churches to incorporate health messages in church bulletins; offered quarterly smoking cessation classes and monthly weight loss, cholesterol, and hypertension classes; and with the help of the American Cancer Society, obtained free mammograms for low-income women.

Drew-Meharry-Morehouse Consortium Cancer Center

1005 D.B. Todd Boulevard, Nashville, TN 37208.
615-327-6315. 615-327-5838 (fax).

The Drew-Meharry-Morehouse Consortium Cancer Center evolved from a larger commitment on the part of the presidents of three private, historically black medical schools to conduct research focusing on health problems among blacks. The three schools involved are: Charles R. Drew University of Medicine and Science in Los Angeles, California; Meharry Medical College in Nashville, Tennessee; and Morehouse School of Medicine in Atlanta, Georgia. The mission of the Center is to plan and conduct prevention research programs directed at reducing cancer incidence, morbidity and mortality in blacks, and to increase the number of minority patients entered into state-of-the-art treatment programs (clinical trials). Research projects are organized into pro-

gram areas of Breast Cancer, Epidemiology/Etiology, Translational Research, and Clinical Trials, and a developmental area of Behavioral Science and Nutrition.

Health Education Council (HEC)

1721 Second Street, Suite 101, Sacramento, CA 95814. 916-556-3344. 916-446-0427 (fax).

The Health Education Council (HEC), formerly known as the Hypertension Council, has developed and implemented community education programs on cardiovascular disease, tobacco use prevention and reduction, AIDS, breast cancer awareness and nutrition for a number of populations at risk. These populations include specific ethnic minority groups (Latino, African American and Southeast Asian), the medically underserved, multi-ethnic youth, and other difficult-to-reach populations. The Council focuses on establishing strong, ongoing indigenous resources through education, training, policy development, technical assistance, and coalition building. Services have included bilingual presentations, training, and materials development. HEC administers a regional Breast Cancer Early Detection Program (BCEDP) for low-income women. The program is a partnership model that delivers breast cancer education, outreach, detection, and screening services. BCEPD also provides treatment resources.

Howard University Cancer Research Center

2041 Georgia Avenue, NW, Washington, DC 20060. 202-806-7697. 202-667-1686 (fax).

The Howard University Cancer Center is the only specialized cancer research and treatment facility in a historically Black academic institution. The Center is a cooperative enterprise of the schools and colleges within the Howard University Medical Center. The Cancer Center promotes interdisciplinary research on prevention and on the treatment of cancer—especially those cancer sites for which Blacks have a significantly high incidence and mortality rate. Research interests of members of the Cancer Center encompass all areas of cancer research including cancer biology, epidemiology, genetic factors in cancer initiation and progression, environmental and occupational risk factors for cancer, behavioral medicine and dietary factors in the cause of cancer. Resources of the Center include health education services and health information resources derived from the cancer prevention science base. The Center conducts seminars/symposia designed to keep the community and health professionals updated on cancer prevention measures. Publications, films, and other resources are available to schools, churches, and workplaces.

Kettering Breast Evaluation Center

580 Lincoln Park Boulevard, Suite 200, Kettering, OH 45429. 937-299-0099.

The Kettering Breast Evaluation Center offers screening for mammograms by appointment to minority women 45 years and older who have never had a mammogram. Educational sessions on breast cancer, mammography, breast self-examination, and diet/lifestyle as related to breast cancer are also presented to the public. The project targets economically disadvantaged minorities. The Kettering Evaluation Center provides a report on minority health, statistics on the minority women who participated in the mammography screening program, news releases, and a brochure on breast cancer.

Latino Community Health Coalition

La Maestra Family Clinic, Inc., 4167 Fairmont Avenue, San Diego, CA 92105. 619-584-1612.

This project has developed a coalition to motivate low-income Hispanic women to participate in breast and cervical cancer screening activities. The project employs various strategies, such as setting up rooms in Sunday schools to screen women for breast cancer. This project received funding from the Office of Minority Health under the Hispanic/Latino Community Health Coalition Development Grant Program in fiscal year 1994.

Looking Good Inside and Out,

A Community Breast Cancer Education Project

MCV/VCU, Dept of Family Practice, West Hospital, 1200 East Broad Street, P.O. Box 980251, Richmond, VA 23298-0251. 804-828-6056.

The Looking Good Inside and Out Project is an innovative and culturally appropriate project for the health education of African American women in Richmond. This program addresses early breast cancer detection needs/concerns and supplies educational programs and a limited number of free mammograms and clinical breast examinations. The women are accessed through hair salons in African American neighborhoods. The short term goals of the project are: to increase breast cancer screening awareness; to increase the use of breast cancer screening activities: breast self examinations, clinical breast examinations, and screening mammograms; to increase awareness about health care facilities available to uninsured and underinsured persons; to improve attitudes about early detection of breast cancer and the value of early treatment; to provide a method to sustain the educational program within the community; to decrease the fear associated with breast cancer diagnosis; and to establish a Lay Health Worker program that will be sustained by companies that target this population.

New Attitude Project

The Doctor's Building, 744 McCallie Avenue, Suite 515, Chattanooga, TN 37403. 423-267-7773.

The East Tennessee Area Health Education Center, Inc is one of 10 organizations receiving grants to develop community-based breast cancer education and outreach projects. This project will take advantage of the abilities of lay health workers. They will be working with minority women in their own Chattanooga neighborhoods, in an effort to develop a "new attitude" towards obtaining mammograms. Women who make and keep screening appointments will receive reduced rate screenings. In addition to encouraging more women to have mammograms, a major goal of the community health project is to change the overall perception among black women that breast cancer is a "white women's disease". Breast cancer survivors working through Y-ME will also be involved in the recruitment of minority women for breast cancer screening. A health exposition, outreach sessions and the recruitment of more neighborhood minority women as outreach workers will be part of the project.

New York State Breast Cancer Detection and Counseling Program

19 Bradhurst Avenue, Hawthorne, NY 10532. 914-593-5094.

The mission of the NYS Breast Health Program is to reduce breast cancer mortality through increasing early detection and treatment. Some of the objectives of the Program are: to establish a personal services site for information, examination, and teaching breast self-examination in each of four Westchester communities; to provide free services to low income women (especially Black and Latino) at these sites and refer them to low cost mammography services; to establish agreements with a provider of radiology services in each of the four communities to charge no more than the client can pay; and to launch community outreach, publicity, and information/education activities for the purpose of client recruitment.

Pathways to Health: A Breast Cancer Prevention and Education Project for American Indian Women

1918 University Ave, Suite 2A, Berkeley, CA 94704-1051. 510-843-8661. 510-843-8611(fax) .

The goal of Pathways to Health is to develop and implement a culturally sensitive educational program aimed at reducing breast cancer mortality and morbidity among American Indian women in California. The project is designed to increase women's breast cancer prevention, early detection, treatment knowledge levels, and to provide cultural education for health professionals.

SHARE: Self-Help for Women with Breast or Ovarian Cancer

1501 Broadway, Suite 1720, New York, NY 10036. 212-719-0364. 212-869-3431 (fax).

English hotline: 212-382-2111.

Spanish hotline: 212-719-4454.

Ovarian Cancer hotline: 212-719-1204.

SHARE: Self Help for Women with Breast or Ovarian Cancer, founded in 1976, provides self-help support services free of charge at the time of diagnosis, during treatment, and for the weeks, months, and years of post-treatment for women with breast or ovarian cancer and their families and friends. The purpose of SHARE is to help women cope with ovarian and breast cancer and to help women make informed medical decisions. SHARE-A-WALK is the program's annual special event.

Southeast Asian Health Program

Family Health and Social Service Center, 26 Queen Street, Worcester, MA 01610. 508-860-7700.

Southeast Asian Health Program is a community-based health promotion and disease prevention program for the Southeast Asians in Worcester, Massachusetts. The goals of the program are to educate the community on the importance of preventive care and early detection, particularly on the topics of tuberculosis, hepatitis B, smoking-related illnesses, breast cancer and cervical cancer. The program also assists people with finding health care and referrals for early detection screening. The program provides community outreach to churches, temples, English as a second language (ESL) classes, community events, and informal health group sessions. This program received funding from the Office of Minority Health under the Minority Community Health Coalition Grant Program fiscal year 1992.

The Witness Project™

4301 West Markham, Slot 629-A, Little Rock, AR 72205. Deborah Erwin, PhD, Co-Director, 1-800-767-3824. 501-686-8801.

The Witness Project™ is a program to increase the number of African American women who survive cancer because of early detection. African American women who are breast or cervical cancer survivors, speak about the importance of early detection. They are survivors because they took care of themselves. They speak from the heart about their personal experiences and beliefs that brought them through this battle for life. Programs are held in local churches and community centers at times convenient for the audience.

Women's Health Connections/Access to Breast Care

2335 Main Street, Springfield, MA 01107.
413-734-7381. 413-734-8293 (fax).

The Women's Health Connections/Access to Breast Care is a collaboration between the Spanish American Union, Inc., and Baystate Medical Center for providing health education to African American, Amerasian-Vietnamese, European American, Latina, and Russian women living in Springfield, Massachusetts. Through culture and language-specific community health education, participants learn the facts about breast cancer and the importance of early detection. They also attend community gatherings and breast cancer screenings, host community workshops and breast cancer screenings at their church or civic organizations, and establish and provide ongoing support. Medical services for uninsured women comprise clinical exams by a nurse practitioner, health screenings for breast exams and mammograms for women 40 years of age and older, and Breast Health Center consultation services for women with breast problems.

Women's Health Outreach Program (WHO) of the Onondaga County Health Department

421 Montgomery Street, 9th flr. Syracuse, NY 13202.
315-435-3653.

The Women's Health Outreach Program (WHO) provides physical examinations (including pelvic and Pap smear) and mammography referral to women over 40 years of age who are not connected with routine medical care. Chronic disease screening is offered for breast and cervical cancers, hypertension, anemia and diabetes. Community health education is provided to groups interested in learning more about women's health or the WHO Program. The WHO Program is part of the New York State Department of Breast and Cervical Cancer Screening Program. The WHO Program offers brochures on breast self-examination and mammography in Spanish and English.

Product Information

Coloplast Corporation/Amoena Corporation

1955 West Oak Circle, Marietta, GA 30062
1-800-741-0078.

This company manufactures breast prosthetics and bras for women of color.

Imani - Breast Cancer Services

Post Office Box 996, Kernersville, NC 27285-0996,
910-992-3031, 910-992-3033 (fax).

This company markets post mastectomy products for women of color.

Resource Persons Network

OMH-RC can put you in touch with members of the Resource Persons Network who specialize in cancer and can serve on committees, speak at workshops, and provide technical assistance. Call 1-800-444-6472 for additional information.

Selected Resources

This section lists bibliographies, pamphlets, books, and other resources on breast cancer. You are encouraged to contact the originating organizations directly (*pricing may be subject to change*). Most of these resources are in the OMH-RC library and are available as reference materials for visitors to the Center. Materials are not loaned and copyright law prohibits the Resource Center from duplicating these resources.

Program Materials

American Indian Women's Breast Cancer Guide

(Directory) (1995) Berkeley, CA: 89 pages. Copies of this publication are available from the Center for American Indian Research and Education, 1918 University Ave, Suite 2A, Berkeley, CA 94704-1051. 510-843-8661. 510-843-8611 (fax).

This guide is designed to reach all women so they can actively participate in their medical care and become knowledgeable about all risk factors related to breast cancer. Included is information about breast cancer risk and treatment, patient-physician relationship, patient rights, Indian Health Service, and breast cancer information resources.

American Indian Women's Breast Cancer Resource

Directory (1995) Berkeley, CA: Copies of this publication are available from the Center for American Indian Research and Education, 1918 University Ave, Suite 2A, Berkeley, CA 94704-1051. 510-843-8661. 510-843-8611 (fax).

This directory provides information on resources for American Indian women affected by breast cancer. It lists California Indian Health Clinics, Northern, Central and Southern California resources, a glossary of terms, product manufacturers, national and state organizations, and support group and programs. Each entry includes the resource name, address, contact, and a description of the activities and services.

The Art of Wellness. (Videotape) Running Time: 12 minutes. For more information contact Indian Health Service Headquarters West, Cancer Prevention and Control Program, 5300 Homestead Road, NE, Albuquerque, NM 87110. 505-248-4102.

The Art of Wellness is a project targeting hard-to-reach Native American Women as recipients of health promotion messages through participation in a traditional art activity. The art of pottery making plays a significant role in the culture of Native Americans in the South-

west; for this reason pottery was selected as the art medium. Women over age 50 were invited to local community centers and chapter houses to discuss a variety of health topics, including breast and cervical cancer screening, and to build a group pot as a symbol of wellness. The women also painted cups as a personal reminder of the health messages they received. This video targets a specific population: Navajo and Pueblo Indian women. However, it is relevant to other Native American groups and anyone interested in communication through a traditional art process.

Being There! (Pamphlet) (1991). Minneapolis, MN: African American Breast Cancer Alliance (AABCA). Copies of this brochure can be obtained free of charge by contacting The American Cancer Society Eastern Area Office, 2265 Como Avenue, Suite 10, St. Paul, MN 55108. 612-644-1224.

This brochure provides a realistic message of self advocacy and hope for African American women with breast cancer. It is designed to provide a catalyst that will help energize Black women to stay informed about breast cancer and to take charge of their health and their lives. Included is information about the importance of early detection through regular physicals, clinical breast exams, monthly breast self exams, and routine mammograms.

The Black Women's Health Book: Speaking for Ourselves (1994). White, E. C., Ed. Seattle, WA: Seal Press, 301 pages. Copies available from Seal Press, 3131 Western Avenue, Suite 410, Seattle, WA 98121. 206-283-7844. \$16.95 per copy.

This book looks directly at the health issues that confront Black women today and offers words of advice, comfort, inspiration, and strength. Included in this book are experiences with cancer, domestic violence, teenage pregnancy, hypertension, diabetes, and AIDS.

Body & Soul: The Black Women's Guide to Physical Health and Emotional Well-Being (1994).

Villarosa, L, Ed. New York, NY: Harper Perennial, 587 pages. Copies of this publication are available from HarperCollins Publishers, 10 East 53rd Street, New York, NY 10022. 1-800-242-7737. 212-207-7000. \$20 per copy.

This publication is the first and only self-help book specifically written to address Black women's health concerns. It draws on the expertise of Black female scientists, academics, health care practitioners, and writers, and features the first-person stories of more than sixty women from across the country along with more than 100 illustrations and photographs. This publication is organized into six sections and includes information on: body weight and eating disorders, environmental concerns that affect black communities, understanding and prevention of HIV disease, skin, hair, eyes and teeth, exercise and diet, including a look at traditional Soul food, prevalent diseases, including asthma, diabetes, lupus, sarcoidosis, sickle cell, self-esteem, menstruation, birth control, abortion, pregnancy, talking to children about sex, stress, anxiety, depression and the effects of violence, sexual and mental abuse with sexual harassment. The guide goes beyond medical issues to explore such social and emotional concerns as: the struggles and rewards of relationships with Black men, the role of spirituality in health, and raising children today.

Breast Cancer: A Common Risk (Videotape) (1994).

Dallas, TX: Susan G. Komen Breast Cancer Foundation, Running Time: 13 minutes. Copies of this videotape are available from The Susan G. Komen Breast Cancer Foundation, 5005 LBJ Freeway, Suite 370, Dallas, TX 73244. 1-800-462-9273. \$10.00 per copy.

This video includes a series of vignettes highlighting issues related to breast cancer risk, breast health, fear and misconceptions, accessing medical services, the family's role in medical care and breast cancer treatment.

Breast Cancer and Women of Color Perspectives

(1996). These are available, while supplies last, from the National Women's Health Network, 514 Tenth Street, NW, Washington, DC 20004. 202-347-1140. NHCN Clearinghouse 202-628-7814.

Series of four fact sheets describing how breast cancer affects African American, Native American, Latina, and Asian American women. Illustrates how incidence rates, treatment experiences and action agendas differ for those communities. This project is supported by a grant from The Breast Cancer Fund.

Breast Cancer/ Black Woman (1993). Johnson, E.T. Montgomery, AL: Van Slyke and Bray, 163 pages. Copies of this publication are available from Van Slyke and Bray, 4152C Carmichael Road, Montgomery, AL 36106. 334-272-4445. \$19.75 plus \$4.00 shipping and handling.

This publication was written to: cut through the maze of misinformation and make the reader aware that breast cancer can be cured; emphasize that every woman should play a vital, integral part in detecting breast cancer; encourage black women to evaluate the options now available in the care of breast cancer, and participate in treatment decisions. Chapter 1 presents a fictional discussion based on a composite of factual interviews with real breast cancer patients. Chapter 2 includes past group presentations, designed to emphasize the anatomical basis for breast cancer. In Chapters 3-8 aspects of breast cancer are examined through various approaches.

Breast Cancer Facts and Figures 1996 (Report).

Atlanta, GA: American Cancer Society, 1995, 12p. Available from the American Cancer Society, Inc., 1599 Clifton Road, NE, Atlanta, GA 30329-4251. For further information please call The American Cancer Society at 1-800-227-2345.

This publication presents data on breast cancer including estimated cases, death rates, incidence trends, and survival rates. Charts and tables are used throughout this publication. It also outlines signs and symptoms, treatment, prevention and current research. Included is a listing of Charter Divisions of the American Cancer Society, Inc. Includes references.

Breast Cancer Screening: A Healthy Habit for Life

(Pamphlet). Anchorage, AK: ACS/Alaska Division, 1995, 6 pages. Copies of this publication are available from the American Cancer Society/Alaska Division, Inc, 1057 West Firewood Lane, Anchorage, Alaska 99503. 907-277-8696. \$.50 per copy.

This brochure discusses breast self-exams, clinical breast exams, mammography, early signs of breast cancer, risk factors for breast cancer, and follow-up for an abnormal breast exam or mammogram. The brochure is illustrated by Alaska artist Barbara Lavalley and is written at a sixth grade literacy level.

Breast Cancer Screening Programs Make Good Business Sense (Fact Sheet) (1994). Bethesda, MD: NCI, 4 pages. Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER.

This fact sheet contains information for implementing worksite breast cancer screening programs. It provides facts on the economic impact of breast cancer and the costs and benefits of having an early detection program for the growing numbers of women in the workplace.

Breast Self-Exam Shower Hanger (1990). Campbell, CA: EPA, 2 pages. Copies of this publication are available from EPA Associates, 1 West Campbell Avenue, Suite 40, Campbell, CA 95008-1039. 408-374-3720. 1-350, \$.50 each. Order #PB2246 (English/Spanish).

This vinyl shower care has easy-to-understand illustrations for conducting a breast self-exam while in the shower. One side is English, the other side is Spanish.

Breast Self-Exam Wallet Card (1990). Campbell, CA: EPA, 2 pages. Copies of this publication are available from EPA Associates, 1 West Campbell Avenue, Suite 40, Campbell, CA 95008-1039. 408-374-3720. \$6.50 per pad, 100 cards. Order #PB2247 (English), #PB2248 (Spanish).

These wallets cards provide information and illustrations for breast self-exam.

Cáncer del Seno, Parte I y II (Breast Cancer Parts I and II). (Videotape) Available from Universal Health Communications, 1200 South Federal Highway, Suite 202, Brighton Beach, FL 33435. 800-229-1842. Part I, 24 minutes VHS or U-Matic video, \$69; Part II, 19 minutes VHS or U-Matic video, \$69. Available in Spanish.

In Part I, Drs. Adan Rios and Gabriel Hortobagyi explain how to do a breast self-exam and discuss prevention and early diagnosis. In Part II, the doctors explain the different treatments available for breast cancer and the various possibilities of reconstructive surgery. Part of the Salud Familiar (Family Health) series.

Cancer Education Resources for American Indians and Alaska Natives (1994). Burhansstipanov, L., & Barry, K. C. Bethesda, MD: NCI, 73 pages. Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER.

This directory assists in the implementation of cancer prevention and control programs among American Indian and Alaska Native communities. It lists culturally appropriate educational materials that inform of the growing cancer problem and of the need for cancer screening and early detection programs.

Cancer Facts and Figures for Minority Americans 1991 (1991). American Cancer Society. Atlanta, GA: ACS, 23 pages. Free copies of this publication are available from the American Cancer Society, Inc., 1599 Clifton Road, NE, Atlanta, GA 30329-4251. 1-800-227-2345.

This booklet offers information about the cancer problem in the Black, Hispanic, Asian/Pacific Islander, and Native American populations. In its first section, the booklet briefly provides the reader with basic information in the general population such as etiology, treatment, incidence, survival trends, and prevention measures. The second section provides statistical information on minority populations such as incidence; mortality; survival; race, ethnic, and sex variables; differences by primary sites; Black and Hispanic population's perceptions and knowledge about cancer; and trends in survival by site of cancer. A variety of charts and tables is used throughout this section to provide a better understanding of the information offered. The last section in this book deals with cancer and the environment. A listing of comprehensive cancer centers and chartered divisions of the American Society is included in this publication.

Celebrating Life: African American Women Speak Out About Breast Cancer (1995). Dunnavant, S. Dallas, TX. USFI Publishing. Copies of this publication are available from USFI Publishing, 3001 LBJ Freeway, Suite 131, Dallas, TX 75234. 1-800-422-2898.

This publication offers lessons in courage and initiative. It encourages women to be pro-active, and presents the experiences of real women (and one man) from varying walks of life. These stories speak of denial, depression, anger, and pain. They also speak of God, prayer, trust, and celebrating life.

Chances Are...You Need A Mammogram: A Guide for Midlife and Older Women (Problamente...Usted Necesita Hacerse Un Mamograma: Guía Para Mujeres de Mediana Edad y Mayores) (1995). Washington, DC: AARP, 12 pages. Copies are available from AARP Fulfillment, 601 E Street, NW, Washington, DC 20049. Stock #English D14502, Spanish D14985. 202-434-2277.

This booklet gives basic information for older women, focusing on the barriers they face in obtaining a mammogram.

Community Health Advisors: Models, Research and Practice, Selected Annotations-United States Volume I (1994). Atlanta, GA: CDC, 1994, 187 pages. Copies of this publication are available from the Division of Chronic Disease Control and Community Intervention, NCCDPHP, CDC, 4770 Buford Highway, NE, Mailstop K-56, Atlanta, GA 30341-3724. 770-488-5440.

This publication contains bibliographic abstracts of journal articles, reports, literature, and resource materials from the 1960s through the present. These entries were selected to provide information to community health advisors with models, research, and practice information on subjects such as breast and cervical cancer, heart disease, hypertension, nutrition, physical activity, pregnancy and prenatal care, and smoking prevention.

Community Health Advisors: Programs in the United States, Health Promotion and Disease Prevention (1994). Atlanta, GA: CDC, 1994, 281 pages. Copies of this publication are available from the National Center for Chronic Disease Prevention and Health Promotion, CDC, 4770 Buford Highway, NE, Mailstop K-13, Atlanta, GA 30341-3724. 770-488-5440

This publication contains bibliographic abstracts of program descriptions from the 1960s through 1994. The entries were selected to provide information to community health advisors on health promotion and disease prevention programs covering such subjects as breast and cervical cancer, heart disease, hypertension, nutrition, physical activity, pregnancy and prenatal care, and smoking prevention.

Developing Intervention Strategies for Breast Cancer Screening: A Self Study Guide for Program Planners (1994). Denver, CO: AMC Cancer Research Center, 57 pages. Information about this publication may be obtained from the AMC Cancer Research Center, 1600 Pierce St., Denver, CO 80214. 303-233-6501.

This publication was developed to provide health professionals with the opportunity to enhance their knowledge and skills in developing community-based strategies for reaching women with breast and cervical cancer. The guide is divided into five sections: Establishing Yourself and the Program Within the Community, Learning About The Community, Strategies for Program Planning, Adopting, Adapting or Developing Materials, and Evaluating The Program. Resources are included at the end of each section.

Documentation of the Cancer Research Needs of American Indians and Alaska Natives (1993).

Bethesda, MD: NCI, 175 pages. For more information, please call the Public Inquiries Section at the National Cancer Institute 1-800-422-6237.

This publication is a detailed overview of the National Cancer Institute-supported Native American projects. It is divided into twelve chapters: Introduction and Background to American Indians and Alaska Natives; Limitations of Existing Cancer Data Among American Indians and Alaska Natives; Cancer Incidence, Mortality, and Survival; Regional Variations in Cancer Data Among Indigenous People; Brief Review of Cancer Risk Factors and Tobacco; Nutrition's Role in Cancer Prevention and Control; Dietary Recommendations for Health and Consumption Practices; Year 2000 Health Objectives, Cooperative Agreements; Cancer Prevention and Control Projects; Additional Native American Projects, and Research Recommendations. Four maps are provided to familiarize the reader with national reservations, Alaska Native Health Corporations, IHS Administrative Area Offices, and Selected Tribes. Twenty-eight graphs give specific information on different types of cancer. Forty-seven tables provide information on Village Statistics, Cancer Incidence, Survival and Mortality Rates, and diet-related topics. Eight Appendices elaborate on Urban Indian Health Programs and Cancer Deaths, Cancer Female, Male, Incidence, Survival, and Mortality Rates.

El Auto Examen Del Seno: Un Hábito Saludable (Breast Self-Exam: A Healthy Habit) (Videotape) (1994). Dallas, TX: Susan G. Komen Breast Cancer Foundation, Running Time: 13 minutes. Copies of this videotape are available from The Susan G. Komen Breast Cancer Foundation, 5005 LBJ Freeway, Suite 370, Dallas, TX 75244.

1-800-462-9273. \$10.00 per copy, plus shipping.

This video addresses some common myths, beliefs and behaviors that create barriers to performing breast self-examination. The technique of breast self-examination is also demonstrated.

Get the Facts (Factsheet) Dallas, TX. Susan G. Komen Breast Cancer Foundation, Occidental Tower, 5005 LBJ Freeway, Suite 370, Dallas, TX 75244. To order call 972-855-1635. Fact sheets are \$5 plus shipping & handling for 50 copies/box.

These two-color factsheets address pertinent topics related to breast health, special populations, and breast cancer. There are factsheets for African American, Asian American, Hispanic (English), and American Indian women, as well as factsheets on breast health issues.

If I Can Help Somebody: Witnessing To Save Lives (Videotape) Little Rock, AR: University of Arkansas for Medical Sciences, 1995. Copies of this video are available from the University of Arkansas for Medical Sciences, Arkansas Cancer Research Center, Slot 623, 4301 W. Markham St, Little Rock, AR 72205-9985. 800-767-3824. \$20.00 per copy.

The Witness Project is a program to increase the number of African American women who survive cancer because of early detection. African American women, who are breast or cervical cancer survivors, speak about the importance of early detection. They are survivors because they took care of themselves. They speak from the heart about their personal experiences and beliefs that brought them through this battle for life. This video was developed as a training tool for ongoing breast and cervical cancer screening and education programs or for African American support groups.

Mammography Matters (Newsletter). *Mammography Matters*, FDA/CDRH (HFZ-240), 1350 Piccard Drive, Rockville, MD 20850. 301-594-3306 (fax).

This quarterly newsletter of the Division of Mammography Quality and Radiation Programs (DMQRP), Center for Devices and Radiological Health (CDRH), Food and Drug Administration. Its purpose is to help mammography facilities comply with the requirements of the

Mammography Quality Standards Act of 1992. It is distributed to mammography facilities and other interested organizations and individuals.

A Mammogram Saved My Life (Pamphlet). (1994). Campbell, CA: EPA, 6 pages. Copies of this publication are available from EPA Associates, 1 West Campbell Avenue, Suite 40, Campbell, CA 95008-1039. 408-374-3720. 1-500, \$.40 each. Order #PB2596 (English), Order #PB2597 (Spanish).

This four-panel pamphlet discusses breast care and the importance of mammograms, especially for women over 50.

National Plan of Action on Asian American Women and Breast Cancer (Report). National Asian Women's Health Organization 250 Montgomery St, Suite 410 San Francisco, CA 94104. 415-989-9747 Free with \$1.24 self-addressed stamped envelope.

This publication in the fight against breast cancer offers a number of critical recommendations for increasing the participation of Asian American women in research, outreach and education programs, and in advocacy efforts. These recommendations come from a joint effort between government agencies, the private sector, health care providers, community-based organizations, and advocacy groups, who attended the first National Asian American Breast Cancer Summit in 1996.

No lo Deje Para Mañana. ¡Hágase un Mamograma Hoy! (Don't Leave It for Tomorrow. Have a Mammogram Today!) (Magnet). Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER. Order #z400.

These magnets may be given to Hispanic women for placement on a refrigerator as a reminder to get regular mammograms.

Preguntas Para Hacerle a su Médico Sobre el Cáncer del Seno (Questions To Ask Your Doctor About Breast Cancer). Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER. Order #p417.

This 23 page booklet contains lists of questions that will help a patient ask her doctor about breast cancer. Breast cancer topics covered are early detection, diagnosis, treatment, adjuvant therapy, and reconstruction.

Racial/Ethnic Patterns of Cancer in the United States 1988-1992 (Report). Miller, B. A., Kolonel, L. N., Bernstein, L., Young, Jr, J. L., Swanson, G. M., West, D., Key, C. R., Liff, J. M., Glover, C. S., & Alexander, G. A. Bethesda, MD: National Cancer Institute, 1996, 129 pages. Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER. Pub. No. 96-4104

This landmark report presents the most extensive information yet available on racial and ethnic differences in cancer experience. It provides a concise description of the occurrence of the major cancers among several different racial/ethnic groups in the United States. Age-adjusted incidence rates are shown graphically by age group and sex for Alaska Native, American Indian (New Mexico), Black, Chinese, Filipino, Hawaiian, Hispanic, Japanese, Korean, Vietnamese, white, white Hispanic, and white non-Hispanic populations. The cancers included in this report are organized alphabetically. They are followed by a selection on cancer control efforts in special population groups and an appendix. The appendix contains tables showing the number of newly diagnosed cancers, by racial/ethnic group, in specific regions of the United States during 1988-1992.

Spread the Word about Mammography (Bookmark)
Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER. Order: #z883, red; #z884, blue; #z885, gold.

These 2" x 5" bookmarks are useful reminders for Black American women to get regular mammograms every 1 to 2 years.

Spread the Word about Mammography (Poster).

Copies of this publication are available from The Cancer Information Service, National Cancer Institute, Bethesda, MD 20892-0001. 1-800-4-CANCER. Order: set of 50, #g365; single copy, #g366.

This poster set encourages mammography for Black American women. It should be used by organizations only and is not intended for distribution to the public.

Things To Know About Quality Mammograms

(Pamphlet) (1995). Silver Spring, MD: AHCPR, 9 pages. Copies are available from the Agency for Health Care Policy and Research Publications Clearinghouse, P.O. Box 8547, Silver Spring, MD 20907. 800-358-9295. Pub #95-0634 (English), #95-0636 (Vietnamese), #95-0637 (Tagalog), #95-0638 (Korean), #95-0639 (Chinese), #95-0635 (Spanish), #95-G001 (Laotian).

This brochure outlines seven steps to health, such as getting regular exams and choosing a quality facility, knowing when to schedule an appointment, what to expect during your appointment, and how to follow-up on results. For those new to mammography, it provides a brief explanation of what a mammogram is and the kinds of exams that exist, as well as a toll-free number to locate a certified mammography facility.

To My Sisters...A Gift for Life (Videotape) (1996).

Running Time: 58 minutes. To order, contact BioTechnical Communications, Inc., 2058 North Mills Ave., Suite 214, Claremont, CA 91711, 909-920-3485. \$34.95 per copy, plus \$5 for shipping and handling.

This video program was made possible by a grant from the National Cancer Institute. The program discusses the impact of breast cancer on African American women, as well as the importance of early detection.

Women and Cancer (Report) Atlanta, GA: American Cancer Society, Inc., 1995, 36 p. Available from the American Cancer Society, Inc., 1599 Clifton Road, NE, Atlanta, GA 30329-4251. For further information please call The American Cancer Society at 1-800-227-2345.

This booklet provides information to persons concerned with cancer in women and for those interested in planning health promotions relating to cancer control and women. It describes the female population of the US, its role in health and health care, and the cancers most likely to affect women.

Journal & Magazine Articles

This bibliography contains citations from the OMH-RC library.

The Resource Center provides copies of *only* those articles listed as available from the OMH-RC.

If you would like to order a copy of any article available through the Resource Center, please contact us at 800-444-MHRC (800-444-6472). Please request the articles by accession number.

Single copies of articles will be provided to you free-of-charge in accordance with copyright law of the United States (Title 17, United States Code)

All other material may be obtained from a university library or a commercial document delivery service. Each company has its own rates and policies.

Print copies of individual articles are available from the following:

EBSCOdoc

phone: 415-259-5000

fax: 415-259-5000; e-mail: order@ebscodoc.com

UMI InfoStore

phone: 800-248-0360 ext 282 or 415-433-5500, ext 282

fax 415-433-0100; e-mail: orders@infostore.com

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phone: 800-787-7929 or 303-758-3030, ext 235

fax: 303-758-6946; e-mail: sos@carl.org

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Internet Resources

The Internet is an easy way to obtain current information and access available resources on breast cancer. Many of the addresses below also provide links to additional health and cancer related Internet sources. These links are meant to be additional sources of information, not a substitute for medical care by a trained professional.

Agency for Health Care Policy & Research
<http://www.ahrp.gov>

American Cancer Society
<http://www.cancer.org>

American College of Radiology
<http://www.acr.org>

Breast Cancer Information Clearinghouse
<http://nysernet.org/breast>

Centers for Disease Control & Prevention
<http://www.cdc.gov>

Food & Drug Administration
<http://www.fda.gov>

Healthfinder
<http://www.healthfinder.gov>

MedAccess
<http://www.medaccess.com>

MedScape
<http://www.medscape.com>

National Action Plan on Breast Cancer
<http://www.napbc.org>

National Alliance of Breast Cancer Organizations
<http://www.natlbcc.org>

National Cancer Institute
<http://www.nci.nih.gov>

National Center for Health Statistics
<http://www.cdc.gov/nchswww/nchshome>

Office of Minority Health Resource Center
<http://www.omhrc.gov>

Susan G. Komen Breast Cancer Foundation
<http://www.komen.com>

Y-Me National Breast Cancer Organization
<http://www.y-me.org>