National Health and Nutrition Examination Survey
Codebook for Data Release (2001-2002)

Blood Pressure Section of the SP Questionnaire (BPQ_B)
Person level data -- use Interview Weights for analysis

May 2004

SEQN	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Respondent sequence number

English Text: Respondent sequence number.

English Instructions:

BPQ010	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Last blood pressure reading by doctor

English Text: About how long has it been since {you/SP} last had {your/his/her} blood pressure taken by a doctor or other health professional? Was it . . .

English Instructions:

Codes:	Skip To Values:
1= Less than 6 months ago,	
2= 6 months to 1 year ago,	
3= More than 1 year to 2 years ago,	
4= More than 2 years ago, or	
5= Never?	BPQ055
7= Refused	BPQ055
9= Don't know	

BPQ020	Target

	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Ever told you had high blood pressure

English Text: {Have you/Has SP} ever been told by a doctor or other health professional that {you/s/he} had hypertension, also called high blood pressure?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	BPQ055
7= Refused	BPQ055
9= Don't know	BPQ055

BPQ030	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told had high blood pressure - 2+ times

English Text: {Were you/Was SP} told on 2 or more different visits that {you/s/he} had hypertension, also called high blood pressure?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040A	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Taking prescription for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to . . . take prescribed medicine?

English Instructions:

	Skip To Values:
Codes:	
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040B	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to control weight for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to control {your/his/her} weight or lose weight?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040C	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to reduce sodium for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to cut down on salt or sodium in {your/his/her} diet?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040D	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to exercise more for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to exercise more?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040E	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to reduce alcohol for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to cut down {your/his/her} alcohol consumption?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ040F	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to do other things for hypertension

English Text: Because of {your/SP's} (high blood pressure/hypertension), {have you/has s/he} ever been told to do something else?

BPQ042	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 1A. CHECK ITEM BPQ.042: IF 'SOMETHING ELSE' (ITEM F) IS CODED 'YES' (CODE 1), DISPLAY QUESTION BPQ.043. OTHERWISE, DO NOT DISPLAY THIS QUESTION.

BPQ043A	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to stop smoking for hypertension

English Text: What else?

English Instructions: CODE ALL THAT APPLY

Codes:

1= Stop smoking

7= Refused

9= Don't know

Skip To Values:

BPQ043B	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to increase potassium for hyprtnsn

English Text: What else?

English Instructions: CODE ALL THAT APPLY

Codes:	Skip To Values:
2= Increase potassium intake	

BPQ043C	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told of other diet changes for hyprtnsn

English Text: What else?

English Instructions: CODE ALL THAT APPLY

Codes:	Skip To Values:
3= Other changes in diet	

BPQ043D	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to do other things for hyprtnsn

English Text: What else?

English Instructions: CODE ALL THAT APPLY

Codes:	Skip To Values:
4= Other	

BPQ045	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 1B. CHECK ITEM BPQ.045: IF 'YES' (CODE 1) IN BPQ.040A, B, C, D, OR E, CONTINUE. OTHERWISE, GO TO BOX 2.

BPQ050A	Target

	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now taking prescribed medicine

English Text: HELP AVAILABLE (Are you/Is SP) now taking prescribed medicine

English Instructions: CAPI INSTRUCTION: DISPLAY EACH ACTIVITY CODED "YES" (CODE 1) FROM BPQ.040. DISPLAY FOR EACH ACTIVITY SHOULD READ AS FOLLOWS: RESPONSES: YES = 1, NO = 2, REFUSED = 7, DON'T KNOW = 9.

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ050B	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now controlling weight

English Text: (Are you/Is SP) now controlling (your/his/her) weight or losing weight?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ050C	**Target**
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now reducing salt/sodium

English Text: (Are you/Is SP) now cutting down on salt or sodium in (your/his/her) diet?

English Instructions:

Codes:		Skip To Values:
1= Yes		
2= No		
7= Refused		
9= Don't know		

BPQ050D	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now exercising more

English Text: (Are you/Is SP) now exercising more?

English Instructions:

Codes:		Skip To Values:
1= Yes		
2= No		
7= Refused		
9= Don't know		

BPQ050E	Target
	B(16 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now reducing alcohol consumption

English Text: (Are you/Is SP) now cutting down on (your/his/her) alcohol consumption?

English Instructions:

Codes:		Skip To Values:
1= Yes		
2= No		
7= Refused		
9= Don't know		

BPQ055	Target
	B(16 Yrs. to 150 Yrs.)

Hard Edits	SAS Label
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 2. CHECK ITEM BPQ.055: IF SP AGE >= 20, CONTINUE. OTHERWISE, GO TO END OF SECTION.

BPQ060	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Ever had blood cholesterol checked

English Text: {Have you/Has SP} ever had {your/his/her} blood cholesterol checked?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	BPD110a
7= Refused	BPD110a
9= Don't know	BPD110a

BPQ070	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	When blood cholesterol last checked

English Text: About how long has it been since {you/SP} last had {your/his/her} blood cholesterol checked? Has it been...

English Instructions:

Codes:	Skip To Values:
1= Less than 1 year ago,	
2= 1 year but less than 2 years ago,	
3= 2 years but less than 5 years ago, or	
4= 5 years or more?	
7= Refused	
9= Don't know	

BPQ080	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Doctor told you - high cholesterol level

English Text: {Have you/Has SP} ever been told by a doctor or other health professional that {your/his/her} blood cholesterol level was high?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	BPD110a
7= Refused	BPD110a
9= Don't know	BPD110a

BPQ090A	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to eat less fat for cholesterol

English Text: To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional... to eat fewer high fat or high cholesterol foods?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ090B	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to reduce weight for cholesterol

English Text: [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to control (your/his/her) weight or lose weight?

	Skip To Values:
Codes:	
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ090C	**Target**
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to exercise more for cholesterol

English Text: [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to increase (your/his/her) physical activity or exercise?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ090D	**Target**
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Told to take prescriptn for cholesterol

English Text: [To lower (your/his/her) blood cholesterol, (have/has) (you/SP) ever been told by a doctor or other health professional]... to take prescribed medicine?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ095	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 3. CHECK ITEM BPQ.095: IF 'YES' (CODE 1) TO BPQ.090A, B, C OR D, CONTINUE WITH BPQ.100. OTHERWISE, GO TO BOX 6.

BPQ100A	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now eating fewer high fat foods

English Text: (Are you/Is SP) now following this advice to eat fewer high fat or high cholesterol foods?

English Instructions: CAPI INSTRUCTIONS: DISPLAY EACH ACTIVITY CODED AS 'YES' (CODE 1) IN BPQ.090 A-D.

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ100B	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now controlling weight

English Text: (Are you/Is SP) now following this advice to control (your/his/her) weight or lose weight?

English Instructions:

	Codes:	**Skip To Values:**
	1= Yes	
	2= No	
	7= Refused	
	9= Don't know	

BPQ100C	**Target**
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now increasing exercise

English Text: (Are you/Is SP) now following this advice to increase (your/his/her) physical activity or exercise?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ100D	**Target**
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Now taking prescribed medicine

English Text: (Are you/Is SP) now following this advice to take prescribed medicine?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPD110A	**Target**

	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Eating fewer high fat foods on own

English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} we are now going to ask you if {you have/SP has} made any major changes on your own to lower {your/his/her} blood cholesterol. Specifically {do you/does s/he} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?

English Instructions: CAPI INSTRUCTIONS: DISPLAY "EVEN THOUGH YOU HAVE NEVER HAD YOUR BLOOD CHOLESTEROL CHECKED" ONLY IF BPQ.060 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7). DISPLAY "EVEN THOUGH A DOCTOR OR OTHER HEALTH PROFESSIONAL HAS NEVER TOLD YOU THAT YOUR BLOOD CHOLESTEROL IS HIGH" ONLY IF BPQ.080 IS 'NO' (CODE 2), DK (CODE 9), OR REF (CODE 7).

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

	Target
BPD110B	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Controlling weight on own

English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} we are now going to ask you if {you have/SP has} made any major changes on your own to lower {your/his/her} blood cholesterol. Specifically {have you/has s/he} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?

English Instructions:

Codes:	**Skip To Values:**
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPD110C	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Increasing exercise on own

English Text: {Even though {you have/SP has} never had {your/his/her} blood cholesterol checked} {Even though a doctor or other health professional has never told {you/SP} that {your/his/her} blood cholesterol was high} we are now going to ask you if {you have/SP has} made any major changes on your own to lower {your/his/her} blood cholesterol. Specifically{have you/has s/he} increased {your/his/her} physical activity or exercise in order to lower {your/his/her} blood cholesterol?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ115	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 6. CHECK ITEM BPQ.115: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, B, OR C, CONTINUE WITH BOX 7. OTHERWISE, GO TO END OF SECTION.

BPQ117	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 7. CHECK ITEM BPQ.117: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090A, CONTINUE. OTHERWISE, GO TO BOX 8.

BPD120	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Eating fewer high fat foods on own

English Text: Even though a doctor or other health professional has never told {you/SP} to eat fewer high fat or high cholesterol foods, we are now going to ask if {you have/he/she has} made any major changes on {your/his/her} own to lower {your/his/her} cholesterol? Specifically, {do you/does he/she} eat fewer high fat or high cholesterol foods in order to lower {your/his/her} blood cholesterol?

English Instructions:

Codes:	Skip To Values:
1= Yes	
2= No	
7= Refused	
9= Don't know	

BPQ125	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 8. CHECK ITEM BPQ.125: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090B, CONTINUE. OTHERWISE, GO TO BOX 9.

BPD130	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Controlling weight on own

English Text: Even though a doctor or other health professional has never told {you/SP} to control {your/his/her} weight or lose weight, we are now going to ask if {you have/he/she/has} made any major changes on {your/his/her} own to lower {your/his/her} blood cholesterol? Specifically, {have you/has he/she} controlled {your/his/her} weight or lost weight in order to lower {your/his/her} blood cholesterol?

English Instructions:

BPQ135	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	CHECK ITEM

English Text: CHECK ITEM

English Instructions: BOX 9. CHECK ITEM BPQ.135: IF 'NO' (CODE 2) OR DON'T KNOW (CODE 9) IN BPQ.090C, CONTINUE. OTHERWISE, GO TO END OF SECTION.

BPD140	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	**SAS Label**
	Increasing exercise on own

English Text: Even though a doctor or other health professional has never told {you/SP} to increase {your/his/her} physical activity or exercise, we are now going to ask if {you have/he/she has} made any major changes on {your/his/her} own to lower {your/his/her} blood cholesterol? Specifically, {have you/has he/she} increased {your/his/her} physical activity or exercise in order to lower {your/his/her} blood cholesterol?

English Instructions:

Codes:

    1= Yes

    2= No

    7= Refused

    9= Don't know

Skip To Values: