



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

Leisure time activity				
PADACTIV	Frequency	Percent	Cumulative Frequency	Cumulative Percent
10 : AEROBICS	450	3.35	450	3.35
11 : BASEBALL	157	1.17	607	4.52
12 : BASKETBALL	1074	7.99	1681	12.51
13 : BICYCLING	890	6.62	2571	19.13
14 : BOWLING	100	0.74	2671	19.87
15 : DANCE	889	6.62	3560	26.49
16 : FISHING	142	1.06	3702	27.55
17 : FOOTBALL	423	3.15	4125	30.69
18 : GARDENING	280	2.08	4405	32.78
19 : GOLF	316	2.35	4721	35.13
20 : HIKING	323	2.40	5044	37.53
21 : HOCKEY	41	0.31	5085	37.84
22 : HUNTING	58	0.43	5143	38.27
23 : JOGGING	560	4.17	5703	42.44
24 : KAYAKING	19	0.14	5722	42.58
25 : PUSH-UPS	179	1.33	5901	43.91
26 : RACQUETBALL	37	0.28	5938	44.18
27 : ROLLERBLADING	112	0.83	6050	45.02
28 : ROWING	24	0.18	6074	45.20
29 : RUNNING	982	7.31	7056	52.50
30 : SIT-UPS	245	1.82	7301	54.33
31 : SKATING	99	0.74	7400	55.06
32 : SKIING - CROSS COUNTRY	29	0.22	7429	55.28
33 : SKIING - DOWNHILL	30	0.22	7459	55.50
34 : SOCCER	346	2.57	7805	58.08
35 : SOFTBALL	114	0.85	7919	58.93
36 : STAIR CLIMBING	239	1.78	8158	60.70
37 : STRETCHING	349	2.60	8507	63.30
38 : SWIMMING	452	3.36	8959	66.66
39 : TENNIS	148	1.10	9107	67.77
40 : TREADMILL	395	2.94	9502	70.70
41 : VOLLEYBALL	209	1.56	9711	72.26
42 : WALKING	2187	16.27	11898	88.53
43 : WEIGHT LIFTING	613	4.56	12511	93.09
44 : YARD WORK	556	4.14	13067	97.23
50 : BOXING	33	0.25	13100	97.48
51 : FRISBEE	42	0.31	13142	97.79
52 : HORSEBACK RIDING	32	0.24	13174	98.03



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

Leisure time activity				
PADACTIV	Frequency	Percent	Cumulative Frequency	Cumulative Percent
53 : MARTIAL ARTS	46	0.34	13220	98.37
54 : WRESTLING	51	0.38	13271	98.75
55 : YOGA	47	0.35	13318	99.10
56 : CHEERLEADING AND GYMNASTICS	22	0.16	13340	99.26
57 : CHILDREN'S GAMES (E.G. DODGEBALL, KICKBALL)	11	0.08	13351	99.35
58 : ROPE JUMPING	14	0.10	13365	99.45
59 : SKATEBOARDING	18	0.13	13383	99.58
60 : SURFING	6	0.04	13389	99.63
61 : TRAMPOLINE JUMPING	12	0.09	13401	99.72
71 : OTHER	38	0.28	13439	100.00



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

Activity level				
PADLEVEL	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : MODERATE	6321	47.03	6321	47.03
2 : VIGOROUS	7118	52.97	13439	100.00



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

# of times did activity in past 30 days				
PADTIMES	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	7	0.05	7	0.05
1	1235	9.19	1242	9.24
2	1198	8.91	2440	18.16
3	690	5.13	3130	23.29
4	2070	15.40	5200	38.69
5	400	2.98	5600	41.67
6	217	1.61	5817	43.28
7	102	0.76	5919	44.04
8	143	1.06	6062	45.11
9	1624	12.08	7686	57.19
10	283	2.11	7969	59.30
11	9	0.07	7978	59.36
12	98	0.73	8076	60.09
13	1455	10.83	9531	70.92
14	54	0.40	9585	71.32
15	213	1.58	9798	72.91
16	22	0.16	9820	73.07
17	518	3.85	10338	76.93
18	3	0.02	10341	76.95
19	2	0.01	10343	76.96
20	162	1.21	10505	78.17
21	866	6.44	11371	84.61
22	13	0.10	11384	84.71
23	3	0.02	11387	84.73
24	12	0.09	11399	84.82
25	58	0.43	11457	85.25
26	124	0.92	11581	86.17
27	5	0.04	11586	86.21
28	9	0.07	11595	86.28
29	3	0.02	11598	86.30
30	1595	11.87	13193	98.17
31	1	0.01	13194	98.18
38	1	0.01	13195	98.18
39	1	0.01	13196	98.19
41	1	0.01	13197	98.20
43	8	0.06	13205	98.26
49	1	0.01	13206	98.27
51	1	0.01	13207	98.27



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

# of times did activity in past 30 days				
PADTIMES	Frequency	Percent	Cumulative Frequency	Cumulative Percent
56	1	0.01	13208	98.28
59	1	0.01	13209	98.29
60	122	0.91	13331	99.20
64	1	0.01	13332	99.20
69	1	0.01	13333	99.21
86	2	0.01	13335	99.23
90	55	0.41	13390	99.64
120	19	0.14	13409	99.78
150	15	0.11	13424	99.89
180	4	0.03	13428	99.92
210	7	0.05	13435	99.97
300	4	0.03	13439	100.00



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

Average duration of activity (minutes)				
PADDURAT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	6	0.04	6	0.04
10 to 600	13433	99.96	13439	100.00



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

MET score for activity				
PADMETS	Frequency	Percent	Cumulative Frequency	Cumulative Percent
2.5	391	2.91	391	2.91
3	486	3.62	877	6.53
3.5	2382	17.72	3259	24.25
4	929	6.91	4188	31.16
4.5	843	6.27	5031	37.44
5	962	7.16	5993	44.59
6	1859	13.83	7852	58.43
6.5	4	0.03	7856	58.46
7	1605	11.94	9461	70.40
8	2653	19.74	12114	90.14
9	56	0.42	12170	90.56
10	1269	9.44	13439	100.00



Physical Activity Section of the SP and MEC CAPI Questionnaire Individual Activity File
(Paqiaf_b .XPT)
September 2004

Questionnaire source flag for weighting				
PAAQUX	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : Sample Person Interview Questionnaire Targets (B(16-150))	10342	76.96	10342	76.96
2 : MEC CAPI Questionnaire Targets (B(12-15))	3097	23.04	13439	100.00