

#### By:

Sarah Levin Martin, PhD. <u>sjl2@cdc.gov</u>
Rene Lavinghouse, PhD. <u>shl3@cdc.gov</u>
Centers for Disease Control and Prevention



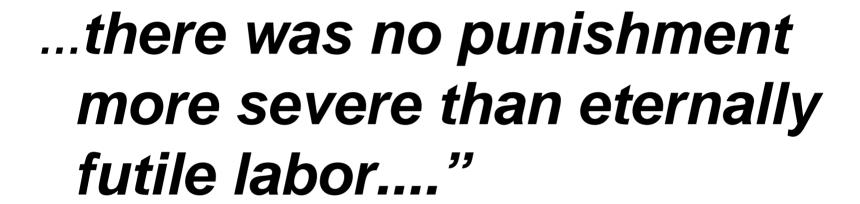
#### Objectives: Be able to...

- Describe the purposes and uses of program evaluation
- Identify and describe the steps in the CDC program evaluation framework
- Develop a logic model
- Recognize how a logic model can be used for program planning and evaluation purposes.



# Why We Evaluate...

"... The gods condemned Sisyphus to endlessly roll a rock up a hill, whence it would return each time to its starting place. They thought, with some reason...



The Myth of Sisyphus



#### What is Evaluation?

- Evaluation is...
  - □ the systematic investigation of the merit, worth, or significance of an "object"
- Program is...
  - any organized public health action/activity



## Hence, Program Evaluation is...

■ The <u>systematic</u> collection of information about the activities, characteristics, and outcomes of programs to make judgments about the <u>program</u>, improve <u>program</u> effectiveness, and/or inform decisions about future <u>program</u> development (Michael Quinn Patton)



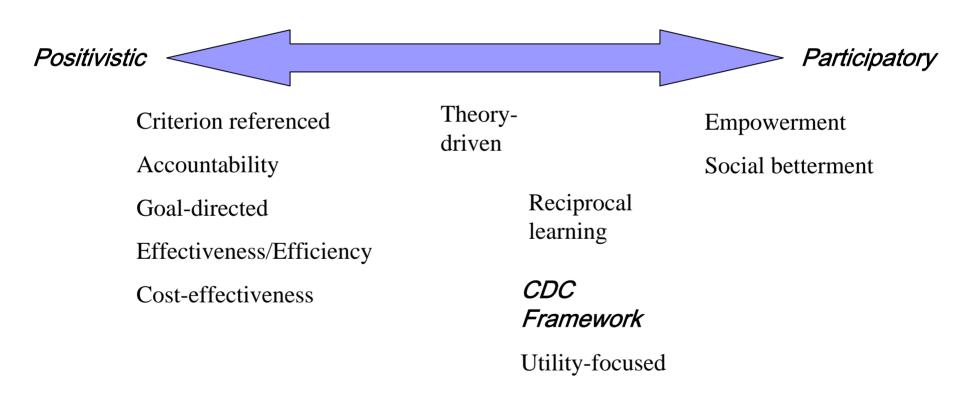
#### While Research is...

 Systematic investigation, including research development, testing and evaluation, designed to develop or contribute to generalizable knowledge.

#### How Program Evaluation fits in with...

- Planning asks what actions will best reach our goals and objectives. <u>Evaluation</u> results are raw material for this discussion.
- Performance Measurement sets milestones/markers to monitor "how are we doing"? <u>Evaluation</u> complements by looking behind the markers to find out "why are we doing well or poorly"?
- Surveillance is continuous/routine data collection on various factors over regular intervals of time. Surveillance systems are <u>data source for evaluation--</u> especially of long-term and pop-based outcomes. Also, main resource for <u>formative (pre-implementation)</u> <u>evaluation.</u>



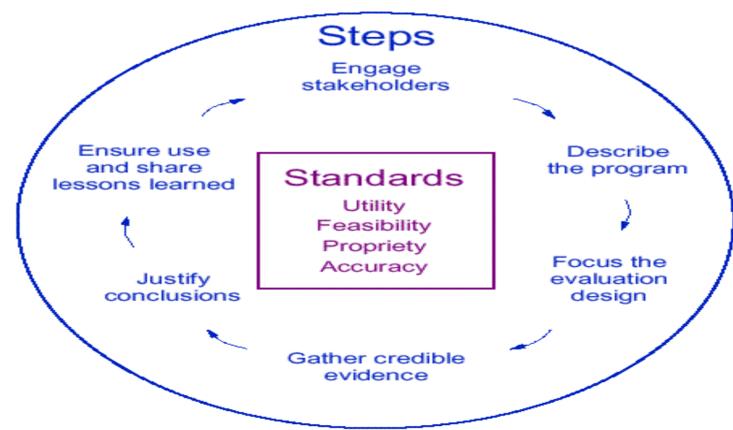




- Grew from two observations
  - ■Not much evaluation was being done
  - □The evaluation that was done was not making a difference
- Multi-stage and inclusive process to help devise and approach to good evaluation
- Result was a 6-step framework the was informed by 4 sets of standards

# Framework for Program Evaluation

FIGURE 1. Recommended framework for program evaluation



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# Underlying Logic of Steps

No eval is good unless... results are <u>used</u> to make a difference

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# Underlying Logic of Steps

- No eval is good unless... results are <u>used</u> to make a difference
- No results are used unless... a market has been created prior to creating the product
- No market is created unless.... the eval is well-focused, including most relevant and useful questions
- No eval focus is the right one unless...it reflects what the program is really about and checks assumptions with stakeholders

# Key Role of Evaluation Standards

- Little evaluation done because "overkill" on models and rigor; An overidentification with "summative" evaluation
- Need to shift eval from "Did program work?" to "Is program working?"
- Hence.. Always <u>some</u> evaluation question, but varies over time.

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#### The Four Standards

At each step, want option that maximizes:

- Utility: Who needs the info from this evaluation and what info do they need?
- Feasibility: How much money, time, and effort can we put into this?
- Propriety: Who needs to be involved in the evaluation to be ethical?
- Accuracy: What design will lead to level of quality of info needed for this eval?



- ALL current evaluation framework emphasize stakeholders and roadmapping/logic modeling
- For CDC and public health, especially important:
  - ■We are removed from frontline efforts.
    Need others to take action.
  - □ Programs are complex and long-term.Change happens in sequence over time



- 1. <u>Engage stakeholders</u>: Decide who needs to be part of the design and implementation of the evaluation for it to make a difference.
- 2. <u>Describe the program</u>: Draw a "soup to nuts" picture of the program— activities and all intended outcomes.
- 3. *Focus the evaluation*: Decide which evaluation questions are the key ones

# Step-by-Step

#### Seeds of Steps 1-3 harvested later:

- 4. **Gather credible evidence**: Write indicators and choose and implement data collection sources and methods
- 5. <u>Justify conclusions</u>: Review and interpret data/evidence to determine success of failure
- 6. *Use lessons learned*: Use evaluation results in a meaningful way.

# Constructing Simple Logic Models

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# A Fully Described Program or Intervention...

- Addresses an identified need
- Has an identified target group(s)
- Has specific intended outcomes/objectives in mind for those groups
- Includes activities relevant to those outcomes/objectives
- Specifies the relationship between <u>specific</u> activities and outcomes/objectives

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#### Linking Planning and Evaluation Terms

- Long-Term Outcome (Goal)
  - Describes overall mission/purpose of program
- Short-Term, Mid-Term or Intermediate
   Outcome (Objectives)
  - Describes results to be achieved
  - Specific and measurable

#### Activities

- Specific activities, procedures expected to occur
- Must occur before outcome can be achieved

# Linking Planning and Evaluation



Implementation Fidelity/Process Evaluation

Short/Mid-Term
Outcome
Evaluation

Long-Term Outcome Evaluation

# Logic Models and Program Description

#### Logic Models :

□ Graphic depictions of **relationship** between a program's activities and its **intended** effects

#### What is Distinctive...

- "Relationship." Depicts the relationship/pathway from activities to effects
- "Intended". Depicts the intention and not the reality. Is first, not last step in planning and evaluation.
- Logic model is always evolving, as evaluation and reflection provide insights on what works and doesn't work

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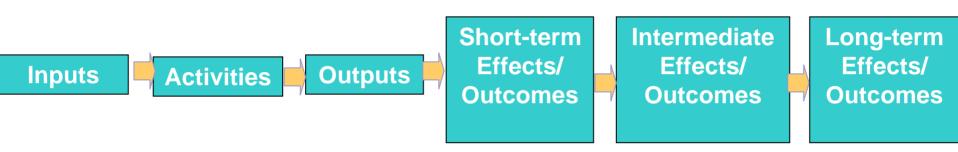
# Logic Model Terminology

- Activities: What the program and its staff actually do
- Effects/Outcomes: The changes that result in someone or something other than the program and its staff.

#### But, also...

- **Inputs:** The "platform" of resources that are needed to mount the program's activities.
- Outputs: The tangible "products" that are produced by the activities.

# Step 2: Describing the Program: Complete Logic Model



# Why Bother With Logic Models?

- Clarity for <u>you</u>
- Clarity <u>between you and stakeholders</u> on:
  - What are activities
  - ☐ What are intended effects
  - What is the sequence/order of intended effects
  - □ Which activities are to produce which effects
- And, once clarity and consensus happen, to <u>set up discussions</u> about key planning and evaluation choices related to the program



- Examining program descriptions, MISSIONS, VISIONS, PLANS, ETC and extracting these from the narrative, <u>OR</u>
- 2. Starting with outcomes, ask "how to" in order to generate the activities which produce them, *OR*
- 3. Starting with activities, ask "so what" in order to generate the outcomes that are expected to result



Sequence activities into 2+ columns--Which activities have to logically occur before other activities can occur?

Sequence outcomes into 2+ columns--Which outcomes have to logically occur before other outcomes can occur?

# Some Case Illustrations of Logic Models

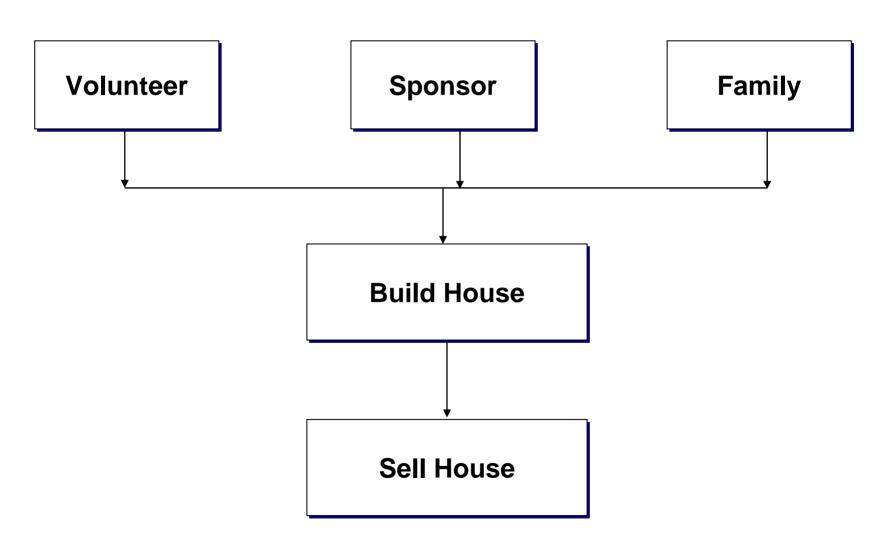


# Listing Activities and Outcomes: Habitat for Humanity

- Activities
  - Identify and engage sponsors
  - Organize volunteers
  - □ Select families

- Effects/Outcomes
  - □ Build house
  - □ Sell house to family

#### Habitat for Humanity



# Listing Activities and Effects: Lead Poisoning

- Activities
  - Outreach
  - Screening
  - Case management
  - □ Referral for medical tx
  - Identification of kids with elevated lead (EBLL)
  - □ Environmental assessment
  - □ Referral for env clean-up
  - Family training

- Effects/Outcomes
  - □ Lead source identified
  - Families adopt inhome techniques
  - EBLL kids get medical treatment
  - Lead source gets eliminated
  - □ EBLL reduced
  - Developmental "slide" stopped
  - □ Q of L improved

# Sequencing Activities

- Early Activities
  - □ Outreach
  - □ Screening
  - Identification of elevated kids

- Later Activities
  - □ Case management
  - Child referred to medical treatment
  - Environmental assessment
  - Environment referred for clean-up
  - □ Training of families in inhome techniques

# Sequencing of Outcomes/Effects

- Early Outcomes
  - Lead source identified in environment
  - □ EBLL kids get medical treatment
  - Families do in-home reduction techniques
  - □ Environment cleaned-up
  - Lead source gets eliminated

- Later Outcomes
  - □ EBLL reduced
  - Developmental "slide" stopped
  - Quality of life improves

#### **Global Logic Model: Childhood Lead Poisoning Program**

<b>Early Activities</b>
If we do

Outreach

Screening

ID of elevated kids

#### **Later Activities**

And we do...

Case mgmt of EBLL kids

Refer EBLL kids for medical treatment

Train family in inhome techniques

Assess environment of EBLL child

Refer environment for clean-up

#### **Early Outcomes**

Then....

EBLL kids get medical treatment

Family performs in-home techniques

Lead source identified

Environment gets cleaned up

Lead source removed

Later Outcomes

And then...

**EBLL** reduced

Develop'l slide stopped

Quality of life improves

# Now What?

Now have 4-column logic model table.

- MAY be all you need, *OR…* 
  - □ For comprehensive description, may need to add inputs and outputs, OR...
  - □ For *planning and evaluation*, may take next step and draw arrows to depict implied "causal" relationships

# Lead Poisoning: Sample Inputs and Outputs

- Inputs Needed for Activities
  - □ Funds
  - □ Trained staff
  - Relationships with orgs for med tx and env clean-up
  - Legal authority to screen

- Outputs of Activities
  - □ Pool (#) of eligible kids
  - □ Pool (#) of screened kids
  - □ Referrals (#) to medical treatment
  - □ Pool (#) of "leaded" homes
  - □ Referrals (#) for clean-up

#### Global Logic Model: Childhood Lead Poisoning Program

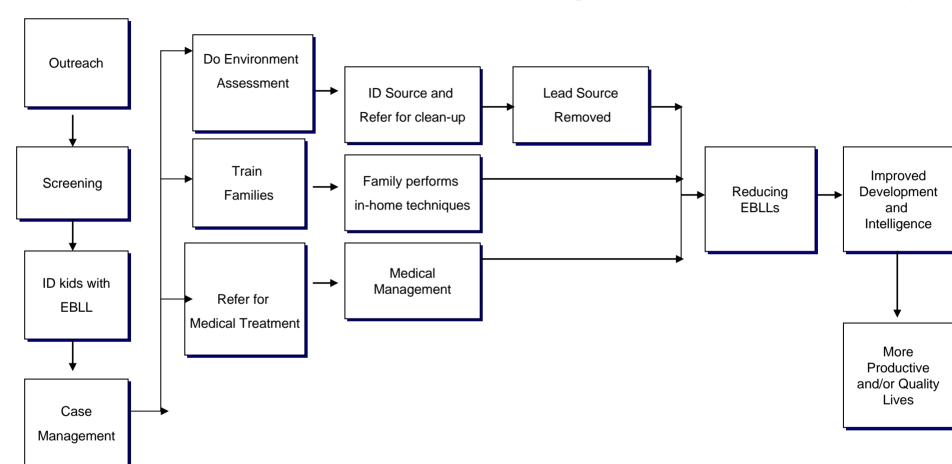
Inputs	Early Activities	Later Activities	Outputs	Early Outcomes—	Later Outcomes
Funds  Trained staff  R'ships with orgs for med tx and clean up  Legal authority	Outreach  Screening  ID of elevated kids	Do case mgmt  Refer for medical treatment  Train family in in-home techniques  Assess environ't	Pool (#) of eligible kids  Pool (#) of screened kids  Referrals (#) to medical treatment  Pool (#) of "leaded" homes	EBLL kids get medical treatment  Family performs in- home techniques  Lead source identified  Environ cleaned up	EBLL reduced  Develop'l slide stopped  Quality of life improves
		Refer house for clean-up	Referrals (#) for clean-up	Lead source removed	41

# Showing "Cause" in the Model

Arrows can go from:

- Activities to other activities: Which activities feed which other activities?
- Activities to outcomes: Which activities produce which intended effects/outcomes?
- Early effects/outcomes to later ones: Which early effects/outcomes produce which later effects/outcomes

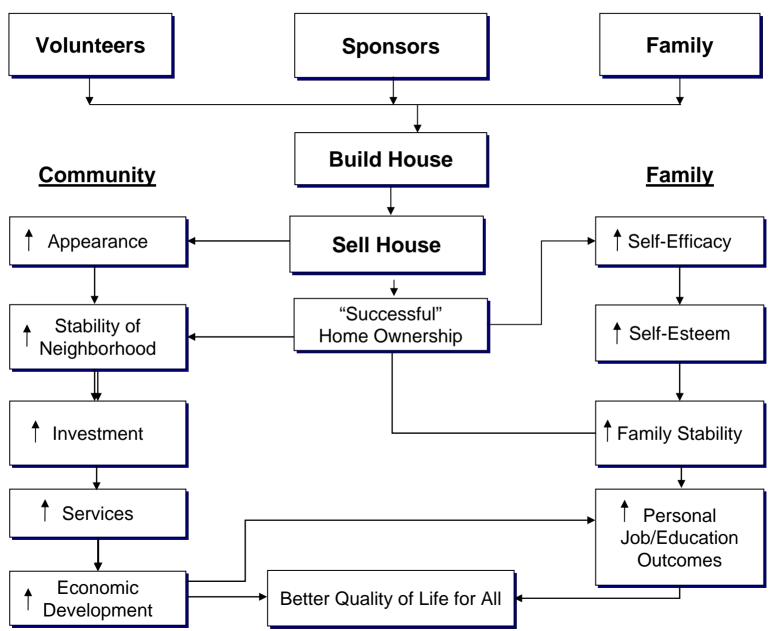
#### Lead Poisoning: "Causal" Roadmap





- Elaborate the chain of effects
  - "Go long!" Extrapolate the chain until distal outcomes are expressed.

#### Habitat for Humanity





- Elaborate the chain of effects:
  - (Back)fill in the blanks. Elaborate any intermediate links between the activities and the distal effects/outcomes.

# Filling in the Blanks....



# Group Exercise: Case Study

Read the KidsWalk case study, then work in your group to:

- Develop a list of activities and outcomes/effects
- Put each activity and outcome on a Post-It note. ONE PER POST-IT NOTE. Use marker and write big so others can see.
- Place the Post-it notes on flip chart paper
- Move the around to depict the logical sequencing, i.e. 2+ columns to depict early and late activities and early and late effects
- Draw lines to show causal connections

#### **Global Logic Model Table: KidsWalk-to-School**

#### **Early Activities**

If we ...

Recruit volunteers

Form partnerships

Assess community need and interest

Assess "walkability" of the community

#### **Later Activities**

And we...

Hold kick-off and promo events

Conduct organized regular walks

Educate/advocate on walkability issues

#### **Early Outcomes**

Then....

Increase in kids walking to school

Increase in awareness of walkability issues

More community involvement

# Later Outcomes And then...

More community cohesion and action

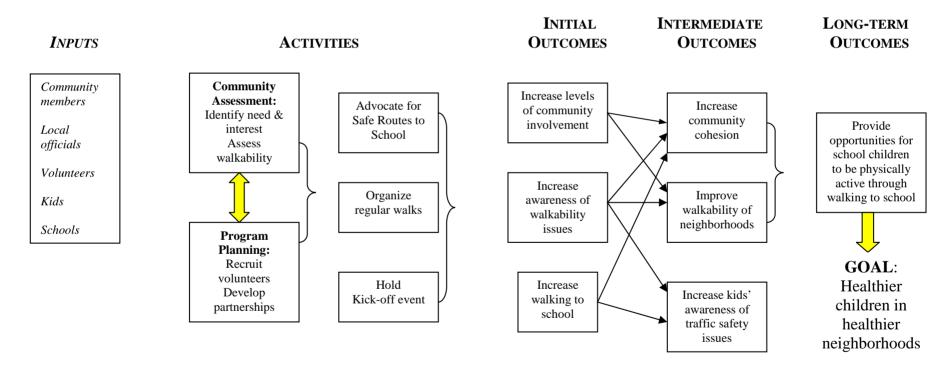
More walkable neighborhoods

Continually active kids

Healthier kids and neighborhoods

# KidsWalk Logic Model

Problem: Few opportunities for school children to be physically active throughout the day



# **Terminology**

#### Many terms to convey same thing:

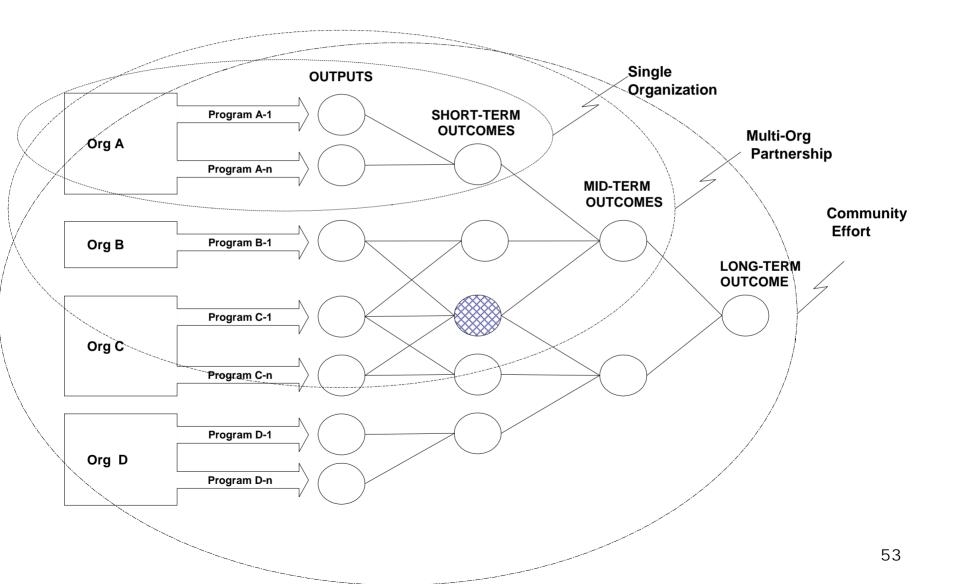
- To convey sequence of outcomes
  - Impacts and outcomes
  - Outcomes and impacts
  - □ Short-, mid-, and long-term
  - □ Proximal, intermediate, and distal effects
- "Objectives"
  - Another name for short and mid-term outcomes
  - A measurable statement about any part of the program

### How Detailed?

- Function of purpose of the logic model
  - Stakeholders—global view alone
  - Managers—detailed action plans
- BUT, view collection of models as a related family--"nested" models

Not different models, but each an elaboration of level above

# Programs as "Networks"

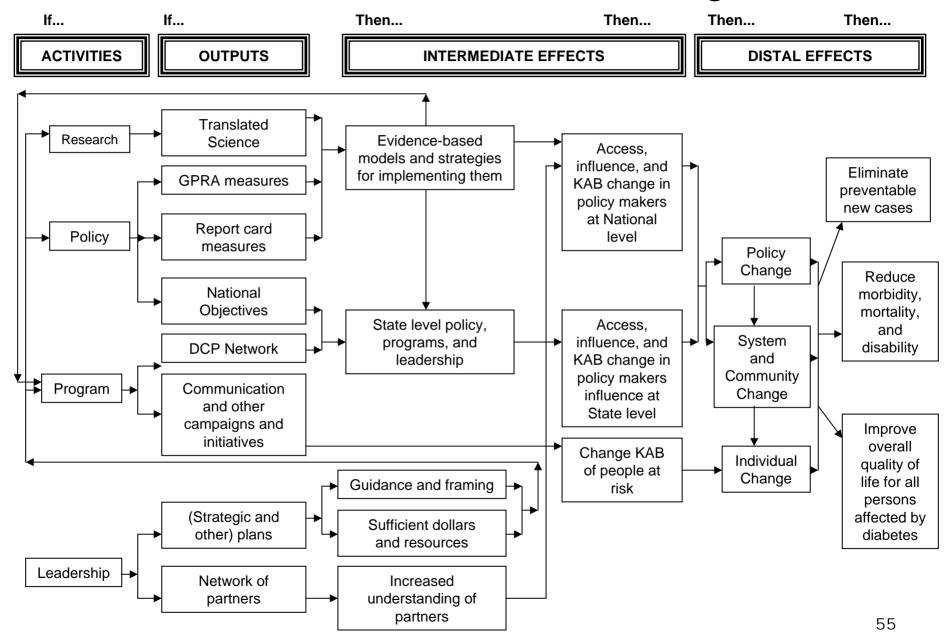


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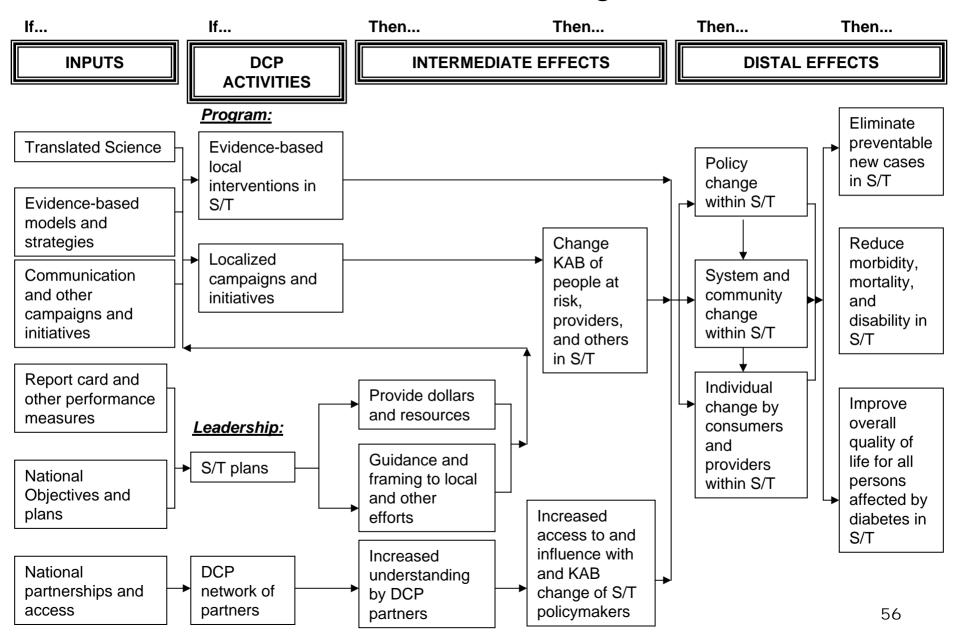
# **Nested Logic Models**

- "View from space." Overall road map that shows all players and roles
- "10,000 foot view." Basic models depicting activities
   and effects for specific efforts
- "Ground level" logic models. Specific models for activities and effects of each actor (I.e., "You are here")

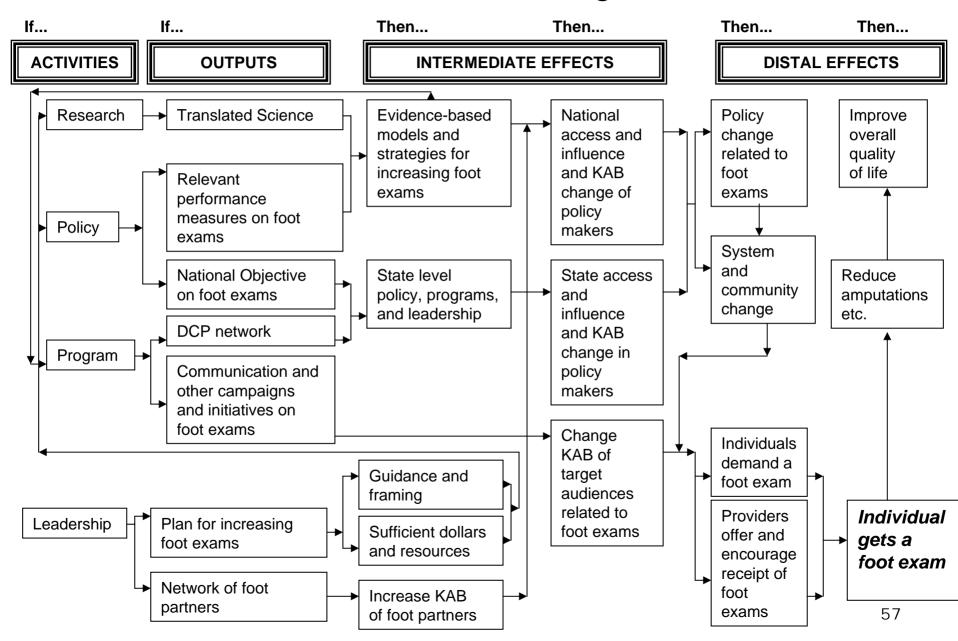
#### Global Model: Diabetes Control Program



#### Zoom-In Model: Diabetes Control Program: State DCPs



#### Zoom-In Model: Diabetes Control Program: Foot Exam Goal



# Group Exercise: Tweaking The Logic Model

- Examine your group's simple logic model
- Elaborate as necessary, thinking about the following:
  - □ Do I need to elaborate further "downstream"?
  - □ Do I have some embedded "miracles" that need more detail?
- Think about "zoom-in" models that might be beneficial for your particular program

# Using Your Logic Model

An array of uses of the logic model:

 To gain clarity and consensus with stakeholders

- To help organize your thinking about program performance:
  - □ To improve or enhance a program—<u>planning</u>
    <u>use</u>
  - □ To identify key effects and processes to be measured—<u>evaluation use</u>

# Putting Your Logic Model to Use in Program Evaluation

# Logic Model Informs Two Steps in F'work

#### In F'work Step 1. Engage Stakeholders:

- □ Who are major stakeholders for our efforts?
- Where in this model do they want to see success?
- Who needs to be engaged upfront to ensure use of results?

#### In F'work Step 3. Setting Eval Focus:

- □ Today, 1 year, 5 years, 10 years, where in the model should I be measuring changes?
- If no change, where should I look for problems?



## Who are Stakeholders?

- Three major groups:
  - Those served or affected by the program
  - Those involved in program operation
  - Primary intended users of the evaluation findings

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# Step 1: Agony/Ecstasy of S'holders

- Can disagree with us/each other on...
  - Definition of the problem
  - Priority activities and outcomes
  - ■What outcomes mean "success"
- **BUT, can help ensure...** 
  - Credibility of evaluation->access respondents
  - Credibility of results
  - Dissemination of results->advocate change
  - Implementation of results

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## Which S'holders Matter Most?

#### Those who...

- Enhance credibility of the intervention
- Enhance credibility of the evaluation
- Implement the programs being evaluated
- Can advocate for/make recommended changes
- Can fund, authorize, expand the program

## Some Stakeholder Preferences:

- Cost and cost-benefit
- Efficiency of delivery of services
- Health disparities reduction
- Population-based impact, not just impact on those participating in the intervention
- Causal attribution



# Group Exercise: Engaging Stakeholders

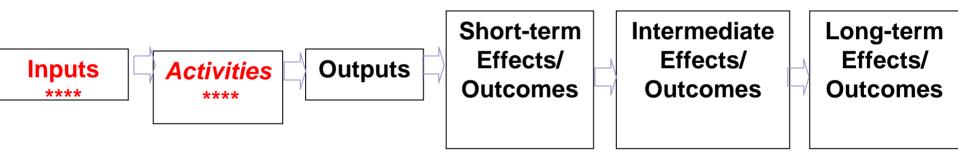
Read the KidsWalk case study, then work in your group to:

List potential stakeholders

## Step 3. Key Domains in Eval Focus

- Implementation (Process)
  - □ Is program in place as intended?
- Effectiveness (Outcome)
  - Is program achieving its intended short-, mid, and/or long-term effects/outcomes?
- Efficiency
  - How much "product" is produced for given level of inputs/resources?
- Causal Attribution
  - Is progress on outcomes due to your program?

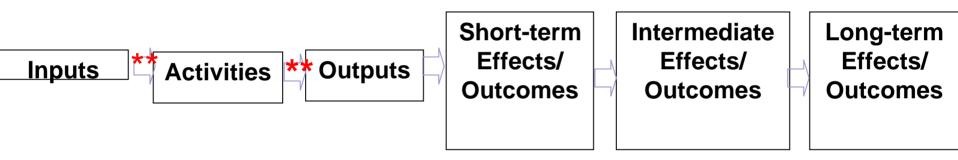
# **Evaluation Domains: Implementation**



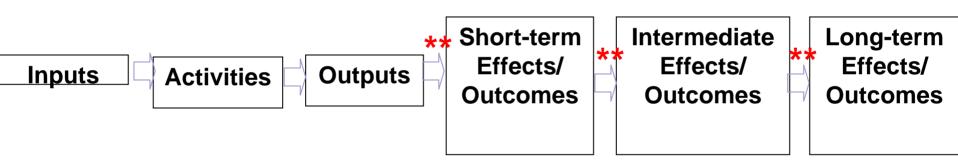
#### **Evaluation Domains: Effectiveness**



## **Evaluation Domains: Efficiency**



# Evaluation Domains: Causal Attribution



# Setting Focus: Some Rules

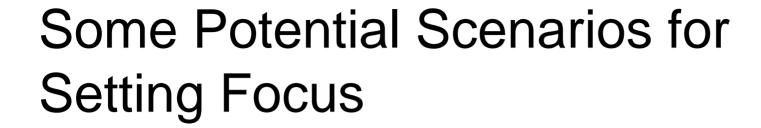
Based on "utility" standard:

- Purpose/User: Who wants the info and what are they interested in?
- *Use:* How will they use the info?
- Needs of Key S'holders: From Step 1: What (else) did we conclude key s'holders are most interested in?

### Setting Focus: "Reality Checking" the Focus

Based on "feasibility" standard:

- Stage of Development: How long has the program been in existence?
- Program Intensity: How intense is the program? How much impact is reasonable to expect?
- Resources: How much time, money, expertise are available?



- I: At Year 1, other communities want to adopt your model but want to know "what are they in for"
- II: At Year 3, you are seeking funding from a large foundation with a community improvement focus so that you can extend the program to a second community.
- III: At Year 5, the auditing branch of your major government funder wants to know if you have "spent our money well"

#### Reality Check...

Are elements of focus reasonable given:

- How long program has been in place?
- ■How intense effort is?
- "Middling" funds for evaluation?

#### Factors Re: Choice of Evaluation "Process" Focus

- What are the likely key challenges to "implementation fidelity?
- "Dropped baton" issues are key
  - □ Partner failed to do their part
  - Client/family/patient failed to fulfill their referral
- Other common challenges
  - □ Inadequate dosage
  - □ Bad access
  - □ Failure to retain participants
  - □ Wrong match of staff and participant

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### Group Exercise: Evaluation Focus: Scenario 1

■ YOU are the community next door that has heard about the program and its progress in its first year. YOU want to try it but wonder what you're in for. What kind of things in particular are you looking for data on?

### Group Exercise: Evaluation Focus: Scenario 2

YOU are a community foundation who is going to be asked by this organization to give them funding to expand to a second community with this intervention. The org wants to know "what kind of stuff do we have to show you" based on our first three years to persuade you to fund them. What elements of the logic model would you tell them to focus on?

### Group Exercise: Evaluation Focus: Scenario 3

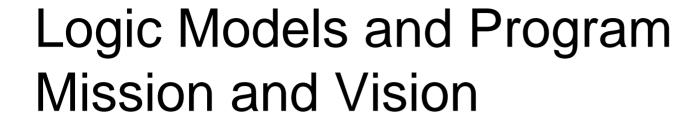
■ YOU are a local community organization with a focus on "neighborhood improvement" and are being asked to join as a supporter of this program effort as it moves into its third year. What parts of the logic model do you want to see data on to make your decision?

# Putting Your Logic Model to Use in Program Planning

### Using Logic Models in Program Planning

- Clarifying the sequence of outcomes and the relationship between activities and specific outcomes helps you:
  - Examine/refine the mission and vision, goals and objectives
  - □ Identify the most important outcomes desired—the "staked claim"
  - Identify the "critical path"
  - Identify weak and strong components of the program and ways to enhance performance

### Defining Your "Vision" and "Mission"



Vision—How the world will be different because of our program. i.e. "A world without..."

[Look in the distal side of the model]

Mission—What major levers we will employ to change the world.

[Look at the intermediate outcomes and major activities to achieve them]

#### Group Exercise: Vision and Mission

Use your logic model to:

Write a simple vision statement

Write a simple mission statement

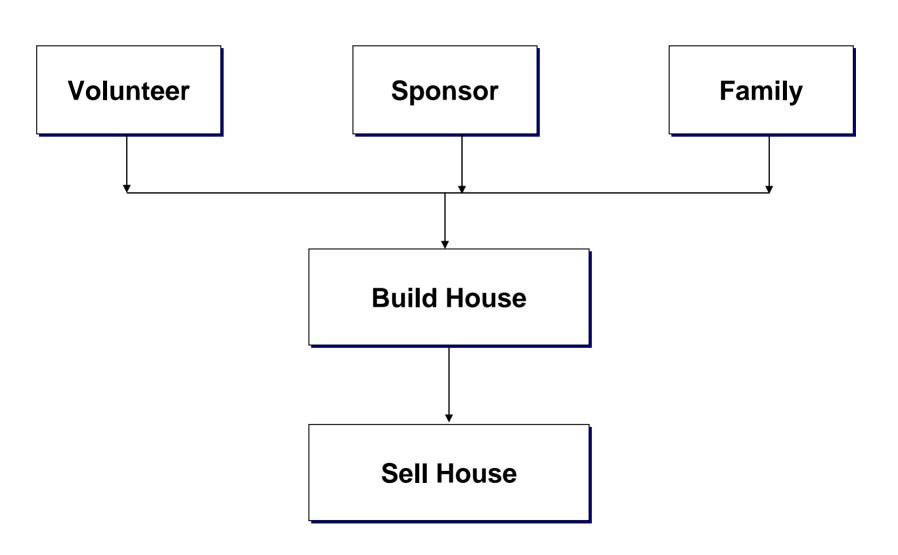
## Getting to the "Heart" of your Program



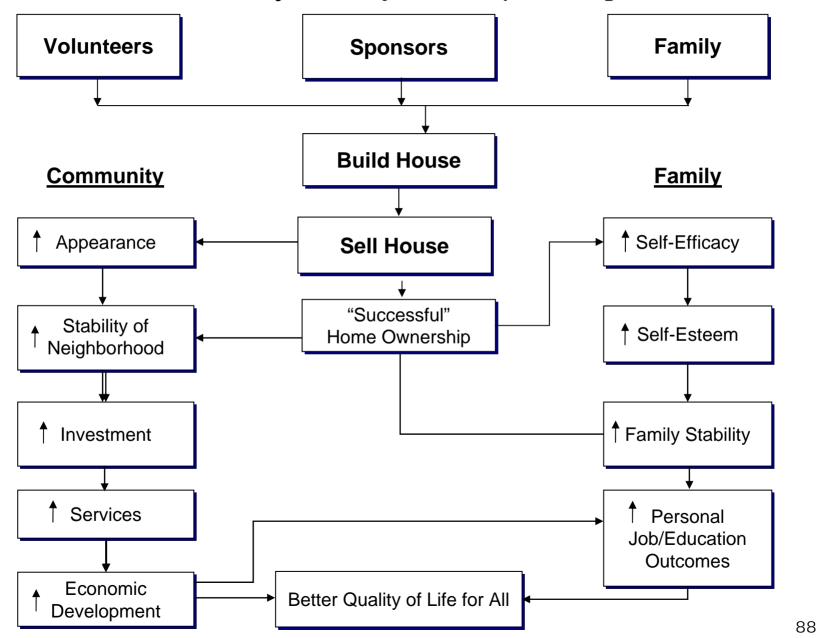
"Staked claim" is the outcome for which the program was created or which must occur for the program to be worth the effort. <u>May or may not be the same</u> as the program's defined mission.



### Habitat for Humanity *A picture of the mission statement...*



#### Habitat for Humanity: *The full story: The plot thickens...*

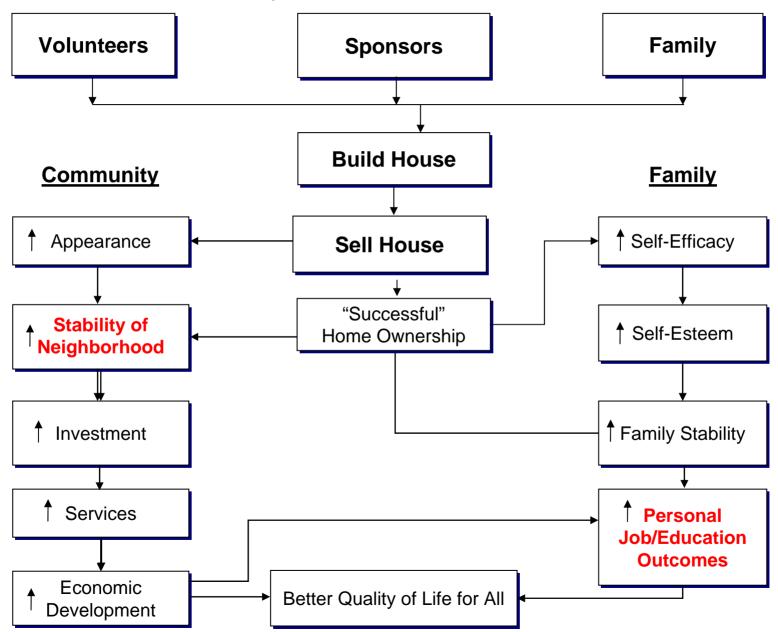




#### Is It Your "Staked Claim"?

- To determine if a given outcome is the program's "staked claim", ask:
  - Would program "feel bad" if outcome did not happen, AND
  - Can program DO anything/alter its own activities to improve chances the outcome will occur?

#### Habitat for Humanity: *The "staked claim"...*





### Group Exercise: Staked Claim

Define the staked claim for your program

# Identifying Your Critical Path

#### What Are My "Vital Organs?"

- "Staked claim" gives clarity on where you need to get to be "successful"
- But roadmap is a large landscape
- If efforts have to be reduced, which path(s):
  - □ Are most effective?
  - ☐ Are likely to get you there quickest?
  - □ Are most cost-effective?



### Group Exercise: Critical Path

Define the critical path for your program if resources were to be reduced significantly

#### Identifying Your Key Strategic Issues

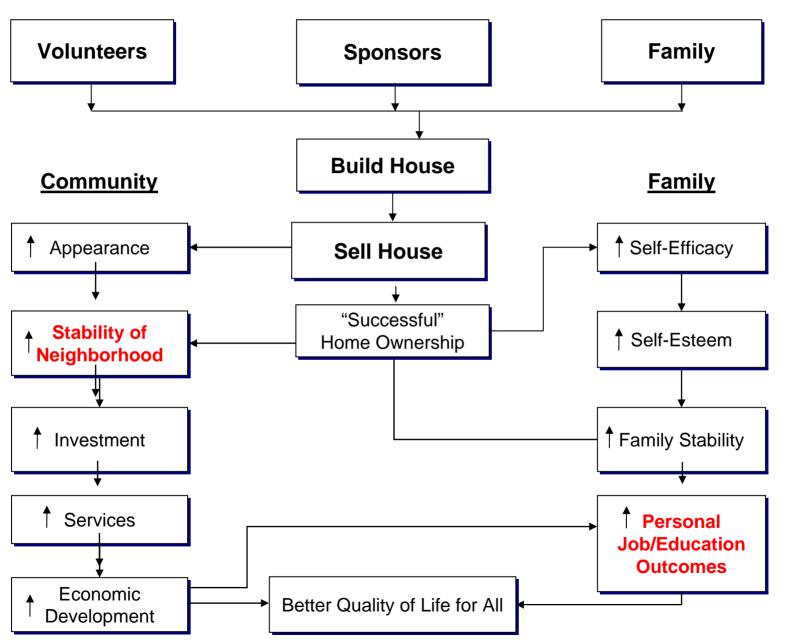


### What If You're Falling Short of Your "Staked Claim"?

Logic model helps you visualize:

- ■What activities are not happening?
- ■What "arrows" need strengthening?
- ■What activities might I need to add to increase "oomph"!

#### Habitat for Humanity: How can I add "oomph"



#### In Short...



#### Upfront Small Investment...

- Clarified relationship of activities and outcomes
- Ensured clarity and consensus with stakeholders
- Helped define the right focus for my evaluation
- Clarified vision, mission, goals, objectives, and their interconnection
- Helped me clarify my "critical path"
- Help me cut to the "heart" of my program and...
- How best to get there



...Everything I needed to know about life (or at least my program)...I learned from my logic model!!!

#### Life Post-Training

#### Helpful Human Resources

- Eval Team: Office of Strategy and Innovation (OSI)
  - Facilitation
  - Custom Training
  - Vendor contracts and contacts
  - □ Tom Chapel, 404-639-5284, TChapel@cdc.gov
- CDC Evaluation Forum Series
- Corporate University
  - Intro to Eval
  - □ Logic Modeling Practicum
  - □ Evaluation Practicums
  - Designing Program Strategy
  - Advanced courses in evaluation
- Summer Eval Institute at CDC

### Helpful Publications @ www.cdc.gov/eval



Examination

September 17, 1999 / Vol. 48 / No. RR-11

Recommendations and Reports

Framework for Program Evaluation in Public Health



An Evaluation Framework for Community Health Programs

# Helpful Resources: Logic Modeling

Harvard Family Research Project: <a href="http://www.gse.harvard.edu/hfrp/">http://www.gse.harvard.edu/hfrp/</a>

Kellogg Foundation Logic Model Development Guide: <a href="www.wkkf.org">www.wkkf.org</a>

University of Wisconsin-Extension: <a href="http://www1.uwex.edu/ces/lmcourse">http://www1.uwex.edu/ces/lmcourse</a>

### Community Tool Box <a href="http://ctb.ku.edu">http://ctb.ku.edu</a>

