

# jobs youth may perform

- any job not declared hazardous

16 & 17

(hazardous jobs are: mining, logging, meat-packing, roofing, excavation, demolition, operating a motor vehicle or forklift, working with saws, explosives or most power-driven machines, working with radioactive materials)

- office work
- grocery stores
- retail stores
- restaurants
- movie theaters

14 & 15

- babysit
- deliver newspapers
- work as an actor or performer

13

of younger

- up to 3 hours a day/18 hours in a school week
- up to 8 hours a day/40 hours in a non-school week

under 16

- all work must be performed between 7am and 7pm, except from June 1 through Labor Day when evening hours are extended to 9pm

under 16

# hours youth may work

Different rules apply to farms, and State laws may have stricter rules.

[www.youthrules.dol.gov](http://www.youthrules.dol.gov) | 1.866.487.9243

