

---

# Guidance for Industry Exocrine Pancreatic Insufficiency Drug Products – Submitting NDAs

## *DRAFT GUIDANCE*

**This guidance document is being distributed for comment purposes only.**

Comments and suggestions regarding this draft document should be submitted within 60 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit comments to Dockets Management Branch (HFA-305), Food and Drug Administration, 5630 Fishers Lane, rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document contact (CDER) Monika Houstoun at 301-827-7310.

**U.S. Department of Health and Human Services  
Food and Drug Administration (FDA)  
Center for Drug Evaluation and Research (CDER)**

**April 2004  
Clinical Medical**

# **Guidance for Industry Exocrine Pancreatic Insufficiency Drug Products – Submitting NDAs**

*Additional copies are available from:  
Division of Drug Information, HFD-240  
Center for Drug Evaluation and Research  
Food and Drug Administration  
5600 Fishers Lane  
Rockville, MD 20857  
(Tel) 301-827-4573  
<http://www.fda.gov/cder/guidance/index.htm>*

**U.S. Department of Health and Human Services  
Food and Drug Administration (FDA)  
Center for Drug Evaluation and Research (CDER)**

**April 2004  
Clinical Medical**

## TABLE OF CONTENTS

<b>I. INTRODUCTION.....</b>	<b>1</b>
<b>II. BACKGROUND.....</b>	<b>1</b>
<b>III. CHEMISTRY, MANUFACTURING, AND CONTROLS SECTION OF THE APPLICATION.....</b>	<b>3</b>
<b>A. Drug Substance.....</b>	<b>3</b>
<b>B. Drug Product.....</b>	<b>4</b>
<b>C. Stability.....</b>	<b>4</b>
<b>D. Overages.....</b>	<b>4</b>
<b>E. Dissolution Method.....</b>	<b>5</b>
<b>IV. NONCLINICAL PHARMACOLOGY AND TOXICOLOGY SECTION.....</b>	<b>5</b>
<b>A. Toxicology.....</b>	<b>5</b>
<b>B. Pharmacology.....</b>	<b>5</b>
<b>V. HUMAN PHARMACOKINETICS AND BIOAVAILABILITY SECTION.....</b>	<b>5</b>
<b>VI. CLINICAL STUDIES FOR NEW PEPS (SECTION 505(b)).....</b>	<b>6</b>
<b>A. Considerations for Clinical Trial Development.....</b>	<b>6</b>
<b>B. Patient Populations in Clinical Studies.....</b>	<b>6</b>
<b>C. Endpoints (Outcome Measures) Efficacy.....</b>	<b>7</b>
<b>D. Safety.....</b>	<b>7</b>
<b>E. Design.....</b>	<b>7</b>
1. <i>Parallel studies.....</i>	<i>8</i>
2. <i>Randomized withdrawal.....</i>	<i>8</i>
3. <i>Crossover studies.....</i>	<i>9</i>
<b>VII. PEDIATRIC STUDIES FOR PEPS.....</b>	<b>9</b>
<b>BIBLIOGRAPHY.....</b>	<b>10</b>

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41

# Guidance For Industry<sup>1</sup>

## Exocrine Pancreatic Insufficiency Drug Products – Submitting NDAs

This draft guidance, when finalized, will represent the Food and Drug Administration's (FDA's) current thinking on this topic. It does not create or confer any rights for or on any person and does not operate to bind FDA or the public. An alternative approach may be used if such approach satisfies the requirements of the applicable statutes and regulations. If you want to discuss an alternative approach, contact the FDA staff responsible for implementing this guidance. If you cannot identify the appropriate FDA staff, call the appropriate number listed on the title page of this guidance.

### I. INTRODUCTION

This guidance is intended to assist manufacturers of exocrine pancreatic insufficiency drug products in preparing and submitting new drug applications (NDAs). This draft guidance is being issued concurrently with a notice in the *Federal Register* announcing that all orally administered pancreatic enzyme products (PEPs) are new drugs which will be approved for prescription use only, and explaining the conditions for continued marketing of these drug products.

FDA's guidance documents, including this guidance, do not establish legally enforceable responsibilities. Instead, guidances describe the Agency's current thinking on a topic and should be viewed only as recommendations, unless specific regulatory or statutory requirements are cited. The use of the word *should* in Agency guidances means that something is suggested or recommended, but not required.

### II. BACKGROUND

Pancreatic enzyme preparations of porcine or bovine origin have been available in the United States for the treatment of exocrine pancreatic insufficiency (EPI) in children and adults with cystic fibrosis and chronic pancreatitis since before the enactment of the Federal Food, Drug, and Cosmetic Act of 1938 (the Act). Under the Act, beginning in 1938, new drugs were required to

---

<sup>1</sup> This guidance has been prepared by the Division of Gastrointestinal and Coagulation Drug Products in the Center for Drug Evaluation and Research (CDER) at the Food and Drug Administration (FDA).

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

42 be the subject of approved NDAs. With the exception of one PEP approved in 1996, PEPs have  
43 been marketed without NDAs.

44  
45 There are approximately 30,000 children and adult patients with cystic fibrosis in the United  
46 States. Pediatric patients affected with cystic fibrosis (CF) and patients with chronic pancreatitis  
47 (CP) who have significant reduction of pancreatic function are unable to digest fats, proteins, and  
48 carbohydrates. As a consequence, the absorption of these nutrients is impaired, with the resultant  
49 malnutrition and a host of secondary complications, including retarded growth and development,  
50 impaired immune response, infections, and bleeding tendencies, among others.

51  
52 PEPs contain the ingredients pancreatin and pancrelipase, both of which contain the enzymes  
53 lipase, protease, and amylase. These enzymes break down fats (lipase), proteins (protease), and  
54 complex carbohydrates (amylase) into elementary units of small size that can traverse the  
55 intestinal mucosa, incorporate into the blood stream, and work as sources of energy and building  
56 blocks of tissues.

57  
58 In the *Federal Register* of November 8, 1985 (50 FR 46594), FDA published a notice of  
59 proposed rulemaking to establish a monograph for over-the-counter (OTC) exocrine pancreatic  
60 insufficiency (EPI) drug products. The Agency accepted the recommendations of the Advisory  
61 Review Panel on OTC Miscellaneous Internal Drug Products (the Panel) that EPI drug products  
62 be considered safe (generally recognized as safe, GRAS)<sup>2</sup> and effective (generally recognized as  
63 effective, GRAE)<sup>3</sup> and not misbranded. Interested persons were invited to submit new data,  
64 written comments, objections, or requests for an oral hearing on the proposed rulemaking. Based  
65 on the information received, the FDA reconsidered the approach in the November 8, 1985,  
66 proposed rulemaking and concluded that (1) an OTC monograph would not be sufficient to  
67 adequately regulate these drug products, (2) preclearance of each product to standardize enzyme  
68 bioactivity would be necessary, and (3) continuous physician monitoring of patients would also  
69 be necessary. It was the Agency's intent that such products be available by prescription only. In  
70 the *Federal Register* of July 15, 1991 (56 FR 32282), FDA proposed a regulation that would  
71 declare that OTC drug products used to treat EPI are not GRAE and GRAS and are misbranded.  
72 The final rule published on April 24, 1995 (60 FR 20162).

73  
74 In the proposed and final rules, the FDA discussed its review of the scientific data that provide  
75 the basis for the FDA's decision to require approval of PEPs through the new drug approval  
76 (NDA) process under section 505 of the Act.

77  
78 At this time, FDA expects to receive only NDAs, including section 505(b)(2) applications, for  
79 these products.<sup>4</sup> For the reasons described below, the Agency has determined that pancreatic

---

<sup>2</sup> GRAS, see 21 CFR 330.1.

<sup>3</sup> GRAE, see also 21 CFR 330.1.

<sup>4</sup> If the products vary by active ingredient (e.g., product 1: amylase and lipase; product 2: amylase and protease), then a separate application should be submitted. If the products vary only by potency ratios of the same active ingredients (e.g., product 1: amylase, 15,000 amylase units, lipase, 1,200 lipase units, and protease, 30,000 protease units, and product 2: amylase, 15,000 amylase units, lipase, 1,500 lipase units, and protease, 35,000 protease units),

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

80 extract drug products currently are not likely to be appropriate subjects for abbreviated new drug  
81 applications (ANDAs).

82

83 For a pancrelipase or pancreatin product to be approved as an ANDA, the proposed drug product  
84 would have to be shown to contain the same active ingredient(s) as an approved reference listed  
85 drug. Because of the complexity of pancreatic extract products, it is unlikely that currently  
86 available physiochemical and biological analytical tools would be able to demonstrate that the  
87 active ingredients in pancreatic extract products from two different manufacturers are the same.  
88 Therefore, the Agency has concluded that manufacturers currently are unlikely to obtain  
89 approval of pancreatic extract products under section 505(j) of the act.

90

91 Manufacturers interested in submitting ANDAs for pancreatic extract products are strongly  
92 advised to contact the Office of Generic Drugs (HFD-600) (Center for Drug Evaluation and  
93 Research, Food and Drug Administration, 7500 Standish Pl., Rockville, MD 20855) to discuss  
94 the feasibility of such an application.

95

96

### **97 III. CHEMISTRY, MANUFACTURING, AND CONTROLS SECTION OF THE 98 APPLICATION**

99

100 An NDA application must meet the requirements described in 21 CFR Part 314. Applicants  
101 should consult FDA's *Submitting Supporting Documentation in Drug Applications for the*  
102 *Manufacture of Drug Substances, Submitting Documentation for the Manufacture of and*  
103 *Controls for Drug Products*, and other related CDER guidances.<sup>5</sup> Applicants should also consult  
104 relevant International Conference on Harmonisation (ICH) guidance documents (e.g., Q1A,  
105 Q2A, Q2B, Q3C, Q5A, Q5C, and Q6B). Information unique to PEPs that should be provided in  
106 NDAs is described below.

107

#### **108 A. Drug Substance**

109

110 For the starting material used in the manufacturing process, information on animal species, tissue  
111 types, and countries of origin should be provided. Animals used should have been raised with  
112 the intent for use as human food. When ruminant tissues are used, they should not be derived  
113 from cattle born, raised, or slaughtered in BSE (bovine spongiform encephalopathy) countries  
114 (see 9 CFR 94.18).

115

116 The manufacturing (extraction and purification) process should be validated for its capability to  
117 remove and/or inactivate viral agents as recommended in ICH *Q5A*.

118

119 The drug substance should be fully characterized (based on ICH Q6B) using appropriate  
120 chemical, physical, and biological testing. Batch-to-batch consistency with respect to chemical

---

then separate NDAs need not be submitted. Different strengths or concentrations can be submitted in the same NDA.

<sup>5</sup> Agency guidances are available on the Internet at <http://www.fda.gov/cder/guidance/index.htm>.

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

121 identity, biological activity of different classes of enzymes including specific activity, and purity  
122 level should be demonstrated. Identity may be demonstrated by fingerprint analysis, using (but  
123 not limited to) the following methods:

- 124 • Chromatography (e.g., ion-exchange or reversed phase high-pressure liquid  
125 chromatography (HPLC))
- 126 • SDS-PAGE (sodium dodecyl sulfate-polyacrylamide gel electrophoresis)
- 127 • Isoelectric focusing (IEF)

128  
129 Similar methods can also be used to determine chemical purity. New analytical technology  
130 should be used when appropriate.

131  
132 Specifications for the drug substance should include tests for identity, biological activity of  
133 different classes of enzymes, purity, and other relevant attributes. Appropriate acceptance  
134 factors (e.g., limits and ranges) should be established and justified.

### **B. Drug Product**

135  
136  
137  
138 Specifications for the drug product should include tests for identity, biological activity of  
139 different classes of enzymes, degradants, dissolution, and other relevant attributes. Appropriate  
140 acceptance factors should be established and justified. When a novel or non-novel but non-  
141 compendial excipient is included in the formulation of the drug product, manufacturing and  
142 control information on the excipient should be provided. Refer to related sections in ICH Q6B.

### **C. Stability**

143  
144  
145  
146 Due to the inherent lability that has been observed with PEPs, stability data through  
147 12 months at the recommended storage temperature as well as 3 months of accelerated stability  
148 data should be provided.

149  
150 Additional stability data can be submitted as an amendment during the review process, and an  
151 expiration date will be determined based on the review of the stability data in the NDA.

152  
153 Primary stability data should be generated according to the guidance developed in ICH Q1A and  
154 Q5C. Primary stability studies should be performed with batches that are formulated to be  
155 released at 100 percent of the label-claimed potency. The proposed shelf life should not depend  
156 on the existence of a stability overage.

157  
158 Existing stability data not obtained under ICH conditions can be submitted as supporting data.

### **D. Overages**

159  
160  
161  
162 The finished product should be formulated to be released at 100 percent of the label-claimed  
163 potency to reflect accurate labeling, to reduce batch-to-batch variability in potency, and to reduce  
164 the amount of accumulated degradants in the product. As a result, patients will at no time receive  
165 a much higher or lower dose than intended, a possible safety concern.

166

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

167 **E. Dissolution Method**

168  
169 For novel dosage forms, an appropriate in vitro release test method should be developed.  
170 The dissolution method (or an appropriate modification of it) provided in the United States  
171 Pharmacopeia (USP) can be used.  
172

173  
174 **IV. NONCLINICAL PHARMACOLOGY AND TOXICOLOGY SECTION**

175  
176 **A. Toxicology**

177  
178 No toxicology studies are needed if excipients are classified as GRAS for oral administration.<sup>6</sup>  
179 Safety should be established through toxicology studies of new excipient(s) of the drug product  
180 which are not included under GRAS or not previously approved for the same route of  
181 administration, amount, or therapeutic use. For new excipients without previous clinical data,  
182 clinical trials of the drug product containing the new excipients should also be performed. If the  
183 new excipients are included under GRAS but are present in quantities in excess of the allowed  
184 levels, their safety should be established at the higher levels through toxicological studies of the  
185 excipients or the drug product containing the higher levels of the excipients. To determine their  
186 safety, the toxicology program for new excipients or for excipients with higher levels than listed  
187 for GRAS should supply data from long-term studies in a rodent and a nonrodent mammalian  
188 species plus standard reproductive toxicity and genotoxicity information (see Steinberg et al., *A*  
189 *New Approach to the Safety Assessment of Pharmaceutical Excipients, Regulatory Toxicology*  
190 *and Pharmacology*, 24, 149-154, 1996).<sup>7</sup> Information from published reports of toxicology  
191 studies should also be included in the NDA.  
192

193 **B. Pharmacology**

194  
195 Because of the extensive use of the marketed PEP products, no new pharmacology studies are  
196 necessary. FDA recommends applicants to summarize the published literature about the  
197 pharmacology of PEPs and submit this summary with bibliography as part of a 505(b)(2)  
198 application. In addition, we encourage submission of all available nonclinical information  
199 including any pharmacological data generated with the drug substance and/or drug product.  
200

201  
202 **V. HUMAN PHARMACOKINETICS AND BIOAVAILABILITY SECTION**

203  
204 The bioactivity and/or bioavailability of the active ingredients should be determined at the site of  
205 action (gastrointestinal tract). The lipase, amylase, and protease activities should be determined  
206 from aspirates from the stomach and duodenum. The data should be obtained under fasting  
207 conditions as well as after a standard meal stimulation.

---

<sup>6</sup> GRAS listings are included in 21 CFR parts 182 and 582 and are updated each year.

<sup>7</sup> The Agency is developing a draft guidance entitled *Nonclinical Studies for the Development of Pharmaceutical Excipients*. Once that draft guidance has been finalized, it will represent the Agency's current thinking on this topic.



## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

208

209 The use of any inactive ingredient in the formulation to prevent or minimize the hydrolysis of the  
210 enzymes in the stomach should be supported with in vitro and/or in vivo release data. An  
211 appropriate in vitro release test method should be developed.

212

213

### **VI. CLINICAL STUDIES FOR NEW PEPs (SECTION 505(b))**

214

215  
216 The Agency has determined there is a considerable body of evidence that replacement of  
217 pancreatic enzymes has clinical benefit for patients with cystic fibrosis and chronic pancreatitis.  
218 (see the *Federal Register* notice that is being published concurrently with this draft guidance).  
219 This section summarizes general approaches to the design of clinical studies intended to provide  
220 such evidence of effectiveness and safety in support of an NDA for PEPs. The discussion  
221 includes guidance on patient populations that should be studied, endpoints (outcome measures)  
222 to evaluate efficacy and safety, and suggestions for the design of clinical studies.

223

224

#### **A. Considerations for Clinical Trial Development**

225

226 Currently marketed PEPs differ in their composition, enzymatic activities, formulation, method  
227 of manufacture, stringency of quality control during manufacturing, stability, and bioavailability  
228 (i.e., bioactivity in the small intestine). These differences have led to highly variable PEP quality  
229 and therapeutic performance among manufacturers. For any given manufacturer, such  
230 differences over time can lead to batch-to-batch inconsistency and to unacceptable variability in  
231 PEP quality and therapeutic performance. With improvements in quality as outlined in the  
232 guidance, therapeutic performance may be better predicted from in vitro studies or from in situ  
233 measurements of PEP bioactivity in the small intestine.

234

235 For NDA approval of any particular PEP, clinical studies should demonstrate a relationship  
236 between the extent of clinical benefit and the amount of PEP administered (e.g., empirical  
237 demonstration of dose-response relationships in clinical trials).

238

239 NDAs filed under section 505(b)(2) of the Act may include published articles along with a  
240 bibliography of clinical trials in lieu of clinical data.

241

242

#### **B. Patient Populations in Clinical Studies**

243

244 Two distinct populations have the largest clinical need in practice for PEPs: (1) pediatric and  
245 adult patients with cystic fibrosis and (2) adult patients with chronic pancreatitis. Both  
246 conditions can cause pancreatic insufficiency and maldigestion, leading to malabsorption of  
247 dietary nutrients and subsequent malnutrition. Different dosages of PEPs may be recommended  
248 to treat these two populations. ***At a minimum, because cystic fibrosis is primarily a pediatric  
249 disease, the efficacy studies in the NDA should include clinical studies in pediatric patients  
250 with cystic fibrosis.***

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

251  
252  
253  
254  
255  
256  
257  
258  
259  
260  
261  
262  
263  
264  
265  
266  
267  
268  
269  
270  
271  
272  
273  
274  
275  
276  
277  
278  
279  
280  
281  
282  
283  
284  
285  
286  
287  
288  
289  
290  
291  
292  
293  
294  
295

### **C. Endpoints (Outcome Measures) Efficacy**

Although demonstrating a beneficial effect on clinical outcomes is desirable in clinical trials (e.g., weight gain or nutritional status), efficacy can also be demonstrated by showing a meaningful beneficial effect on appropriate pharmacodynamic measures such as steatorrhea. Some examples are provided here:

- Demonstration that administration of the PEP to patients with exocrine pancreatic insufficiency causes a meaningful decrease in stool fat as evaluated in a 72-hour quantitative stool collection
- Demonstration that administration of the PEP to patients with exocrine pancreatic insufficiency causes significantly more responders than in a comparison group (e.g., stool fat originally higher than 14 g/day decreased to less than 7 g/day)
- Demonstration that administration of the PEP to patients with exocrine pancreatic insufficiency causes significantly fewer patients to withdraw from blinded therapy because of steatorrhea than in a comparison group
- Other quantitative endpoints can be considered

### **D. Safety**

Safety variables that should be assessed in clinical trials with PEPs include symptoms and signs of malabsorption, such as manifestations of steatorrhea (bulky, oily, foul smelling stools); complaints of bloating; flatus; abdominal pain; loose and frequent stools; overt diarrhea; blood in the stool; and uric acid elevations.

With regard to safety, we note that the etiology of fibrosing colonopathy has not been completely elucidated. In an effort to minimize development of fibrosing colonopathy that has been assumed to be related to high doses of PEPS, the FDA, in conjunction with the Cystic Fibrosis Foundation (CFF), recommends a starting dose titration of 1500-2500 lipase units/kg/meal, not to exceed 6000 lipase units/kg/meal (Borowitz et al., 1995). This dosing recommendation, applicable to any formulation, was made on the basis of concern over dose-related colonic strictures in cystic fibrosis and the likelihood that maximal efficacy is achieved at the recommended ceiling dose.

### **E. Design**

The clinical studies confirming efficacy of the specific PEP can be (1) parallel, (2) randomized withdrawal, or (3) crossover designs. The designs of these studies for PEP products are discussed below. Other designs, such as those in which patients are challenged with increases in dietary fat, can also be considered.

## *Contains Nonbinding Recommendations*

*Draft — Not for Implementation*

296 The clinical studies confirming efficacy of the specific PEP should include appropriate controls,  
297 such as dose-comparison controls, or active treatment controls. Placebo may be appropriate with  
298 a rescue protocol to protect patients. As noted in the sections below, if a placebo is not used  
299 (such as in a comparison of two doses of a PEP, or in a comparison of one PEP with another  
300 (e.g., an active control)), differences between treatments should be demonstrated to help interpret  
301 results. If desired, the efficacy and dose response of the PEP can be demonstrated in the same  
302 study.

303  
304 Duration of the entire trial could be days to 2 to 3 weeks, depending on the design chosen.  
305 Blinding and randomization are recommended to reduce bias. Diets may need to be  
306 standardized. The total numbers of patients in the study can be between 10 and 25, depending on  
307 study design. Two studies are desirable. A single, larger study may also be appropriate.

### *1. Parallel studies*

309  
310  
311 Studies of a parallel design can be used to demonstrate efficacy of a PEP, such as when the  
312 effects of the PEP are compared to other doses of a PEP and/or to another active product (such as  
313 another PEP), or placebo.

### *2. Randomized withdrawal*

314  
315  
316  
317 A randomized withdrawal study should have two phases: a run-in phase and a randomized  
318 withdrawal phase. In the run-in phase, patients should be administered the PEP under study and  
319 the dose should be adjusted (e.g., titrated) to achieve and stabilize at the desired clinical outcome  
320 (e.g., control of stool fat excretion). An open-label design is appropriate for this phase. In the  
321 next phase (the withdrawal phase), patients who have apparently responded to the PEP should  
322 then be randomized in a double-blind fashion to either continued treatment with the PEP or, as is  
323 typical, to placebo. At the end of the withdrawal phase the effects of the two treatments should  
324 be compared. For example, the primary efficacy endpoint could be a quantitative measure of  
325 stool fat over 72 hours (e.g., the mean change in stool fat or the number of nonresponders who  
326 have recurrent steatorrhea). In some cases at the outset of the randomized withdrawal period, it  
327 may be desirable to discontinue treatment gradually to avoid sudden onset of symptoms of  
328 pancreatic insufficiency.

329  
330 Patients should be monitored even during the withdrawal phase to allow discontinuation from  
331 randomized study treatment if clinically appropriate (e.g., for clinically worrisome diarrhea).  
332 Patients who discontinue study treatment can then be given appropriate medical therapies. If  
333 prespecified in the protocol, a count of these treatment failures (nonresponders) can be  
334 incorporated into the primary efficacy analysis. In such cases, the protocol should define  
335 specific discontinuation criteria for patients who fail treatment.

336  
337 A randomized withdrawal design also can be adapted to incorporate a dose-response evaluation  
338 of a PEP. At the outset of the withdrawal phase, for example, patients can be randomized to  
339 placebo and to two or more dosage levels of a PEP. The response of patients at the different  
340 dosage levels (including placebo) can then be compared. Although inclusion of a placebo arm is

## ***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

341 often the most usual and straightforward way of demonstrating efficacy, this arm can sometimes  
342 be excluded.

343

### 344 **3. *Crossover studies***

345

346 In a crossover study, each patient in the study is treated with all or most of the treatments under  
347 investigation, usually in a randomized sequence.

348

349 A crossover study allows for a paired statistical analysis of the data (i.e., each patient serves as  
350 his or her own control), thereby decreasing the effects of interpatient variability, which otherwise  
351 might obscure true drug effects. In general, fewer patients are needed to perform a crossover  
352 study than a study of a parallel design. However, because each patient is administered several  
353 treatments, each patient's study involvement is longer than in a parallel study. Moreover,  
354 sponsors are strongly cautioned that if baseline conditions are not reestablished between  
355 treatment periods, or if treatment in one period carries over into the subsequent period or periods,  
356 the results likely will not be interpretable using a paired statistical analysis. Although data from  
357 the first period could still be analyzed as in a parallel study (unpaired statistical analysis), the  
358 main advantage of using a crossover design would have been lost.

359

360 In a randomized, two-period, placebo-controlled, cross-over study of a PEP, for example,  
361 patients should first be stabilized on existing therapy to establish baseline conditions. Patients  
362 should then be randomized to receive one of two treatment sequences: placebo-PEP vs. PEP-  
363 placebo. If quantitative determination of stool fat is used as the primary endpoint, each period  
364 should last at least 72 hours to allow for adequate collection of stool specimens. Between  
365 periods, reestablishment of baseline conditions should be documented.

366

367

## 368 **VII. PEDIATRIC STUDIES FOR PEPS**

369

370 A significant portion of the target population for PEPS includes pediatric patients with cystic  
371 fibrosis, a congenital genetic disease in which there is chronic exocrine pancreatic insufficiency  
372 dating from birth. These patients include the majority of pediatric patients with exocrine  
373 pancreatic insufficiency. At the time of publication of this guidance, the only PEP approved for  
374 use in pediatric cystic fibrosis patients is an immediate-release formulation, and that product is  
375 not currently marketed.

376

377 Solid dosage forms of PEPS cannot be swallowed by very young pediatric patients. Therefore  
378 sponsors are encouraged to develop age-appropriate formulations for this patient population.

379

## *Contains Nonbinding Recommendations*

*Draft — Not for Implementation*

380  
381  
382  
383  
384  
385  
386  
387  
388  
389  
390  
391  
392  
393  
394  
395  
396  
397  
398  
399  
400  
401  
402  
403  
404  
405  
406  
407  
408  
409  
410  
411  
412  
413  
414  
415  
416  
417  
418  
419  
420  
421  
422  
423  
424  
425

### **BIBLIOGRAPHY**

- Beverley, D. W., J. Kelleher, A. MacDonald, J. M. Littlewood, T. Robinson, and M. P. Walters, 1987, "Comparison of Four Pancreatic Extracts in Cystic Fibrosis," *Archives of Disease in Childhood*, 62:564-568.
- Borowitz, D.S., M. Richard, P. R. Durie, et al., 1995, "Use of Pancreatic Enzymes Supplements for Patients with Cystic Fibrosis in the Context of Fibrosing Colonopathy," *Journal of Pediatrics*. 127:681.
- Briars, G. L., D. M. Griffiths, I. E. Moore, P. H. Williams, K. Johnson, and C. J. Rolles, 1994, "Letter to the Editor," *Lancet*, 343:600.
- Campbell, C. A., J. Forrest, and C. Musgrove, 1994, "Letter to the Editor," *Lancet*, 343:109.
- Cystic Fibrosis Foundation, 1993, Results of a Survey of 114 Cystic Fibrosis Care Centers in United States, Patient Registry 1992 Annual Data Report, Bethesda, MD, October 1993, in OTC Vol. 17BFR, Docket No. 79N-0379, Dockets Management Branch.
- Dutta, S. K., V. S. Hubbard, and M. Appler, 1988, "Critical Examination of Therapeutic Efficacy of a pH-Sensitive Enteric-Coated Pancreatic Enzyme Preparation in Treatment of Exocrine Pancreatic Insufficiency Secondary to Cystic Fibrosis," *Digestive Diseases and Sciences*, 33:1237-1244.
- Fatmi, A. A. and J. A. Johnson, 1988, "An In Vitro Comparative Evaluation of Pancreatic Enzyme Preparations," *Drug Development and Industrial Pharmacy*, 14:1429-1438.
- Graham, D. Y., 1979, "An Enteric-Coated Pancreatic Enzyme Preparation that Works," *Digestive Diseases and Sciences*, 24:906-909.
- Graham, D. Y., 1977, "Enzyme Replacement Therapy of Exocrine Pancreatic Insufficiency in Man: Relation Between In Vitro Enzyme Activities and In Vivo Potency in Commercial Pancreatic Extracts," *New England Journal of Medicine*, 296:1314-1317.
- Hendeles, L., A. Dorf, A. Stecenko, and M. Weinberger, 1990, "Treatment Failure After Substitution of Generic Pancrelipase Capsules: Correlation with In Vitro Lipase Activity," *Journal of the American Medical Association*, 263:2459-2461.
- Knabe, N., M. Zak, A. Hansen, J. Moesgaard, N. Kvist, B. Beck, K. Damgaard, and C. Koch, 1994, "Letter to the Editor," *Lancet*, 343:1230.
- Littlewood, J. M., J. Kelleher, M. P. Walters, and A. W. Johnson, 1988, "In Vivo and In Vitro Studies of Microsphere Pancreatic Supplements," *Journal of Pediatric Gastroenterology and Nutrition*, 7 (Supplement 1):S22-S29.

***Contains Nonbinding Recommendations***

*Draft — Not for Implementation*

- 426  
427 Mahony, M. J., and M. Corcoran, 1994, "Letter to the Editor," *Lancet*, 343:599-600.  
428
- 429 Mischler, E. H., S. Parrell, P. M. Farrell, and G. B. Odell, 1982, "Comparison of Effectiveness of  
430 Pancreatic Enzyme Preparations in Cystic Fibrosis," *American Journal of Diseases of*  
431 *Children*, 136:1060-1063.  
432
- 433 Oades, P. J., A. Bush, P. S. Ong, and R. J. Brereton, 1994, "Letter to the Editor," *Lancet*,  
434 343:109.  
435
- 436 Regan, P. T., J. R. Malagelada, E. P. DiMagno, S. L. Glanzman, and V. L. Go, 1977,  
437 "Comparative Effects of Antacids, Cimetidine and Enteric Coating on the Therapeutic  
438 Response to Oral Enzymes in Severe Pancreatic Insufficiency," *New England Journal of*  
439 *Medicine*, 297:854-858.  
440
- 441 Smyth, R. L., D. van Velzen, A. Smyth, D. A. Lloyd, and D. P. Heaf, 1994, "Strictures of  
442 Ascending Colon in Cystic Fibrosis and High-Strength Pancreatic Enzymes," *Lancet*,  
443 343:85-86.  
444
- 445 Taylor, C. J., 1994, "Colonic Strictures in Cystic Fibrosis," *Lancet*, 343:615-616.  
446