

National Health and Nutrition Examination Survey (NHANES)
Assent for Specimen Storage and Future Research
(participants ages 7-17 years)

Q Why will some of my blood and urine be kept for future studies?

A We would like to keep some of the urine and blood you give us during your exam for future research studies. These samples will be placed in a special place called a specimen bank and will be used as long as they last.

Q What studies will be done with my samples?

A At this time, no specific studies are planned besides the tests included in your NHANES exam. As scientists find new ways to learn more about health and diseases, other studies will be conducted that may include your samples. The scientists conducting these studies will not contact you for any additional information.

We will keep strictly private all health data and samples that we collect in NHANES. Our staff is not allowed to discuss that you are part of this survey under penalty of Federal law: Section 308(d) of the Public Health Service Act (42 USC 242m) and the Privacy Act of 1974 (5 USC 552A).

Q Who can use my samples for future research?

A Scientists can ask to use your samples if they think there are new ways to measure how healthy you are. The NHANES program will always know which samples belong to you, but we will not give other scientists any information that could identify you.

Q Will I receive results from any future research tests?

A Most studies will simply add to our knowledge of health and disease. Therefore, we do not plan to give you or your parents individual results from these studies. Periodically we will send a newsletter telling you and your parents about the research studies being conducted. If you would like more general information about a particular study, you or your parents can call us at our toll-free number shown below.

Q How can I remove my samples from the specimen bank?

A In the future, if you or your parents want your samples removed from the specimen bank, call the toll-free number below.

Your parent has agreed that we can place small samples of your blood and urine in a specimen bank. Scientists can then use your samples to learn more about health and disease. Please read the sentence below and think about your choice. Circle the answer that is right for you.

1. I agree that my blood and urine may be kept for future research to help understand health and disease.

Yes

No

I understand that my individual results from research studies will not be made available to me. I can contact the NHANES staff at 1-800-452-6115 to have my sample withdrawn from future research at any time.

Signature of participant

Date

Signature of staff member

Date

Witness (if required)

(Date)

Print name
of participant

First

Middle

Last

SP ID