# National Health and Nutrition Examination Survey Codebook for Data Release (2001-2002)

# Diet Behavior & Nutrition Section of the SP Questionnaire (DBQ\_B) Person level data -- use Interview Weights for analysis

## May 2004

SEQN	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Respondent sequence number
English Text: Respondent sequence number.	
<b>English Instructions:</b>	

DBQ010	Target	
	B(0 Yrs. to 6 Yrs.)	
Hard Edits	SAS Label	
	Ever breastfed or fed breastmilk	
English Text: Now I'm going to ask you some general questions about {SP's} eating habits. Was {SP} ever breastfed or fed breastmilk?		
<b>English Instructions:</b>		
Codes:	Skip To Values:	
1= Yes		
2= No	DBD040	
7= Refused	DBD040	
9= Don't know	DBD040	

DBD020	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Age started eating other foods (days)

English Text: How old was {SP} when {he/she} was first fed something other than breastmilk or water?

English Instructions:

Codes:

0= Never

DBD085

777777= Refused

DBD085

999999= Don't know

DBD085

DBD030	Target	
	B(0 Yrs. to 6 Yrs.)	
Hard Edits	SAS Label	
	Age stopped breastfeeding(days)	
breastmilk?	when {he/she} completely stopped breastfeeding or being fed	
English Instructions:		
Codes:	Skip To Values:	
0= Still breastfeeding		
777777= Refused		
999999= Don't know		

DBD040	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Age first fed formula daily (days)
English Text: How old was {SP} when {he/she} was first fed formula on a daily basis?	
<b>English Instructions:</b>	
Codes:	Skip To Values:
0= Never on a daily b	asis DBD060
777777= Refused	
999999= Don't know	
<u>'</u>	

**DBD050** 

Target

	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Age stopped receiving formula (days)
English Text: How old was {SP} when {he/she} completely stopped drinking formula?	
English Instructions:	
Codes:	Skip To Values:
0= Still drinking form	nula
777777= Refused	

DBD060	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Age first fed milk daily basis (days)

English Text: How old was {SP} when {he/she} was first fed milk on a daily basis?

**English Instructions:** 

Codes: Skip To Values:

**DBD080** 

0= Never on a daily basis

777777= Refused

999999= Don't know

77= Refused

99= Don't know

DBD071a	Target	
	B(0 Yrs. to 6 Yrs.)	
Hard Edits	SAS Label	
	Type of milk first fed - whole milk	
English Text: What type of milk was {SP} first fed on a daily basis? Was it		
English Instructions: CODE ALL THAT APPLY		
Codes:	Skip To Values:	
10= Whole or regular,		

DBD071b	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Type of milk first fed - 2% milk
English Text: What type of milk was {SP} first fed on a daily basis? Was it	
English Instructions: CODE ALL THAT APPLY	
Codes:	Skip To Values:
11= 2% fat milk (includes "low fat milk" not further specified),	

DBD071c	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Type of milk first fed - 1% milk
English Text: What type of milk was {SP} first fed on a daily basis? Was it	
<b>English Instructions:</b> CODE ALI	THAT APPLY
Codes:	Skip To Values:
12= 1% fat milk,	

DBD071d	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Type of milk first fed - skim/nonfat
English Text: What type of milk was {SP} first fed on a daily basis? Was it	
English Instructions: CODE ALL THAT APPLY	
Codes:	Skip To Values:
13= Skim, nonfat, or 0 from dry)	0.5% fat milk (includes liquid or reconstituted

DBD071u	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	•

Туре	of milk first fed - other	
English Text: What type of milk was {SP} first fed on a daily basis? Was it		
English Instructions: CODE ALL THAT APPLY		
Codes:	Skip To Values:	
30= Another type?		

DBD080	Target
	B(0 Yrs. to 6 Yrs.)
Hard Edits	SAS Label
	Age started eating solid foods (days)
English Text: How old was {SP} when {he/she} started eating solid foods [such as strained foods	

**English Text:** How old was {SP} when {he/she} started eating solid foods [such as strained foods like baby food or any other non-liquid foods] on a daily basis?

#### **English Instructions:**

Codes: Skip To Values:

0= Never on a daily basis

777777= Refused

999999= Don't know

DBD085	Target
	B(0 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	CHECK ITEM

**English Text:** CHECK ITEM

English Instructions: BOX 2. CHECK ITEM DBD.085: IF SP AGE >= 1, CONTINUE,

OTHERWISE, GO TO END OF SECTION.

DBD090	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	# of times/week eat restaurant food

**English Text:** {Next I have some general questions about {your/SP's} eating habits.} {First/Next} are questions about the kinds of food {you eat/SP eats}. On average, how many times per month {do you/does SP} eat meals that were prepared in a restaurant?

**English Instructions:** 

Codes:

**Skip To Values:** 

0= Never

6666= Less than weekly

7777= Refused

9999= Don't know

DBQ101	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	CHECK ITEM
E P. D CHECK ITEM	

**English Text:** CHECK ITEM

**English Instructions:** BOX 3. CHECK ITEM DBQ.101: IF SP AGE >= 2, CONTINUE.

OTHERWISE, GO TO DBD196.

DBD102	Target
	B(2 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	# Times/month eat dark green vegetables

**English Text:** During the past 12 months, how often per day, per week, per month or per year did {you/SP} eat dark green vegetables, such as the food listed on this card?

**English Instructions:** Hand card DBQ1

Codes: Skip To Values:

0= Never

6666= Less than monthly

77777= Refused

DBD103	Target
	B(2 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	#Times/month eat cooked dried beans/peas

**English Text:** During the past 12 months, how often per day, per week, per month or per year did {you/SP} eat cooked dried beans or peas, such as the food listed on this card?

**English Instructions:** Hand card DBQ2

Codes: Skip To Values:

0= Never

66666= Less than monthly

77777= Refused

99999= Don't know

DBD196	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Past 30 day milk product consumption

**English Text:** Now I'm going to ask a few questions about milk products. Do not include their use in cooking. In the past 30 days, how often did {you/SP} have milk to drink or on {your/his/her} cereal? Please include chocolate and other flavored milks as well as hot cocoa made with milk. Do not count small amounts of milk added to coffee or tea. Would you say...

### **English Instructions:** HAND CARD DBQ3

Codes: Skip To Values:

0= Never DBD225

1= Rarely-less than once a week

2= Sometimes-once a week or more, but less than once a day, or

3= Often-once a day or more?

4= Varied

7= Refused DBD225

9= Don't know DBD225

DBD221a	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	You drink whole or regular milk
English Text: What type of milk was it? Was it usually	

**English Instructions:** IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes: Skip To Values:

10= Whole or regular,

77= Refused

99= Don't know

DBD221b	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	You drink 2% fat milk

**English Text:** What type of milk was it? Was it usually . . .

**English Instructions:** IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes: Skip To Values:

11= 2% fat milk (includes "low fat milk" not further specified),

DBD221c	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	You drink 1% fat milk

**English Text:** What type of milk was it? Was it usually . . .

**English Instructions:** IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes: Skip To Values:

12= 1% fat milk,

DBD221d	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	You drink skim, nonfat or .5% milk
English Text: What type of milk was it? Was it usually	

**English Instructions:** IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes: Skip To Values:

13= Skim, nonfat, or 0.5% fat milk (includes liquid or reconstituted from dry), or

DBD221u	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	You drink another type of milk

**English Text:** What type of milk was it? Was it usually . . .

**English Instructions:** IF RESPONDENT CANNOT PROVIDE USUAL TYPE, CODE ALL THAT APPLY.

Codes: Skip To Values:

30= Another type?

DBD225	Target
	B(1 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	CHECK ITEM

**English Text:** CHECK ITEM

**English Instructions:** BOX 6. CHECK ITEM DBD.225: IF SP AGE >= 20, CONTINUE...

OTHERWISE, GO TO DBD355.

DBD229	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	Regular milk drinker

**English Text:** The next question is about regular milk use. A regular milk drinker is someone who uses any type of milk at least 5 times a week. Using this definition, which statement best describes {you/SP}?...

**English Instructions:** HAND CARD DBQ4

Codes:	Skip To Values:
1= {I've/He's/She's} been a regular milk drinker for most or all of {my/his/her} life, including {my/his/her} childhood	
2= {I've/He's/She's} never been a regular milk drinker;	DBQ265a
3= {My/His/Her} milk drinking has varied over {my/his/her} life-sometimes {I've/he's/she's} been a regular milk drinker	
7= Refused	DBQ265a
9= Don't know	DBQ265a

DBD235ae	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	How often drank milk age 5-12

**English Text:** Now, I'm going to ask you how often {you/SP} drank milk at different times in {your/his/her} life. How often did {you/SP} drink any type of milk, including milk added to cereal when {you were/s/he was} a child between the ages of 5 and 12 years old? Would you say...

**English Instructions:** HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

## Codes: Skip To Values:

0= Never

1= Rarely-less than once a week

2= Sometimes-once a week or more, but less than once a day

3= Often-once a day or more

4= Varied

7= Refused

9= Don't know

DBD235be	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	How often drank milk age 13-17

**English Text:** Now, I'm going to ask you how often {you/SP} drank milk at different times in {your/his/her} life. How often did {you/SP} drink any type of milk, including milk added to cereal when {you were/s/he was} a teenager between the ages of 13 and 17 years old? Would you say...

**English Instructions:** HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

Codes: Skip To Values:

0= Never

1= Rarely-less than once a week

2= Sometimes-once a week or more, but less than once a day

3= Often-once a day or more

4= Varied

7= Refused

9= Don't know

DBD235ce	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	How often drank milk age 18-35

**English Text:** Now, I'm going to ask you how often {you/SP} drank milk at different times in {your/his/her} life. How often did {you/SP} drink any type of milk, including milk added to cereal when {you were/s/he was} a young adult between the ages of 18 and 35 years old? Would you say...

**English Instructions:** HAND CARD DBQ5 IF NECESSARY, PROBE FOR USUAL OR MOST COMMON AMOUNT FOR THIS TIME PERIOD

Codes: Skip To Values:

0= Never

1= Rarely-less than once a week

2= Sometimes-once a week or more, but less than once a day

3= Often-once a day or more

4= Varied

7= Refused

DBQ265a	Target
	B(20 Yrs. to 150 Yrs.)
Hard Edits	SAS Label
	CHECK ITEM

**English Text:** CHECK ITEM

**English Instructions:** CHECK ITEM DBQ.265a: IF SP AGE >= 60, CONTINUE.. OTHERWISE, GO TO END OF SECTION.

DBD301	Target	
	B(60 Yrs. to 150 Yrs.)	
Hard Edits	SAS Label	
	Community/Government meals delivered	

**English Text:** The next questions are about meals provided by community or government programs. In the past 12 months, did {you/SP} receive any meals delivered to {your/his/her} home from community programs, "Meals on Wheels", or any other programs?

### **English Instructions:**

Codes: Skip To Values:

1 = Yes

2 = No

7= Refused

9= Don't know

DBQ330	Target	
	B(60 Yrs. to 150 Yrs.)	
Hard Edits	SAS Label	
	Eat meals at Community/Senior center	

**English Text:** In the past 12 months, did {you/SP} go to a community program or senior center to eat prepared meals?

### **English Instructions:** INCLUDE ADULT DAY CARE

Codes: Skip To Values:

1 = Yes

2 = No

7= Refused

DBD355	Target
	B(1 Yrs. to 150 Yrs.)

Hard Edits	SAS Label
	CHECK ITEM
English Text: CHECK ITEM	
English Instructions: BOX 9. CHECK ITEM DBD.355: IF SP AGE 4-19, CONTINUE.	
OTHERWISE, GO TO END OF SECTION.	

DBQ360	Target	
	B(4 Yrs. to 19 Yrs.)	
Hard Edits	SAS Label	
	Attend kindergarten thru high school	
high school?	ol year, {do you/does SP} attend a kindergarten, grade school, junior or	
English Instructions:		
Codes:	Skip To Values:	
1= Yes		
2= No	End of Section	
7= Refused	End of Section	
9= Don't know	End of Section	

Target	
B(4 Yrs. to 19 Yrs.)	
SAS Label	
School serves school lunches	
<b>English Text:</b> Does {your/SP's} school serve school lunches? These are complete lunches that cost the same every day.	
Skip To Values:	
DBQ400	
DBQ400	
DBQ400	

Target

DBD381	B(4 Yrs. to 19 Yrs.)
Hard Edits	SAS Label
	# of times/week get school lunch
<b>English Text:</b> During the school year, about how many times a week {do you/does SP} usually get a complete school lunch?	
English Instructions:	
Codes:	Skip To Values:
0= None	DBQ400
7777= Refused	DBQ400
9999= Don't know	DBQ400

DBQ390	Target
	B(4 Yrs. to 19 Yrs.)
Hard Edits	SAS Label
	School lunch free, reduced or full price
<b>English Text:</b> {Do you/Does SP} get these lunches free, at a reduced price, or {do you/does he/she} pay full price?	
English Instructions:	
Codes:	Skip To Values:
l= Free	
2= Reduced price	
3= Full price	
7= Refused	
9= Don't know	

DBQ400	Target
	B(4 Yrs. to 19 Yrs.)
Hard Edits	SAS Label
	School serve complete breakfast each day
English Text: Does {your/SP's} school serve a complete breakfast that costs the same every day?	
English Instructions:	

Codes:	Skip To Values:
1= Yes	
2= No	End of Section
7= Refused	End of Section
9= Don't know	End of Section

DBD411	Target	
<b>DDD411</b>	B(4 Yrs. to 19 Yrs.)	
Hard Edits	SAS Label	
	#of times/week get school breakfast	
English Text: During the school year, about how many times a week {do you/does SP} usually get a complete breakfast at school?  English Instructions:		
Codes:	Skip To Values:	
0= None	End of Section	
7777= Refused	End of Section	
9999= Don't know	End of Section	

DBD421	Target
	B(4 Yrs. to 19 Yrs.)
Hard Edits	SAS Label
	School breakfast free/reduced/full price
English Text: {Do you/Does SP} she} pay full price?	get these breakfasts free, at a reduced price, or {do you/does he/
<b>English Instructions:</b>	
Codes:	Skip To Values:
1= Free	
2= Reduced price	
3= Full price	
7= Refused	
9= Don't know	