

Estimated Time
15-20 minutes daily for a week

Supplies

- Weather page from a newspaper
- Crayons or Colored pencils
- EPA's What is the UV Index? Fact Sheet (<http://www.epa.gov/sunwise/uvwhat.html>)
- EPA's Action Steps for Sun Protection Fact Sheet (<http://www.epa.gov/sunwise/actionsteps.html>)

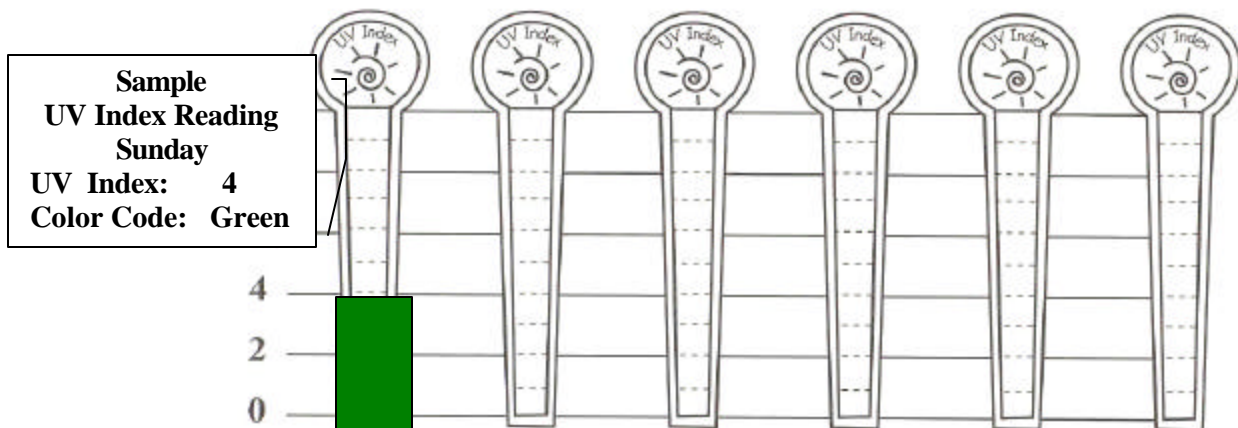
Objective

- Have students read for information from a newspaper.
- To collect, organize and display data.
- To communicate proper sun safe action steps based on the UV Index Reading.

Directions

- 1) Use the weather map from the newspaper and locate the UV Index Number for today in your area.
- 2) Follow the example for Sunday and fill the UV Index reading for each day of the week. Use the appropriate colors to fill in the meter.
- 3) Ask students to discuss, list or draw appropriate sun safe action steps for each day (Refer to EPA's What is the UV Index and Action Steps for Sun Protection Fact Sheets)

UV INDEX		
The higher the UV Index the greater the need for skin and eye protection.		
Index Number	Exposure Level	Color Code
0-2	Minimal	Blue
3-4	Low	Green
5-6	Moderate	Yellow
7-9	High	Orange
10+	Very High	Red



Day of Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Index Number	4					
Color Code	Green					