

*A NASS Meeting Unlike Any You've Ever Attended!*

# BACK INTO MOTION

APRIL 6-9, 2005  
SHERATON BAL HARBOUR  
BAL HARBOUR, FLORIDA





# BACK INTO MOTION

Dear Spine Care Professional:

On behalf of the North American Spine Society (NASS) Spring Break Program Committee, we invite you to attend NASS Spring Break 2005: Back Into Motion to be held April 6-9, 2005 in beautiful Bal Harbour, Florida.

NASS Spring Break will be a high-energy, interactive meeting focusing on controversial and nontraditional topics. This meeting continues to be different from the typical meeting format; look forward to interactive symposia and debate sessions. NASS Spring Break will provide physicians an opportunity to share current information and concepts relating to spinal problems in an open, interactive relaxed atmosphere.

NASS Spring Break will be held at one of Florida's finest resort areas, Bal Harbour, which spans approximately one square mile in the heart of South Florida's fabled Gold Coast. Bal Harbour boasts a combination of international flare and small town charm. With an average temperature of 75 degrees fahrenheit, visitors enjoy balmy days, sunny beaches, peaceful atmosphere and hundreds of cultural and recreational activities at our doorstep. Nestled on ten acres of tropical gardens and sandy beaches, this four-diamond resort is convenient to both Miami Beach and Ft. Lauderdale.

Be sure to join your colleagues for NASS Spring Break 2005: Back Into Motion. A NASS meeting unlike any other you've ever attended!

*Alexander Vaccaro, MD, Philadelphia, PA and  
Christopher Shaffrey, MD, Charlottesville, VA  
Program Co-chairs*

## PROGRAM COMMITTEE

Jean-Jacques Abitbol, MD, San Diego, CA  
Todd Albert, MD, Philadelphia, PA  
Ray Baker, MD, Bellevue, WA  
Stanley Herring, MD, Seattle, WA  
J. Patrick Johnson, MD, Los Angeles, CA  
Reginald Knight, MD, Kirkland, WA  
Hallett H. Mathews, MD, Richmond, VA

## AUDIENCE

Join the leading authorities in spine care, representing a multidisciplinary community that includes:

Orthopedic Surgeons	Neurosurgeons
Pain Management Specialists	Physiatrists
Physical Therapists	Rheumatologists
Psychologists	Osteopathic Physicians
Chiropractors	Nurse Practitioners
Nurses Administrators	Physician Assistants
Researchers	

Any other health care professional with an abiding interest in the spine is encouraged to attend.

## MEETING OBJECTIVES

At the completion of this meeting, participants should be able to:

- Evaluate nonoperative options and treatments for spine pain.
- Compare motion vs. fusion as it relates to a successful outcome for patients.
- Evaluate the release of new technology and its effect on spine care.
- Critique the use of biomaterials for stabilization of the spine.
- Assess new frontiers in the release and monitoring of new technology.

Designed for all physicians caring for patients with spinal disorders, we also encourage researchers and other health care professionals involved in spine care to attend as well.

## CREDIT

NASS designates this educational activity for a maximum of **15.25** category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits actually spent in the educational activity. NASS is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

*\*Schedule subject to change. Confirmed presentations and speakers will be available in the final program.*

# MEETING-AT-A-GLANCE

## WEDNESDAY, APRIL 6

6:30-8:30 PM **Welcome Reception**

## THURSDAY, APRIL 7

6:45-7:20 AM **Breakfast and Exhibits**

7:20-7:30 AM **Opening Remarks**

7:30-8:05 AM **Patient Selection: The Importance of Differentiating Acute vs. Chronic LBP**

8:05-8:40 AM **Evidence Based Nonoperative Care: A Rational Approach**

8:40-9:15 AM **Surgical Planning for the Opioid Dependent Patient: Is Preoperative Tapering Enough?**

9:15-9:45 AM **Break and Exhibits**

9:45-10:20 AM **Diagnostic Facet and Sacroiliac Joint Injections: Assessing and Improving Diagnostic Accuracy**

10:20-10:55 AM **The Role of Provocation Discography in the Era of Disc Arthroplasty**

10:55-11:30 AM **Injection Controversies: Surgeons Performing Injections, IV Sedation for Diagnostic Injections, and Other Controversies**

11:30AM-12:15PM **Lunch and Exhibits**

12:15-1:30 PM **Disc Repair/Anatomy and Biomechanics**

## FRIDAY, APRIL 8

6:45-7:20 AM **Breakfast and Exhibits**

7:20-7:30 AM **Opening Remarks**

7:30-8:45 AM **Repair “Bumpers, Tethers, Slings & Things”**

8:45-9:05 AM **Break and Exhibits**

9:05-10:20 AM **Critical Decision Making I: Motion vs. Stabilization**

10:20-11:50 AM **Critical Decision Making II: Lumbar/Cervical Arthroplasty**

11:50AM-12:30PM **Lunch and Exhibits**

12:30-1:45 PM **Outcomes and Complications**

5:30-6:30 PM **Wine & Cheese Reception**

## SATURDAY, APRIL 9

6:45-7:20 AM **Breakfast and Exhibits**

7:20-7:30 AM **Opening Remarks**

7:30-9:15 AM **Education of New Technology**

9:15-9:35 AM **Break and Exhibits**

9:35-10:20 AM **What is the Best Method of Treating Junctional Degeneration After Fusion in the Lumbar Spine?**

10:20-11:00 AM **Is There a Role for Posterior Facet Replacement?**

11:00-11:35 AM **Anterior Cord Compression with Cervical Spondylotic Myelopathy-Single Level**

11:35 AM-12:20 PM **Material Considerations in Total Disc Arthroplasty**

12:20-12:50 PM **Lunch and Exhibits**

12:50-1:20 PM **Center of Rotation: Does the Location or Method Matter in Lumbar Disc Arthroplasty?**

1:20-2:00 PM **What Will Emerge as Approach of Choice for Most Lumbar Arthroplasty Procedures?**

2:00 PM **Meeting Conclusion**

## HOTEL INFORMATION

Make your hotel reservations by completing the information on the Attached Registration Form. Attendee and Housing Registration for Spring Break 2005: Back Into Motion must be made simultaneously; one will not be accepted and processed without the other. The only exception is for attendees who live in the Miami area.

The official cut-off date for the discounted rate is March 15, 2005. Registrations received after March 15, 2005 are subject to room availability and the discounted rate may not apply. There are instances where the room block sells out prior to the cut-off. If this occurs, NASS will do its best to find alternative accommodations.

Sheraton Bal Harbour Beach Resort  
9701 Collins Avenue  
Bal Harbour, Florida 33154  
Phone: (305) 865-7511 Fax: (305) 864-2601  
www.sheratonbalharbourresort.com

### *Room Rates and Styles*

Room and styles are available on a first come, first serve basis until **March 15, 2005**. Don't delay in making your reservations. Once the room style or total block is sold out, there is no guarantee of getting a room, even if the block fills prior to the cut-off date.

#### *Traditional Accommodations \$200*

Accommodations are approximately 268 to 360 square feet offering Village, intracoastal, pool and partial ocean views.

#### *Superior/Deluxe \$245*

Accommodations are approximately 431 to 510 square feet offering a combination of Village, intracoastal and partial ocean views, located in the North Tower. Guestroom features include large marble bath, walk-in closet, and other standard guestroom amenities.

All rates are listed for single or double occupancy and do not reflect tax or service charges.

## DISCLAIMER

The material presented at Spring Break is made available by NASS for educational purposes only. The material is not intended to represent the only, nor necessarily the best, method or procedure appropriate for the medical situations discussed. It is intended to

present an approach, view, statement or opinion of the faculty, which may be helpful to others who face similar situations. NASS disclaims any and all liability for injury or other damages resulting to any individual attending the meeting, and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by physicians or any other person.

## FDA DISCLOSURE

Certain drugs and medical devices identified at NASS Spring Break may have FDA clearance for use of specific purposes only or for use in restricted research settings. The FDA has stated that it is the responsibility of the physician to determine the FDA status of each drug or device he or she wishes to use in clinical practice and to use these products in compliance with applicable law. If a device or drug requiring FDA approval is identified as an important component of a presentation, the author must indicate the FDA status of those devices or drugs as "Approved", "Investigational" or "Not Approved" for distribution in the United States. The Final Program will include all FDA status information.

## COMMERCIAL SUPPORT DISCLOSURE

As a sponsor accredited by the ACCME, the North American Spine Society must ensure balance, independence, objectivity and scientific rigor in all its sponsored activities. All faculty are expected to disclose to the audience any significant financial interest or other relationship (1) with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation and (2) with any commercial supporters of the activity. (Significant financial interest or other relationship can include such things as grants or research support, employee, consultant, major stockholder, member of the speaker's bureau, etc., valued in excess of \$500.) The Final Program will indicate whether the authors have this type of relationship. The intent of disclosure is to provide the audience with information on which they can make their own judgments. It remains for the audience to determine whether the speaker's interests or relationships may influence the presentation with regard to exposition or conclusion. NASS does not view the existence of these interest or commitments as necessarily implying bias or decreasing the value of the presentation.



**DEADLINE MARCH 9, 2005: Register early - participation is limited to the first 300 registrants!**

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APRIL 6-9, 2005, SHERATON BAL HARBOUR, BAL HARBOUR, FLORIDA

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Degree  MD  DO  PhD  Other \_\_\_\_\_ Specialty \_\_\_\_\_

Institution \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State/Province \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Telephone \_\_\_\_\_ Fax \_\_\_\_\_ E-mail \_\_\_\_\_

**REGISTRATION FEE:** Please check the appropriate rate.

NASS Member \$525     Pending Member/Nonmember \$575     Resident/Fellow/Allied Health \$300

*The registration fee includes all conference materials, the receptions, breakfasts and lunches.*

**HOTEL RESERVATION:** Please indicate room type requested by checking the appropriate fee(s) below.

Traditional     Single \$200     Double \$200     \$25 per additional person/per night

Superior/Deluxe     Single \$245     Double \$245     \$25 per additional person/per night

Number of beds?  One  Two  Rollaway    Number of guests?  One  Two  Three  Four

Arrival date: \_\_\_\_\_ Departure date: \_\_\_\_\_ No. of nights? \_\_\_\_  Smoking  Nonsmoking

I need disability accomodation (specify: \_\_\_\_\_)

*Reservations are processed on a first-come, first-served basis. All room rates are in US Dollars and are subject to tax (11%). Resort fee of \$8.00 per room/day, taxable by 7%, includes local & toll-free telephone calls (1-30 minutes), complimentary incoming faxes (1-10 pages), daily admission to health club and beach chairs. All reservations require a first night's deposit of room and tax guaranteed by credit card. Acknowledgment will be sent after each reservation booking, modification and/or cancellation. Review acknowledgment carefully for accuracy. If you do not receive an acknowledgment within 14 days after any transaction, please call NASS Group Housing at (877) Spine-Dr or (708) 588-8080. Changes and/or cancellations must be made in writing directly to NASS Group Housing. Cancellation for the Sheraton Bal Harbour Beach Resort must be received by NASS Group Housing no later than 72 hours prior to arrival in order to receive a refund of your deposit, less a \$100 cancellation fee.*

**PAYMENT:**                                      **Registration Fee \$** \_\_\_\_\_    **Hotel Reservation \$** \_\_\_\_\_

Check or money order in US funds made payable to: North American Spine Society

Credit card: \_\_\_ Visa \_\_\_ MasterCard \_\_\_ American Express     Charge my reg. fee and hotel to this card\*

*\*Your credit card statement will show a charge from NASS for the registration fee and from the Sheraton for the hotel reservation.*

Please print name as it appears on card: \_\_\_\_\_

Card No. \_\_\_\_\_ Expir. Date \_\_\_\_\_

Signature \_\_\_\_\_

In case of emergency, contact: \_\_\_\_\_ Telephone \_\_\_\_\_ Relation \_\_\_\_\_

I need disability accomodation (specify: \_\_\_\_\_)

I have special dietary needs (specify: \_\_\_\_\_)

**Register by Mail:** Mail completed form with check to North American Spine Society, Dept. 77-6663, Chicago, IL 60678-6663 USA. **Register by Fax:** Fax completed form to (708) 588-8090. All fax registrations must be charged to Visa, MasterCard or American Express.

**Cancellation Policy:** Refunds will be allowed less a \$100 administrative fee if cancellation is made in writing by March 9; no refunds will be allowed after that date. NASS reserves the right to cancel or reschedule programs due to circumstances beyond its control or close registration when programs are oversubscribed. Registrants are advised against purchasing nonrefundable airline tickets until they receive confirmation from NASS. NASS is not responsible for penalties incurred as a result of cancelled transportation fares.

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**NASS  
SPRING  
BREAK  
2005**

## ABOUT NASS

The North American Spine Society (NASS) is a multidisciplinary organization with more than 3,800 members in North America and abroad. The membership consists of orthopedic surgeons, neurosurgeons, physiatrists and many other specialists involved in spine care. NASS is proud to be the leading multidisciplinary organization in the field of spinal disorders. The NASS mission is to advance quality spine care through education, research and advocacy.



**NORTH AMERICAN SPINE SOCIETY**  
**22 Calendar Ct., 2nd floor**  
**LaGrange, IL 60525 USA**

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**PAID**

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