

Generating Solitons by Phase Engineering of a Bose-Einstein Condensate

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Quantum phase engineering is demonstrated with two techniques that allow the spatial phase distribution of a Bose-Einstein condensate (BEC) to be written and read out. A quantum state was designed and produced by optically imprinting a phase pattern onto a BEC of sodium atoms, and matter-wave interferometry with spatially resolved imaging was used to analyze the resultant phase distribution. An appropriate phase imprint created solitons, the first experimental realization of this nonlinear phenomenon in a BEC. The subsequent evolution of these excitations was investigated both experimentally and theoretically.

Ultimate control over a physical system can be achieved by precisely manipulating its quantum mechanical wave function, which fully characterizes its state. A BEC of a dilute gas (*I*) is particularly well suited for such manipulations because of its directly observable wave function: It has many identical atoms in the same quantum state, and it is large enough to be optically imaged.

We demonstrate two optical techniques to prepare and measure the phase of a BEC wave function. A chosen pattern of laser light

imaged onto a condensate shapes its phase almost arbitrarily in two dimensions (2–4). Matter-wave interferometry (5) using optically induced Bragg diffraction (6, 7) is then used to analyze the spatial phase distribution by direct imaging (8). These methods are applied in experimental studies of a phenomenon in nonlinear atom optics (9), the propagation of solitons [solitary waves (10)] in a BEC. Three-dimensional (3D) numerical calculations agree well with and substantiate the experimental observations of soliton generation and propagation. Both reveal the rich dynamics of this nonlinear system, such as the formation of multiple solitons.

Theoretical background. Solitons are stable, localized waves that propagate in a nonlinear medium without spreading. They appear in diverse contexts of science and engineering, such as the dynamics of waves in shallow water (11), transport along DNA and other macromolecules (12), and fiber

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optic communications (13). Solitons may be either bright or dark, depending on the details of the governing nonlinear wave equation. A bright soliton is a peak in the amplitude; a dark soliton is a notch with a characteristic phase step across it.

A weakly interacting BEC obeys a nonlinear wave equation that supports solitons, as shown by recent theoretical studies (14–17). At zero temperature, this wave equation is known as the Gross-Pitaevskii equation (18),

$$i\hbar(\partial/\partial t)\psi = [-(\hbar^2/2M)\nabla^2 + V + g|\psi|^2]\psi \quad (1)$$

where ψ is the condensate wave function normalized to the number of atoms, V is the trapping potential, M is the atomic mass, \hbar is the Planck constant divided by 2π and g describes the strength of the atom-atom interaction (19). Solitons propagate without spreading (dispersing) because the nonlinearity balances the dispersion; for Eq. 1, the corresponding terms are the nonlinear interaction $g|\psi|^2$ and the kinetic energy $-(\hbar^2/2M)\nabla^2$, respectively. Our sodium condensate only supports dark solitons because the atom-atom interactions are repulsive ($g > 0$).

A distinguishing characteristic of a dark soliton is that its speed is less than the Bogoliubov speed of sound, $v_0 = (gn/M)^{1/2}$ (18, 20), where $n = |\psi_0|^2$ is the unperturbed condensate density. The soliton speed v_s can be expressed in terms of either the phase step δ ($0 < \delta \leq \pi$) or the soliton “depth” n_d , which is the difference between n and the density at the bottom of the notch (14, 15):

$$v_s/v_0 = \cos(\delta/2) = [1 - (n_d/n)]^{1/2} \quad (2)$$

For $\delta = \pi$, the soliton has zero velocity, zero

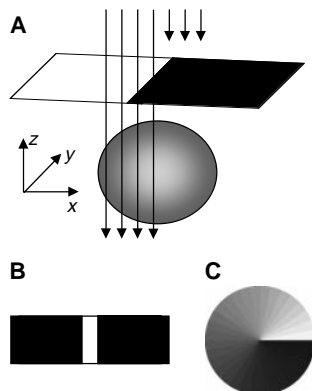


Fig. 1. (A) Writing a phase step onto the condensate. A far-detuned uniform light pulse projects a mask (a razor blade) onto the condensate. Because of the light shift, this imprints a phase distribution that is proportional to the light intensity distribution. A lens (not shown) is used to image the razor blade onto the condensate. The mask in (B) writes a phase stripe onto the condensate. The mask in (C) imprints an azimuthally varying phase pattern that can be used to create vortices.

density at its center, a width on the order of the healing length $\xi = (2nMg/\hbar^2)^{-1/2}$ (15), and a discontinuous phase step. As δ decreases, the speed increases and approaches the speed of sound. The solitons become shallower and wider and have a more gradual phase step (15). They travel opposite to the direction of the phase gradient. Because a soliton has a characteristic phase step, optically imprinting a phase step on the BEC wave function should be a way to create a soliton.

Phase imprinting. We performed our experiments with a condensate having $\sim 2 \times 10^6$ sodium atoms in the $3S_{1/2}$, $F = 1$, $m_F = -1$ state, with no discernible thermal fraction (7). The condensate was held in a magnetic trap with trapping frequencies $\omega_x = \sqrt{2}\omega_y = 2\omega_z = 2\pi \times 28$ Hz. The Thomas-Fermi diameters (18) were 45, 64, and 90 μm , respectively. Initially the BEC, described by the ground-state solution of Eq. 1, had a uniform phase (21, 22).

We modified the phase distribution of the BEC by exposing it to pulsed, off-resonant laser light with an intensity pattern $I(x, y)$ (Fig. 1). In this process, the atoms experience a spatially varying light-shift potential $U(x, y) = (\hbar\Gamma^2/8\Delta)[I(x, y)/I_0]$ and acquire a corresponding phase $\phi(x, y) = -U(x, y)T/\hbar$. Here Γ is the transition line width, I_0 is the saturation intensity, Δ is the detuning of the laser from the atomic resonance, and T is the laser pulse duration (23). We chose T to be short enough so that the atomic motion was negligible during the pulse (Raman-Nath regime). In this limit, the effect of the pulse can be expressed as a sudden phase imprint, which modifies the initial wave function: $\psi \rightarrow \psi \exp[i\phi(x, y)]$ (24).

Interferometry. We measured the imprint-

ed phase distribution of the condensate wave function with a Mach-Zehnder matter-wave interferometer that makes use of optically induced Bragg diffraction (25, 26). Our Bragg interferometer differs from previous ones in that we can independently manipulate atoms in the two arms (because of their large separation) and can resolve the output ports to reveal the spatial distribution of the condensate phase. In our interferometer, a Bragg pulse splits the initial condensate into two states, $|A\rangle$ and $|B\rangle$, differing only in their momenta (Fig. 2). After they spatially separate, the phase step (Fig. 1A) is imprinted on $|A\rangle$, while $|B\rangle$ is unaffected and serves as a phase reference. When recombined, they interfere according to their local phase difference. Where this phase difference is 0, atoms appear in port 1, and where it is π atoms appear in port 2. Imaging the density distributions of ports 1 and 2 displays the spatially varying phase (27). The image in Fig. 2 shows the output of the interferometer when a phase of π was imprinted on the upper half of $|A\rangle$ (28). The high-contrast “half moons” are direct evidence that we can control the condensate spatial phase distribution and, in particular, imprint the phase step appropriate for a soliton (29).

Soliton propagation. To observe soliton propagation, we did not use interferometry (30) but instead measured BEC density distributions with absorption imaging (1, 27) after imprinting a phase step (31). Figure 3, A to E, shows the evolution of the condensate after the top half was phase-imprinted with $\phi_0 \approx 1.5\pi$, a phase for which we observed a single deep soliton (the reason for imprinting a phase step larger than π is discussed below). Immediately after the phase imprint, there is a steep phase gradient across the middle of the condensate such that this por-

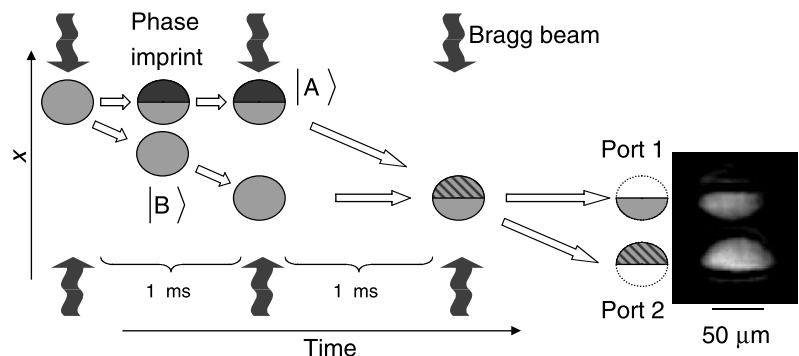


Fig. 2. Space-time diagram of the matter-wave interferometer used to measure the spatial phase distribution imprinted on the BEC. Three optically induced Bragg diffraction pulses (7) formed the interferometer. Each pulse consisted of two counterpropagating laser beams detuned by -2 GHz from atomic resonance (so that spontaneous emission is negligible), with their frequencies differing by 100 kHz. The first Bragg pulse had a duration of 8 μs and coherently split the condensate into two components $|A\rangle$ and $|B\rangle$ with equal numbers of atoms; $|A\rangle$ remained at rest and $|B\rangle$ received two photon recoils of momentum. When they were completely separated, we applied the 500-ns phase imprint pulse to the top half of $|A\rangle$, which changed the phase distribution of $|A\rangle$ while $|B\rangle$ served as a phase reference. A second Bragg pulse (duration 16 μs), 1 ms after the first pulse, brought $|B\rangle$ to rest and imparted two photon momenta to $|A\rangle$. When they overlapped again, 1 ms later, a third pulse (duration 8 μs) converted their phase differences into density distributions at ports 1 and 2. The image shows the output ports 1 and 2 as seen when we imprinted a phase step of π (29).

tion has a large velocity in the $+x$ direction. This velocity, which can be understood as arising from the impulse imparted by the optical dipole force, results in a positive density disturbance that travels at or above the speed of sound. A dark notch is left behind; this is a soliton moving slowly in the $-x$ direction (opposite to the direction of the applied force).

We have numerically solved Eq. 1 in three dimensions through the application of real-space product formulas (32) and by using a discrete variable representation of the wave function (33) based on Gauss-Chebyshev quadrature with 50 to 400 spatial grid points in each dimension; in the latter approach, the time dependence of the solution was obtained by Runge-Kutta integration. Figure 3, F to J, shows the results of the simulations where the experimental phase imprint is approximated as $\phi(x, y) = (\phi_0/2)[1 + \tanh(x/l)]$, where $\phi_0 = 1.5\pi$, and $l = 2 \mu\text{m}$ corresponds to an imprinting resolution of $\sim 4.4 \mu\text{m}$ (27, 34). The calculated and experimental images are in very good agreement.

A striking feature of the images is the curvature of the soliton. This curvature arises from the 3D geometry of the trapped condensate and occurs for two reasons. First, the speed of sound v_0 is largest at the trap center, where the density is greatest, and decreases toward the condensate edge. Second, as the soliton moves into regions of lower condensate density, we find numerically that the density at its center ($n - n_d$) approaches zero, δ approaches π , and v_s decreases to zero before reaching the edge. The soliton stops because its depth n_d , rather than its phase offset δ , appears to be a conserved quantity in a nonuniform medium.

Soliton speed. The subsonic propagation speed of the notches seen in Fig. 3 shows that they are solitons and not simply sound waves. To determine this speed, we measured the distance after propagation between the notch and the position of the imprinted phase step along the direction indicated in Fig. 3H. Because the position of our condensate varied randomly from one shot to the next (presumably because of stray, time-varying fields), we could not always apply the phase step at the center. A marker for the location of the initial phase step is the intersection of the soliton with the condensate edge, because at this point the soliton has zero velocity. By using images taken 5 ms after the imprint, at which time the soliton had not traveled far from the BEC center, we obtained a mean soliton speed of $1.8 \pm 0.4 \text{ mm/s}$ (35). This value is significantly less than the mean Bogoliubov speed of sound, $v_0 = 2.8 \pm 0.1 \text{ mm/s}$. From the propagation of the notch in the numerical simulations (Fig. 3, F to J), we obtained a mean soliton speed, $v_s = 1.6 \text{ mm/s}$, in agreement with the experimental

value. The experimental uncertainty is mainly due to the difficulty in determining the position of the initial phase step.

We can also compare the results of the numerical 3D solutions of Eq. 1 to the analytical predictions of Eq. 2, which describes a traditional dark soliton in a homogeneous, 1D geometry. We calculated the soliton speed using a local density approximation in Eq. 2 [$n = |\pi_0(r)|^2$, where $\pi_0(r)$ is the ground-state solution of Eq. 1] from either the phase or depth of the solitons obtained in the 3D simulations. In every case examined, this speed is in excellent agreement with the results of 3D numerical simulations.

Figure 4 shows the theoretical density and phase profile along the x axis through the center of the condensate 5 ms after the $\phi_0 = 1.5\pi$ phase imprint (Fig. 3H). The dark soliton notch and its phase step are centered at $x = -8 \mu\text{m}$. This phase step, $\delta = 0.58\pi$ is less than the imprinted phase of 1.5π . The difference is caused by the mismatch between the phase imprint and the phase and depth of the soliton solution of Eq. 1: Our imprinting resolution (27) is larger than the soliton width, which is on the order of the healing length ($\xi \approx 0.7 \mu\text{m}$), and we do not control the amplitude of the wave function. The mismatch produces features in addition to the deep soliton, such as a shallow dark soliton at $x = -14 \mu\text{m}$ moving to the left

and other excitations near $x = 20 \mu\text{m}$ moving rapidly to the right. Most of these features are not well resolved in the experimental images (Fig. 3, A to E). We observed both experimentally and theoretically that when the imprinted phase step is increased, the weak soliton on the left becomes deeper; when the phase step is lowered, both solitons become shallower and propagate faster.

We could avoid the uncertainty in the position of the initial phase step and improve our measurement of the soliton speed by replacing the step mask (Fig. 1A) with a thin slit (Fig. 1B). The thin slit produced a stripe of light with a Gaussian profile ($1/e^2$ full width $\approx 15 \mu\text{m}$). With this stripe in the center of the condensate, numerical simulations predict the generation of solitons that propagate symmetrically outward. We selected experimental images with solitons symmetrically located about the middle of the condensate and measured the distance between them. Figure 5A shows the separation of the pair of solitons as a function of time. For a small phase imprint of $\phi_0 \approx 0.5\pi$ at Gaussian maximum, we observed solitons moving at the Bogoliubov speed of sound within experimental uncertainty. For a larger phase imprint of $\phi_0 \approx 1.5\pi$, we observed a much slower soliton propagation, in agreement with numerical simulations. An even larger phase imprint

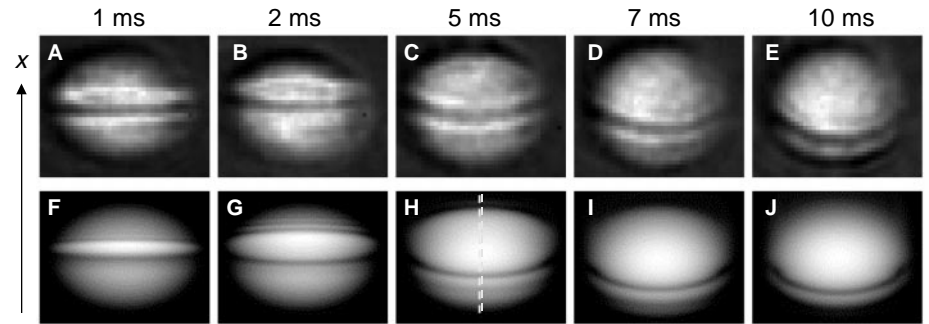


Fig. 3. Experimental (A to E) and theoretical (F to J) images of the integrated BEC density for various times after we imprinted a phase step of $\sim 1.5\pi$ on the top half of the condensate with a $1\text{-}\mu\text{s}$ pulse. The measured number of atoms in the condensate was $1.7 (\pm 0.3) \times 10^6$, and this value was used in the calculations. A positive density disturbance moved rapidly in the $+x$ direction, and a dark soliton moved oppositely at significantly less than the speed of sound. Because the imaging pulse (27) is destructive, each image shows a different BEC. The width of each frame is $70 \mu\text{m}$.

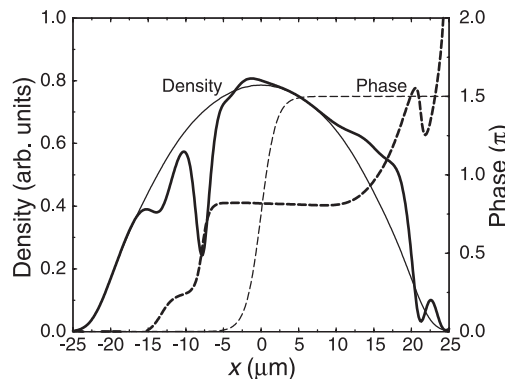
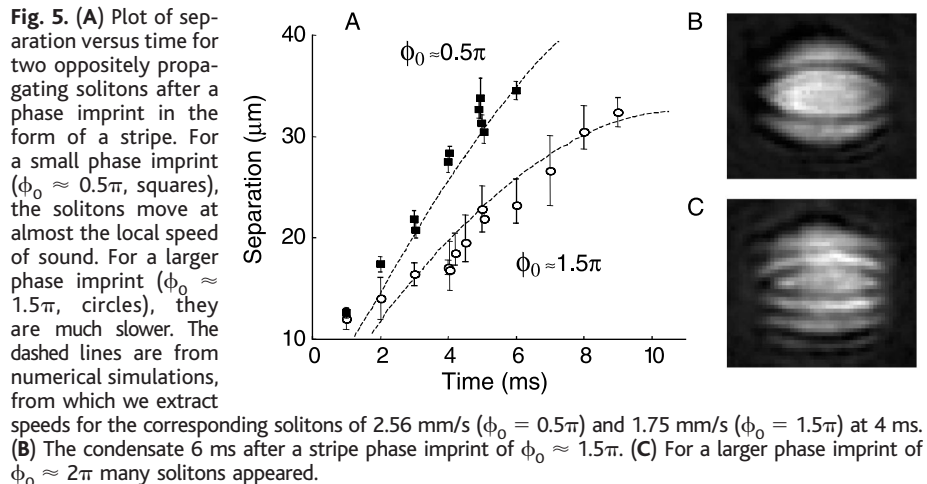


Fig. 4. Calculated density and phase along the x axis (dashed line in Fig. 3H) at 0 ms (thin lines) and at 5 ms (thick lines) after applying a phase step imprint of 1.5π . The soliton located at $x = -8 \mu\text{m}$ has a phase step of 0.58π and a speed of 1.61 mm/s , which is much less than that of sound.



generates many solitons (Fig. 5C).

The lower theoretical curve in Fig. 5A shows that the speed of the corresponding solitons (the slope of the curve) approaches zero at a separation of $\sim 33 \mu\text{m}$ before they reach the edge of the condensate (whose Thomas-Fermi diameter is $45 \mu\text{m}$). This result follows directly from Eq. 2. Assuming a constant soliton depth n_d and working in the Thomas-Fermi limit, the derivative of v_s with respect to time yields the equation of motion $dv_s/dt \equiv d^2x_s/dt^2 = -\omega^2 x_s/2$. Thus, the soliton in a 1D trap should oscillate harmonically with a frequency $\omega_s = \omega/\sqrt{2}$, smaller than the trap frequency ω . Previous calculations have also found this behavior (17). In our system, therefore, the soliton should stop after one-quarter of the oscillation time, $(\pi/2)(\sqrt{2}/\omega_s)$ ms, which is in agreement with our 3D simulations. The 3D calculations, however, indicate that the soliton does not oscillate back after stopping, but instead breaks up, forming vortices that migrate to the BEC surface and disappear.

Future directions. The optical phase imprinting and matter-wave interferometry techniques presented here are new control and analysis tools for wave function engineering of Bose-Einstein condensates. For example, the interferometer might also be used to study randomness in the evolution of the condensate phase (phase diffusion). Our optical imprinting techniques could be extended to the control of wave function amplitude, with the use of near-resonant laser frequencies to induce absorption. The probability of removing atoms from the condensate would then be proportional to the local intensity of the laser beam, allowing us to tailor the density distribution of the BEC in addition to its phase.

Future avenues for research include studies of soliton stabilities and the interactions between solitons, as well as other nonlinear dynamics of condensates. Another possibility is the use of optical phase imprinting to create quantized vortices in a BEC (2). The 2π

phase winding of the vortex wave function around its core can be imprinted by imaging an intensity pattern with a linear azimuthal dependence (Fig. 1C). Quantized vortices in a BEC are a manifestation of superfluidity and have recently been observed in a two-component condensate (4) and a condensate in a rotating trap (36). We note that a group in Hannover, Germany, has independently studied solitons in a BEC using optical phase imprinting (37).

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- For Fig. 2, we released the BEC from the magnetic trap $500 \mu\text{s}$ after the first interferometer pulse.
- Because of mirror vibrations, our interferometer experiences random phase variations between the interferometer arms from one shot to the next. Despite this limitation, we can still unambiguously identify phase step imprints of π because only then can high-contrast "half moon" images be obtained. In that case we can choose an image for which the random phase is zero, as in Fig. 2. By mechanically stabilizing the interferometer, the global random phase can be controlled and the interferometer could then be used more quantitatively.
- The asymmetric nature of our interferometer does not lend itself to measuring the phase of a trapped condensate after long propagation times. The differential velocity between the interferometer arms, which results from the action of the trapping potential, leads to fringes at the output.
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- All uncertainties reported in this article are 1 standard deviation combined statistical and systematic uncertainties.

RESEARCH ARTICLES

36. K. W. Madison *et al.*, preprint available at <http://xxx.lanl.gov/abs/cond-mat/9912015>.
37. S. Burger *et al.*, preprint available at <http://xxx.lanl.gov/abs/cond-mat/9910487>.

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