#### Women's Health Seminar Series Committee of the Office of Research on Women's Health

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#### Women's Health Seminar Series Women's Health Research for the 21st Century

Seminar 1:

Women and Heart Disease

March 18, 2004 • 2:30 pm - 4:30 pm Lipsett Amphitheater (Building 10)

Wilson Hall (Building 1)

Lipsett Amphitheater (Building 10)

Seminar 2:

Alternative Medicine and Women's Health

June 3, 2004 • 1:00 pm - 3:00 pm

Seminar 3:

Women and Obesity

November 4, 2004 • 1:00 pm - 3:00 pm

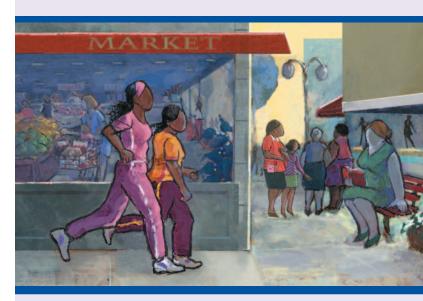
\* Coordinators for the November 4th seminar \*\* Guest Committee member for the November 4th seminar





ORWH Women's Health Seminar Series Women's Health Research for the 21st Century

# WOMEN AND OBESITY



November 4, 2004

1:00 pm - 3:00 pmLipsett Amphitheater Building 10, NIH

#### WOMEN AND OBESITY

Introduction to Obesity in Women—
Special Needs, Problems and Epidemiology
Robert Kuczmarski, Dr.P.H.
National Institute of Diabetes and Digestive and Kidney Diseases

Can Eating Disorders and Overweight Prevention Initiatives Be Integrated? Notes from the Field S. Bryn Austin, Sc.D.
Children's Hospital, Boston

Waist Management and Why Women Get Heart Attacks

Lewis Kuller, M.D., Dr.P.H.

University of Pittsburgh

Obesity Stigma: Understanding a Powerful, Pervasive, and Destructive Bias

Marlene B. Schwartz, Ph.D

Yale University

Question and Answer Session

The 2004 seminar series, sponsored by the Women's Health Seminar Committee of the Office of Research on Women's Health, highlights women's health research for the 21st century.

## Robert Kuczmarski, Dr.P.H.

Robert Kuczmarski, Dr.P.H., is Director of the Obesity Prevention and Treatment Program in the extramural research program at the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH). In this position, he helps to plan and direct a program of clinical research on the biomedical, behavioral, societal, and environmental approaches to the prevention and treatment of obesity and inappropriate weight gain. This is accomplished through the administration of grants in research areas including physical activity and obesity, environmental influences on obesity-promoting behaviors, such as poor diet and inactivity, and prevention and treatment of obesity in populations at high risk for overweight and obesity. Prior to joining NIH, he was employed by the National Center for Health Statistics (NCHS), Centers for Disease Control and Prevention (CDC), from 1985 to 2001, with responsibility for the anthropometric component of the National Health and Nutrition Examination Survey (NHANES) and issues related to the assessment of growth, overweight/obesity, and body composition. Dr. Kuczmarski had lead responsibility for coordinating revision of the NCHS/CDC pediatric growth charts, including development of the new body mass index-for-age growth charts used to assess overweight in the pediatric population.

## S. Bryn Austin, Sc.D.

S. Bryn Austin, Sc.D., is Director of Fellowship Research Training in the Division of Adolescent and Young Adult Medicine at Children's Hospital in Boston. She is also Instructor in Pediatrics at Harvard Medical School and Instructor in Society, Human Development, and Health at the Harvard School of Public Health. Her primary research is in the behavioral sciences and social epidemiology, addressing social and physical environmental influences on physical activity, nutritional patterns, and eating disorders risk in school and community settings. In addition, her research interests include media and health communications and gay, lesbian, bisexual, and transgender adolescent health. She received her doctorate from the Department of Health and Social Behavior at the Harvard School of Public Health

## Lewis Kuller, M.D., Dr. P.H.

Lewis Kuller, M.D., Dr.P.H., is a University Professor of Public Health at the University of Pittsburgh. He was Chair of the Department of Epidemiology at the Graduate School of Public Health from 1972 to 2002. He is a member of the National Advisory Council on Aging at the National Institute on Aging and the National Cholesterol Education Program. He is board-certified in preventive medicine and is a Fellow of the American College of Cardiology, the American College of Preventive Medicine and the American Epidemiological Society. Dr. Kuller has published over 500 papers in cardiovascular diseases, women's health, aging, diabetes and cancer. He has been the recipient of the following awards/honors: Distinguished Achievement Award from the American Heart Association, the Chancellor's Distinguished Research Award (University of Pittsburgh), the Johns Hopkins University Society of Scholars, the Abraham Lilienfeld Award (American College of Epidemiology), and the Alumni Achievement Award from George Washington University.

## Marlene B. Schwartz, Ph.D.

Marlene B. Schwartz, Ph.D., has been Co-Director of the Yale Center for Eating and Weight Disorders since 1996. This university-based training and research clinic provides individual, group, and family therapy for anorexia nervosa, bulimia nervosa, binge eating disorder, and obesity. As a faculty member of the Department of Psychology at Yale University, Dr. Schwartz teaches and provides clinical supervision for graduate students and post-doctoral fellows. Her current research and recent publications address the stigma of obesity and the impact of the home and school environment on childhood eating behaviors and weight. She is a co-author of the book "Helping Your Child Overcome and Eating Disorder: Things You Can Do at Home" (New Harbinger Press, 2003). She received her Ph.D. in Clinical Psychology from Yale University.