



Who should get a flu vaccination?



People who are 65 years old or older —

Even if you're in great health!

Children 6 to 23 months old —

Children younger than 2 years old have one of the highest rates of hospitalization from influenza

Adults and children with a chronic health condition —

Like heart disease, diabetes, kidney disease, asthma, cancer, or HIV/AIDS

Women who will be pregnant during flu season —

Flu season is typically November through March

Residents of nursing homes and long-term care facilities

Children aged 6 months to 18 years on chronic aspirin therapy

Healthcare workers involved in direct patient care

Out-of-home caregivers and household contacts of children younger than 6 months

If you're not in one of these groups, you should not get vaccinated, to allow those at highest risk to get a shot.

Department of Health
and Human Services
Centers for Disease Control
and Prevention



For more information, ask your healthcare provider or call the CDC Immunization Hotline
English and Español **800-CDC-INFO** Website **www.cdc.gov/flu**