



“WHAT CAN I DO TO

PROTECT

MYSELF?”

- Stop shooting drugs and get into a drug treatment program
- If you cannot stop, do not reuse or share needles or works (cotton, spoons, syringes, water)
- Get vaccinated against hepatitis B and hepatitis A
- Limit sexual partners and use latex condoms every time you have sex

**“WHAT CAN I DO IF
I HAVE HEPATITIS C?”**

- Stop drinking alcohol
- Stop shooting drugs and get into a drug treatment program
- If you cannot stop, do not reuse or share needles or works (*cotton, spoons, syringes, water*)
- Get vaccinated against hepatitis B and hepatitis A
- See a doctor to find out if you have liver disease and if it needs to be treated
- Check with your doctor before taking any medicine, even over the counter medicine

**“HOW CAN I PREVENT
SPREADING THE HEPATITIS C VIRUS
TO MY FAMILY & FRIENDS?”**

- Do not share toothbrushes, razors or other personal care items that might have blood on them
- Cover your cuts and open sores

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Academy for Educational Development

**NATIONAL MINORITY
AIDS COUNCIL**

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HEPATITIS?

**What Every
Injection Drug User
Should Know**

Hepatitis C is a disease that can lead to liver damage and death. You are at risk if you have ever shot drugs.

YOU CAN HAVE HEPATITIS C BUT NOT FEEL SICK.

To find out where you can get tested, call your doctor or your local health department.

"DO I HAVE HEPATITIS C?"

There's only one way to know: **GET TESTED** Four million Americans have been infected with the hepatitis C virus, and many do not know it.

Hepatitis viruses: The ABCs	HOW IT SPREADS:	HOW YOU CAN GET IT:	IS THERE A VACCINE?
Hepatitis A	Through feces (poop)	<ul style="list-style-type: none">• Close, personal contact with an infected person• Sexual contact with an infected person	Yes.
Hepatitis B	Through infected blood or body fluids	<ul style="list-style-type: none">• Sexual contact with an infected person• Shooting drugs or sharing needles or "works" (cotton, spoons, syringes, etc.)• During birth, an infected mother can pass the virus to her baby	Yes.
Hepatitis C	Through infected blood or body fluids	<ul style="list-style-type: none">• Shooting drugs or sharing needles or "works" (cotton, spoons, syringes, etc.)• Received a blood transfusion before July 1992 or solid organ transplant before July 1992• Received treatment for clotting problems with a blood product made before 1987	No.

TO TALK TO SOMEONE ABOUT HEPATITIS, CALL 1-800-227-8922

For more information about hepatitis, call 1-800-227-8922 or visit www.cdc.gov/hepatitis