## Fact Sheet

## Pregnancy Prevention

## From CDC's School Health Policies and Programs Study (SHPPS) 2000

## About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the Journal of School Health, Volume 71, Number 7, September 2001.

## Health Education

Percentage of States, Districts, and Schools Requiring Pregnancy Prevention Education, by School Level


- Among teachers of required health education, elementary school teachers who provided pregnancy prevention education spent a median of 1 hour per school year teaching the topic, middle/junior high school teachers spent a median of 2 hours, and senior high school teachers spent a median of 3 hours.

During the two years preceding the study:
$74.0 \%$ of states and $43.2 \%$ of districts provided funding for or offered staff development on pregnancy prevention education to health education teachers.

- 7.0\% of elementary school classes, 24.8\% of required health education courses in middle/junior high schools, and $30.3 \%$ of required health education courses in senior high schools had a teacher who received staff development on pregnancy prevention education.


## Percentage of Schools Teaching Topics and Skills Related to Pregnancy Prevention in at Least One Required Class or Course, by Topic and Skill

|  | All schools | Elementary <br> schools | Middle/junior <br> high schools | Senior high <br> schools |
| :--- | :---: | :---: | :---: | :---: |
| Topic |  |  |  |  |
| Abstinence as the most effective method to <br> avoid pregnancy, HIV, or STDs | 71.7 | 40.8 | 91.5 | 96.1 |
| Condom efficacy | 64.8 | $\mathrm{~N} / \mathrm{A}^{1}$ | 54.1 | 82.9 |
| Dating and relationships | 63.7 | 34.9 | 82.5 | 86.2 |
| How to correctly use a condom | 33.6 | $\mathrm{~N} / \mathrm{A}$ | 20.8 | 55.1 |
| Human development issues, such as <br> reproductive anatomy and puberty | 73.8 | 57.6 | 84.8 | 86.1 |
| Marriage and commitments | 56.3 | 34.5 | 71.5 | 71.9 |
| Methods of contraception | 67.9 | 32.8 | 61.8 | 87.0 |
| Skill | 59.9 | 24.5 | 78.0 | 87.0 |
| Communication skills related to sexual <br> behaviors | 62.3 | 33.4 | 74.0 | 83.7 |
| Decision-making skills related to sexual <br> behaviors | 68.4 | 40.4 | 82.8 | 87.4 |
| Goal-setting skills related to sexual <br> behaviors | 86.8 | 90.5 |  |  |
| Resisting peer pressure to engage in sexual <br> behavior |  |  |  |  |

'Data not available-question not asked at this level.

## Health Services

- $14.0 \%$ of states and $39.2 \%$ of districts require that districts or schools provide one-on-one or small-group discussions on pregnancy prevention to students when needed (not including classroom instruction).
- 31.6\% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on pregnancy prevention to students when needed.

For additional information on SHPPS, contact the Centers for Disease Control and Prevention (CDC),

