

# Immunize Our Children

“Let us put our minds together to see what life we can make for our children.”  
—Sitting Bull, Lakota Sioux, 1877

## Vaccines—a responsibility to our children



One of the best ways you can protect your children against disease is by having them vaccinated. Vaccination (also called immunization or baby shots) starts at birth. An early start is very important because your baby's immune system is not strong enough to fight diseases. Vaccines boost the immune system without causing disease. Vaccines protect children against some diseases and help keep babies healthy. Protect your children by getting them all the recommended vaccines before they are two years of age.

Please, don't delay.

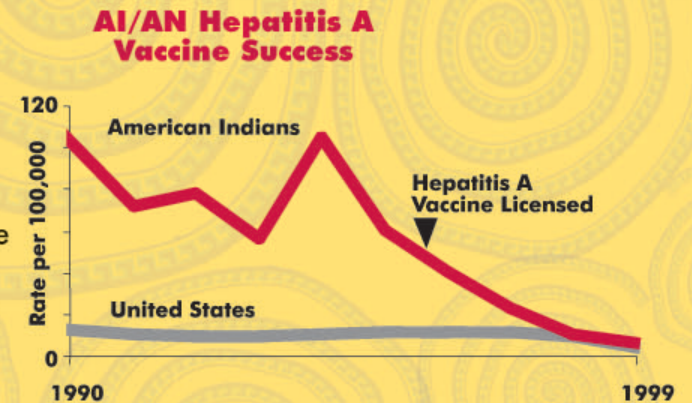
## Protect The Circle of Life

## Vaccines—a success story

American Indian and Alaska Native (AI/AN) children have a greater risk of getting some diseases than other U.S. children. Fortunately, strong vaccination efforts have greatly lowered the number of illnesses and deaths among children and adults. The success of the hepatitis A vaccine illustrates this point.

Before the hepatitis A vaccine was available, AI/AN children and adults were far more likely to get hepatitis A (a disease of the liver) than the rest of the U.S. population.

This disease still strikes AI/AN communities across the U.S., but the hepatitis A vaccine saves many people from becoming sick or dying.



Source: Centers for Disease Control and Prevention, Beth Bell, MD

**Ask your health care provider which vaccines your child needs. Keep the circle strong.**

**CDC National Immunization Information**

**ENGLISH: 800-232-2522**

**ESPAÑOL: 800-232-0233**

**DEAF & HARD OF HEARING: 800-243-7889**

