



NHANES 1999-2000 Data Release
MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

CV fitness exam status				
CVDEXSTS	Frequency	Percent	Cumulative Frequency	Cumulative Percent
1 : VO2max estimated	2561	55.65	2561	55.65
2 : Tested but VO2max estimate missing	662	14.39	3223	70.03
3 : Not done	1379	29.97	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Comment code for CV fitness exam status				
CVDEXCMT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 : None	1914	41.59	1914	41.59
1 : Met exclusion criteria	799	17.36	2713	58.95
2 : Pregnant more than 12 weeks	247	5.37	2960	64.32
3 : Refusal	68	1.48	3028	65.80
4 : No time	238	5.17	3266	70.97
5 : Technical problem	698	15.17	3964	86.14
6 : Met priority 1 stopping criteria	27	0.59	3991	86.72
7 : Met priority 2 stopping criteria	532	11.56	4523	98.28
8 : Not able to calculate VO2max	17	0.37	4540	98.65
90 : Other	62	1.35	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per physical limitations				
CVDEXCL1	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	248	5.39	4051	88.03
2 : No	551	11.97	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per cardiovascular conditions				
CVDEXCL2	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	273	5.93	4076	88.57
2 : No	526	11.43	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per lung/breathing conditions				
CVDEXCL3	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	135	2.93	3938	85.57
2 : No	664	14.43	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per asthma symptoms				
CVDEXCL4	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	161	3.50	3964	86.14
2 : No	638	13.86	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per medications				
CVDEXCL5	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	67	1.46	3870	84.09
2 : No	732	15.91	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Excluded per other specific reasons				
CVDEXCL6	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3803	82.64	3803	82.64
1 : Yes	124	2.69	3927	85.33
2 : No	675	14.67	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Priority 2 Stop, excessive HR in stage 2				
CVQ220a	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	168	3.65	4238	92.09
2 : No	364	7.91	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, excessive HR in stage 1				
CVQ220b	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	104	2.26	4174	90.70
2 : No	428	9.30	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, excessive BP				
CVQ220c	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	18	0.39	4088	88.83
2 : No	514	11.17	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, significant drop in SBP				
CVQ220e	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	12	0.26	4082	88.70
2 : No	520	11.30	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Priority 2 Stop, variability in HR				
CVQ220g	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	24	0.52	4094	88.96
2 : No	508	11.04	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, participant request				
CVQ220h	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	104	2.26	4174	90.70
2 : No	428	9.30	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Priority 2 Stop, equipment failure				
CVQ220i	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	21	0.46	4091	88.90
2 : No	511	11.10	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Priority 2 Stop, participant grips rails				
CVQ220j	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	56	1.22	4126	89.66
2 : No	476	10.34	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, participant overexerted				
CVQ220k	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	41	0.89	4111	89.33
2 : No	491	10.67	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, technician discretion				
CVQ220I	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	41	0.89	4111	89.33
2 : No	491	10.67	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Priority 2 Stop, other specified reasons				
CVQ220m	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	4070	88.44	4070	88.44
1 : Yes	68	1.48	4138	89.92
2 : No	464	10.08	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Length of CV fitness exam (min)				
CVDEXLEN	Frequency	Percent	Cumulative Frequency	Cumulative Percent
0 to 36.13	4602	100.00	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Examiner ID code				
CVDEXMER	Frequency	Percent	Cumulative Frequency	Cumulative Percent
10	123	2.67	123	2.67
17	386	8.39	509	11.06
22	37	0.80	546	11.86
23	382	8.30	928	20.17
29	346	7.52	1274	27.68
30	424	9.21	1698	36.90
39	358	7.78	2056	44.68
59	235	5.11	2291	49.78
63	34	0.74	2325	50.52
70	377	8.19	2702	58.71
71	354	7.69	3056	66.41
72	343	7.45	3399	73.86
80	122	2.65	3521	76.51
81	336	7.30	3857	83.81
90	745	16.19	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Predicted maximal heart rate (per min)				
CVDPMHR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
171 to 208	4602	100.00	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Physical activity readiness code				
CVXPARC	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1381	30.01	1381	30.01
0 : Little or no regular recreation, sport or physical activity and avoids walking or exertion	341	7.41	1722	37.42
1 : Little or no regular recreation, sport or physical activity but walks for pleasure and occasionally exercises	510	11.08	2232	48.50
2 : Participating regularly in recreation or work requiring modest physical activity for 10 to 60 minutes per week	630	13.69	2862	62.19
3 : Participating regularly in recreation or work requiring modest physical activity for more than 60 minutes per week	1032	22.43	3894	84.62
4 : Participating regularly in heavy physical activity for less than 30 minutes per week	34	0.74	3928	85.35
5 : Participating regularly in heavy physical activity for 30 - 60 minutes per week	85	1.85	4013	87.20
6 : Participating regularly in heavy physical activity for 1 - 3 hours per week	181	3.93	4194	91.13
7 : Participating regularly in heavy physical activity for more than 3 hours per week	408	8.87	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Predicted VO2max (ml/kg/min)				
CVDVOMAX	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1382	30.03	1382	30.03
0.4 to 75.06	3220	69.97	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Assigned exercise protocol				
CVAPROT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1382	30.03	1382	30.03
1	194	4.22	1576	34.25
2	305	6.63	1881	40.87
3	556	12.08	2437	52.96
4	549	11.93	2986	64.88
5	581	12.62	3567	77.51
6	861	18.71	4428	96.22
7	147	3.19	4575	99.41
8	27	0.59	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Exercise protocol used in stage 1 and 2				
CVDPROT	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1382	30.03	1382	30.03
1	211	4.58	1593	34.62
2	292	6.35	1885	40.96
3	523	11.36	2408	52.33
4	605	13.15	3013	65.47
5	595	12.93	3608	78.40
6	718	15.60	4326	94.00
7	239	5.19	4565	99.20
8	37	0.80	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Room temperature (degrees F)				
CVATEMP	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1393	30.27	1393	30.27
63.3 to 85.2	3209	69.73	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Arm selected for blood pressure monitor				
CVAARM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1393	30.27	1393	30.27
1 : Right	3179	69.08	4572	99.35
2 : Left	30	0.65	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Cuff size for blood pressure monitor				
CVACUFF	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1393	30.27	1393	30.27
1 : Child	464	10.08	1857	40.35
2 : Adult	2199	47.78	4056	88.14
3 : Large arm	546	11.86	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Mesh vest used				
CVAVEST	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	3252	70.66	3252	70.66
1 : Yes	43	0.93	3295	71.60
2 : No	1307	28.40	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Warm-up speed (mph)				
CVAWS1	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1462	31.77	1462	31.77
1.7	187	4.06	1649	35.83
2	299	6.50	1948	42.33
2.2	542	11.78	2490	54.11
2.7	532	11.56	3022	65.67
3	566	12.30	3588	77.97
3.1	842	18.30	4430	96.26
3.2	145	3.15	4575	99.41
3.6	27	0.59	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Warm-up grade (% incline)				
CVAWG1	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1462	31.77	1462	31.77
0	187	4.06	1649	35.83
1	299	6.50	1948	42.33
2	1074	23.34	3022	65.67
3	566	12.30	3588	77.97
3.5	842	18.30	4430	96.26
5	172	3.74	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Amount of time spent in warm-up (min)				
CVDWTIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1465	31.83	1465	31.83
0.2 to 2	3137	68.17	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Warm-up rating of perceived exertion				
CVXWRPE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1524	33.12	1524	33.12
6	258	5.61	1782	38.72
7	534	11.60	2316	50.33
8	239	5.19	2555	55.52
9	592	12.86	3147	68.38
10	212	4.61	3359	72.99
11	762	16.56	4121	89.55
12	219	4.76	4340	94.31
13	186	4.04	4526	98.35
14	24	0.52	4550	98.87
15	41	0.89	4591	99.76
16	2	0.04	4593	99.80
17	6	0.13	4599	99.93
19	2	0.04	4601	99.98
20	1	0.02	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Warm-up heart rate (per min)				
CVDWHR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1840	39.98	1840	39.98
72 to 181	2762	60.02	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Warm-up systolic BP (mm Hg)				
CVDWSY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1854	40.29	1854	40.29
61 to 253	2748	59.71	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Warm-up diastolic BP (mm Hg)				
CVDWDI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1854	40.29	1854	40.29
39 to 143	2748	59.71	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 1 speed (mph)				
CVDS1S	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1564	33.99	1564	33.99
2.1	193	4.19	1757	38.18
2.3	278	6.04	2035	44.22
2.7	499	10.84	2534	55.06
3.1	570	12.39	3104	67.45
3.7	1498	32.55	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 1 grade (% incline)				
CVDS1G	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1564	33.99	1564	33.99
0.5	193	4.19	1757	38.18
2	278	6.04	2035	44.22
3	499	10.84	2534	55.06
4	1124	24.42	3658	79.49
5.5	676	14.69	4334	94.18
7	233	5.06	4567	99.24
8.5	35	0.76	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Amount of time spent in Stage 1 (min)				
CVDS1TIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1566	34.03	1566	34.03
0.0333 to 3	3036	65.97	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 1 rating of perceived exertion				
CVXS1RPE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1725	37.48	1725	37.48
6	46	1.00	1771	38.48
7	137	2.98	1908	41.46
8	92	2.00	2000	43.46
9	252	5.48	2252	48.94
10	151	3.28	2403	52.22
11	593	12.89	2996	65.10
12	442	9.60	3438	74.71
13	592	12.86	4030	87.57
14	199	4.32	4229	91.89
15	243	5.28	4472	97.18
16	58	1.26	4530	98.44
17	61	1.33	4591	99.76
18	4	0.09	4595	99.85
19	5	0.11	4600	99.96
20	2	0.04	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 1 heart rate (per min)				
CVDS1HR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1730	37.59	1730	37.59
61 to 178	2872	62.41	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 1 systolic BP (mm Hg)				
CVDS1SY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2085	45.31	2085	45.31
53 to 289	2517	54.69	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 1 diastolic BP (mm Hg)				
CVDS1DI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2085	45.31	2085	45.31
39 to 130	2517	54.69	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 2 speed (mph)				
CVDS2S	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1812	39.37	1812	39.37
2.1	180	3.91	1992	43.29
2.3	267	5.80	2259	49.09
2.7	477	10.37	2736	59.45
3.1	530	11.52	3266	70.97
3.7	1336	29.03	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 2 grade (% incline)				
CVDS2G	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1812	39.37	1812	39.37
4.5	180	3.91	1992	43.29
6.5	267	5.80	2259	49.09
7.5	477	10.37	2736	59.45
8	484	10.52	3220	69.97
8.5	530	11.52	3750	81.49
10	612	13.30	4362	94.78
12.5	211	4.58	4573	99.37
14.5	29	0.63	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Amount of time spent in Stage 2 (min)				
CVDS2TIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1822	39.59	1822	39.59
0.0167 to 3	2780	60.41	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 2 rating of perceived exertion				
CVXS2RPE	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1997	43.39	1997	43.39
6	14	0.30	2011	43.70
7	58	1.26	2069	44.96
8	39	0.85	2108	45.81
9	105	2.28	2213	48.09
10	78	1.69	2291	49.78
11	276	6.00	2567	55.78
12	311	6.76	2878	62.54
13	510	11.08	3388	73.62
14	261	5.67	3649	79.29
15	435	9.45	4084	88.74
16	177	3.85	4261	92.59
17	215	4.67	4476	97.26
18	51	1.11	4527	98.37
19	65	1.41	4592	99.78
20	10	0.22	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Stage 2 heart rate (per min)				
CVDS2HR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1993	43.31	1993	43.31
91 to 194	2609	56.69	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 2 systolic BP (mm Hg)				
CVDS2SY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2270	49.33	2270	49.33
82 to 273	2332	50.67	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Stage 2 diastolic BP (mm Hg)				
CVDS2DI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2270	49.33	2270	49.33
39 to 136	2332	50.67	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Amount of time spent in Recovery 1 (min)				
CVDR1TIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1567	34.05	1567	34.05
0.3167 to 1	3035	65.95	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 1 heart rate (per min)				
CVDR1HR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1808	39.29	1808	39.29
49 to 192	2794	60.71	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Recovery 1 systolic BP (mm Hg)				
CVDR1SY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1819	39.53	1819	39.53
60 to 260	2783	60.47	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 1 diastolic BP (mm Hg)				
CVDR1DI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1819	39.53	1819	39.53
39 to 139	2783	60.47	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Amount of time spent in Recovery 2 (min)				
CVDR2TIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1608	34.94	1608	34.94
0.5 to 1	2994	65.06	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 2 heart rate (per min)				
CVDR2HR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1782	38.72	1782	38.72
31 to 169	2820	61.28	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Recovery 2 systolic BP (mm Hg)				
CVDR2SY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1786	38.81	1786	38.81
74 to 264	2816	61.19	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 2 diastolic BP (mm Hg)				
CVDR2DI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	1786	38.81	1786	38.81
39 to 129	2816	61.19	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Amount of time spent in Recovery 3 (min)				
CVDR3TIM	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2580	56.06	2580	56.06
0.1167 to 1	2022	43.94	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 3 heart rate (per min)				
CVDR3HR	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2698	58.63	2698	58.63
68 to 164	1904	41.37	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 3 systolic BP (mm Hg)				
CVDR3SY	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2701	58.69	2701	58.69
90 to 257	1901	41.31	4602	100.00



MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004

Recovery 3 diastolic BP (mm Hg)				
CVDR3DI	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2701	58.69	2701	58.69
39 to 129	1901	41.31	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Estimated VO2max (ml/kg/min)				
CVDESVO2	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2041	44.35	2041	44.35
17.99 to 132.07	2561	55.65	4602	100.00



**MEC Examination
Frequencies for Cardiovascular Fitness (CVX)
June 2004**

Cardiovascular fitness level				
CVDFITLV	Frequency	Percent	Cumulative Frequency	Cumulative Percent
Missing	2041	44.35	2041	44.35
1 : Low	712	15.47	2753	59.82
2 : Moderate	960	20.86	3713	80.68
3 : High	889	19.32	4602	100.00