# National Health and Nutrition Examination Survey Codebook for Data Release (2001-2002) 

## Diet Behavior \& Nutrition Section of the SP Questionnaire (DBQ B) Person level data -- use Interview Weights for analysis

May 2004

| SEQN | Target |  |  |
| :--- | :--- | :---: | :---: |
|  | B(0 Yrs. to 150 Yrs.) |  |  |
| Hard Edits | SAS Label |  |  |
|  |  |  | Respondent sequence number |
| English Text: Respondent sequence number. |  |  |  |
| English Instructions: |  |  |  |



| DBD020 |  |
| :---: | :---: |
|  | B(0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |
|  | Age started eating other foods (days) |
|  |  |

English Text: How old was $\{\mathrm{SP}\}$ when $\{$ he/she $\}$ was first fed something other than breastmilk or water?

## English Instructions:

| Codes: | Skip To Values: |
| :---: | :--- |
| $0=$ Never | DBD085 |
| $777777=$ Refused | DBD085 |
| $999999=$ Don't know | DBD085 |


| DBD030 |  | Target |
| :---: | :---: | :---: |
| Hard Edits | B(0 Yrs. to 6 Yrs.) |  |
|  | SAS Label |  |
|  | Age stopped breastfeeding(days) |  |

English Text: How old was $\{\mathrm{SP}\}$ when $\{$ he/she $\}$ completely stopped breastfeeding or being fed breastmilk?

## English Instructions:

## Codes:

$0=$ Still breastfeeding
777777= Refused
999999= Don't know

| DBD040 | Target |  |
| :---: | :---: | :---: |
|  |  | B(0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |  |
|  |  | Age first fed formula daily (days) |

English Text: How old was $\{\mathrm{SP}\}$ when $\{$ he/she $\}$ was first fed formula on a daily basis?
English Instructions:

## Codes:

$0=$ Never on a daily basis
777777= Refused
999999= Don't know

Skip To Values:
DBD060

## Target



| DBD060 | Target |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
|  |  |  |  | B(0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |  |  |  |
| English Text: How old was \{SP\} when \{he/she\} was first fed milk on a daily basis? |  |  |  |  |
| English Instructions: |  |  |  |  |
| Codes: | Age first fed milk daily basis (days) |  |  |  |
| $0=$ Never on a daily basis | Skip To Values: |  |  |  |
| $777777=$ Refused | DBD080 |  |  |  |
| $999999=$ Don't know |  |  |  |  |


| DBD071a | Target |  |
| :---: | :---: | :---: |
|  | B(0 Yrs. to 6 Yrs.) |  |
| Hard Edits | SAS Label |  |
|  | Type of milk first fed - whole milk |  |
| English Text: What type of milk was \{SP\} first fed on a daily basis? Was it . . |  |  |
| English Instructions: CODE ALL THAT APPLY |  |  |
| Codes: |  |  |
| 10= Whole or regular, | Skip To Values: |  |
| $77=$ Refused |  |  |
| $99=$ Don't know |  |  |


| DBD071b | Target |
| :---: | :---: |
|  | B (0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |
|  | Type of milk first fed - $2 \%$ milk |
| English Text: What type of milk was \{SP\} first fed on a daily basis? Was it . . . |  |
| English Instructions: CODE ALL THAT APPLY |  |
| Codes: <br> Skip To Values: $11=2 \%$ fat milk (includes "low fat milk" not further specified), |  |
|  |  |
| DBD071c | Target |
|  | B (0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |
|  | Type of milk first fed-1\% milk |
| English Text: What type of milk was \{SP\} first fed on a daily basis? Was it . . . |  |
| English Instructions: CODE ALL THAT APPLY |  |
| Codes: $12=1 \% \mathrm{fat}$ | Skip To Values: |


| DBD071d | Target |  |
| :---: | :---: | :---: |
|  | B (0 Yrs. to 6 Yrs.) |  |
| Hard Edits | SAS Label |  |
|  | Type of milk first fed - skim | onfat |
| English Text: What type of milk was \{SP\} first fed on a daily basis? Was it . . . |  |  |
| English Instructions: CODE ALL THAT APPLY |  |  |
| Codes: <br> $13=$ Skim, nonfat, or $0.5 \%$ fat milk (includes liquid or reconstituted from dry) |  | Skip To Values: |
| DBD071u | Target |  |
|  | B (0 Yrs. to 6 Yrs.) |  |
| Hard Edits SAS Label |  |  |

English Text: What type of milk was \{SP\} first fed on a daily basis? Was it . . .
English Instructions: CODE ALL THAT APPLY
Codes:
Skip To Values:
30= Another type?

| DBD080 | Target |
| :---: | :---: |
|  | B(0 Yrs. to 6 Yrs.) |
| Hard Edits | SAS Label |
|  | Age started eating solid foods (days) |

English Text: How old was $\{$ SP $\}$ when $\{$ he/she $\}$ started eating solid foods [such as strained foods like baby food or any other non-liquid foods] on a daily basis?

## English Instructions:

## Codes:

Skip To Values:
$0=$ Never on a daily basis
777777= Refused
999999 $=$ Don't know


Hard Edits

| Target |
| :---: |
| $\mathrm{B}(0$ Yrs. to 150 Yrs. $)$ |
| SAS Label |
| CHECK ITEM |

## English Text: CHECK ITEM

English Instructions: BOX 2. CHECK ITEM DBD.085: IF SP AGE >= 1, CONTINUE , OTHERWISE, GO TO END OF SECTION.

| DBD090 | Target |
| :--- | :---: |
|  | B(1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | \# of times/week eat restaurant food |
| English Text: $\{$ Next I have some general questions about $\{$ your/SP's \} eating habits.\} \{First/Next\} are <br> questions about the kinds of food \{you eat/SP eats \}. On average, how many times per month \{do you/ <br> does SP\} eat meals that were prepared in a restaurant? |  |

## English Instructions:

Codes:
$0=$ Never
6666= Less than weekly
7777= Refused
9999= Don't know

| DBQ101 | Target |
| :---: | :---: |
|  |  |
| Hard Edits | B(1 Yrs. to 150 Yrs.) |
|  | SAS Label |
|  | CHECK ITEM |

## English Text: CHECK ITEM

English Instructions: BOX 3. CHECK ITEM DBQ.101: IF SP AGE >= 2, CONTINUE. OTHERWISE, GO TO DBD196.

| DBD102 | Target |
| :---: | :---: |
|  | B(2 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | \# Times/month eat dark green vegetables |

English Text: During the past 12 months, how often per day, per week, per month or per year did \{you/SP\} eat dark green vegetables, such as the food listed on this card?
English Instructions: Hand card DBQ1
Codes:
$0=$ Never
66666= Less than monthly
77777= Refused
99999= Don't know

## DBD103

Hard Edits

## Target

B(2 Yrs. to 150 Yrs.)
SAS Label
\#Times/month eat cooked dried beans/peas

English Text: During the past 12 months, how often per day, per week, per month or per year did $\{y o u / S P\}$ eat cooked dried beans or peas, such as the food listed on this card?
English Instructions: Hand card DBQ2

## Codes:

## Skip To Values:

$0=$ Never<br>66666= Less than monthly<br>77777= Refused<br>99999= Don't know

| DBD196 | Target |
| :---: | :---: |
|  | B(1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | Past 30 day milk product consumption |

English Text: Now I'm going to ask a few questions about milk products. Do not include their use in cooking. In the past 30 days, how often did $\{y o u / S P\}$ have milk to drink or on $\{y o u r / h i s / h e r\}$ cereal? Please include chocolate and other flavored milks as well as hot cocoa made with milk. Do not count small amounts of milk added to coffee or tea. Would you say...
English Instructions: HAND CARD DBQ3

## Codes:

$0=$ Never
1= Rarely-less than once a week
$2=$ Sometimes-once a week or more, but less than once a day, or
$3=$ Often-once a day or more?
4= Varied
7= Refused
9= Don't know
Skip To Values:
DBD225
1 Rarely-less than once a week

DBD225
DBD225

| DBD221a | Target |
| :---: | :---: |
|  | B(1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | You drink whole or regular milk |

English Text: What type of milk was it? Was it usually . . .

English Instructions: IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

## Codes:

Skip To Values:
$10=$ Whole or regular,
77= Refused
99= Don't know

| DBD221b | Target |
| :---: | :---: |
|  | B(1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | You drink 2\% fat milk |
| English Text: What type of milk was it? Was it usually . . |  |
| English Instructions: IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THATAPPLY. |  |
| Codes: <br> Skip To Values: <br> $11=2 \%$ fat milk (includes "low fat milk" not further specified), |  |


| DBD221c | Target |
| :---: | :---: |
|  | B (1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | You drink 1\% fat milk |
| English Text: What type of milk was it? Was it usually . . |  |
| English Instructions: IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY. |  |
| Codes: <br> Skip To Values: $12=1 \% \text { fat milk, }$ |  |
| DBD221d | Target |
|  | B(1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | You drink skim, nonfat or . $5 \%$ milk |
| English Text: What type of milk was it? Was it usually ... |  |

English Instructions: IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes:
Skip To Values:
$13=$ Skim, nonfat, or $0.5 \%$ fat milk (includes liquid or reconstituted from dry), or

| DBD221u | Target |
| :---: | :---: |
|  | B (1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | You drink another type of milk |
| English Text: What type of milk was it? Was it usually . . |  |
| English Instructions: IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY. |  |
| Codes: <br> Skip To Values: <br> $30=$ Another type? |  |
| DBD225 | Target |
|  | B (1 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | CHECK ITEM |
| English Text: CHECK ITEM |  |
| English Instructions: BOX 6. CHECK ITEM DBD.225: IF SP AGE >= 20, CONTINUE.. OTHERWISE, GO TO DBD355. |  |


| DBD229 | Target |
| :--- | :---: |
|  | B(20 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | Regular milk drinker |
| English Text: The next question is about regular milk use. A regular milk drinker is someone who <br> uses any type of milk at least 5 times a week. Using this definition, which statement best describes <br> \{you/SP\}?.. |  |
| English Instructions: HAND CARD DBQ4 |  |

## Codes:

Skip To Values:

| $1=\{$ I've/He's/She's $\}$ been a regular milk drinker for most or all of \{my/his/her\} life, including \{my/his/her\} childhood |  |
| :---: | :---: |
| $2=\{$ I've/He's/She's $\}$ never been a regular milk drinker; | DBQ265a |
| $3=\{\mathrm{My} / \mathrm{His} / \mathrm{Her}\}$ milk drinking has varied over $\{\mathrm{my} / \mathrm{his} / \mathrm{her}\}$ life sometimes $\{I$ 've/he's/she's $\}$ been a regular milk drinker |  |
| $7=$ Refused | DBQ265a |
| 9= Don't know | DBQ265a |

DBD235ae

| Target |
| :---: |
| $\mathrm{B}(20$ Yrs. to 150 Yrs.) |
| SAS Label |
| How often drank milk age 5-12 |

English Text: Now, I'm going to ask you how often \{you/SP\} drank milk at different times in \{your/ his/her $\}$ life. How often did $\{$ you/SP \} drink any type of milk, including milk added to cereal when \{you were/s/he was\} a child between the ages of 5 and 12 years old? Would you say...
English Instructions: HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

## Codes:

Skip To Values:
$0=$ Never
1= Rarely-less than once a week
$2=$ Sometimes-once a week or more, but less than once a day
3= Often-once a day or more
4= Varied
7= Refused
9= Don't know

| DBD235be | Target |
| :---: | :---: |
|  | B(20 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | How often drank milk age 13-17 |
| English Text: Now, I'm going to ask you how often $\{$ you/SP\} drank milk at different times in $\{$ your/ <br> his/her\} life. How often did $\{$ you/SP $\}$ drink any type of milk, including milk added to cereal when <br> \{you were/s/he was\} a teenager between the ages of 13 and 17 years old? Would you say... |  |

English Instructions: HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

Codes:
Skip To Values:
$0=$ Never
1= Rarely-less than once a week
$2=$ Sometimes-once a week or more, but less than once a day
3= Often-once a day or more
4= Varied
7= Refused
9= Don't know

| DBD235ce |  |
| :---: | :---: |
|  | Target |
| Hard Edits | $\mathrm{B}(20$ Yrs. to 150 Yrs.) |
|  | SAS Label |
|  | How often drank milk age 18-35 |

English Text: Now, I'm going to ask you how often \{you/SP\} drank milk at different times in \{your/ his/her\} life. How often did \{you/SP\} drink any type of milk, including milk added to cereal when \{you were/s/he was\} a young adult between the ages of 18 and 35 years old? Would you say...
English Instructions: HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

## Codes:

$0=$ Never
1= Rarely-less than once a week
$2=$ Sometimes-once a week or more, but less than once a day
3= Often-once a day or more
4= Varied
7= Refused
9= Don't know

| DBQ265a | Target |
| :---: | :---: |
|  |  |
| Hard Edits | $\mathrm{B}(20$ Yrs. to 150 Yrs. $)$ |
|  | SAS Label |
|  | CHECK ITEM |

English Text: CHECK ITEM
English Instructions: CHECK ITEM DBQ.265a: IF SP AGE >= 60, CONTINUE.. OTHERWISE, GO TO END OF SECTION.

| DBD301 | Target |
| :---: | :---: |
|  | B(60 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | Community/Government meals delivered |
| English Text: The next questions are about meals provided by community or government programs. In the past 12 months, did \{you/SP\} receive any meals delivered to \{your/his/her\} home from community programs, "Meals on Wheels", or any other programs? |  |
| English Instructions: |  |
| Codes: $\begin{aligned} & 1=\text { Yes } \\ & 2=\text { No } \\ & 7=\text { Refused } \\ & 9=\text { Don't know } \end{aligned}$ | Skip To Values: |


| DBQ330 | Target |
| :---: | :---: |
|  | B(60 Yrs. to 150 Yrs.) |
| Hard Edits | SAS Label |
|  | Eat meals at Community/Senior center |

English Text: In the past 12 months, did \{you/SP\} go to a community program or senior center to eat prepared meals?

English Instructions: INCLUDE ADULT DAY CARE
Codes:
Skip To Values:
$1=$ Yes
$2=$ No
7= Refused
9= Don't know

## Target

B(1 Yrs. to 150 Yrs.)

| Hard Edits | SAS Label |
| :--- | :--- |
|  | CHECK ITEM |
| English Text: CHECK ITEM |  |
| English Instructions: BOX 9. CHECK ITEM DBD.355: IF SP AGE 4-19, CONTINUE. <br> OTHERWISE, GO TO END OF SECTION. |  |


| DBQ360 |  |
| :---: | :---: |
|  | Target |
| Hard Edits | B(4 Yrs. to 19 Yrs.) |
|  | SAS Label |
|  | Attend kindergarten thru high school |

English Text: During the school year, \{do you/does SP\} attend a kindergarten, grade school, junior or high school?

## English Instructions:

## Codes:

Skip To Values:
$1=$ Yes
$2=$ No
7= Refused
End of Section

9= Don't know
End of Section
End of Section

| DBQ370 | Target |  |
| :---: | :---: | :---: |
|  | B(4 Yrs. to 19 Yrs.) |  |
| Hard Edits | SAS Label |  |
|  | School serves school lunches |  |
| English Text: Does \{your/SP's\} school serve school lunches? These are complete lunches that cost the same every day. |  |  |
| English Instructions: |  |  |
| Codes: |  | Skip To Values: |
| $1=\mathrm{Yes}$ |  |  |
| $2=\mathrm{No}$ |  | DBQ400 |
| $7=$ Refused |  | DBQ400 |
| 9= Don't know |  | DBQ400 |

DBD381

| Hard Edits |
| :---: |

B(4 Yrs. to 19 Yrs.)

SAS Label
\# of times/week get school lunch
English Text: During the school year, about how many times a week \{do you/does SP\} usually get a complete school lunch?

## English Instructions:

| Codes: | Skip To Values: |
| :--- | :--- |
| $0=$ None | DBQ400 |
| $7777=$ Refused | DBQ400 |
| $9999=$ Don't know | DBQ400 |

DBQ390

## Hard Edits

$+$

Target

$$
\text { B(4 Yrs. to } 19 \text { Yrs.) }
$$

## SAS Label

School lunch free, reduced or full price
English Text: \{Do you/Does SP\} get these lunches free, at a reduced price, or \{do you/does he/she \} pay full price?

## English Instructions:

Codes:
Skip To Values:
1= Free
2= Reduced price
3= Full price
7= Refused
9= Don't know

| DBQ400 | Target |
| :---: | :---: |
| Hard Edits | B(4 Yrs. to 19 Yrs.) |
|  | SAS Label |
|  | School serve complete breakfast each day |

English Text: Does \{your/SP's\} school serve a complete breakfast that costs the same every day?

## English Instructions:

## Codes:

Skip To Values:
$1=$ Yes
$2=$ No End of Section
7= Refused
End of Section
9= Don't know
End of Section


| DBD421 | Target |
| :---: | :---: |
|  | B(4 Yrs. to 19 Yrs.) |
| Hard Edits | SAS Label |
|  | School breakfast free/reduced/full price |
| English Text: \{Do you/Does SP\} get these breakfasts free, at a reduced price, or \{do you/does he/ she\} pay full price? |  |
| English Instructions: |  |
| Codes: <br> 1= Free <br> $2=$ Reduced price <br> 3= Full price <br> 7= Refused <br> 9= Don't know | Skip To Values: |

