## **Swallowing Test**

You are scheduled for a swallowing test. For this test, x-ray pictures will be taken while you drink a liquid containing barium. This test helps your doctor study how you swallow.

**Preparation:** Usually, there is no preparation, but if an upper G.I. x-ray is needed, do

not eat after midnight on the day of the test.

**Procedure:** You will be asked to swallow a drink containing barium. Your swallow-

ing will then be filmed by x-ray.

After the **Procedure:** 

• The results of this test will be reported to you and your family.

• You may be given medication to help your body rid itself of barium.

If you have questions about the procedure, please ask. Your nurse and doctor are ready to assist you at all times.

## **Special** Instructions:



This information is prepared specifically for patients participating in clinical research at the Warren Grant Magnuson Clinical Center at the National Institutes of Health and is not necessarily applicable to individuals who are patients elsewhere. If you have questions about the information presented here, talk to a member of your healthcare team. Questions about the Clinical Center? OCCC@cc.nih.gov

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