The Interstitial Cystitis Association invites you to the



## **Long Island Regional IC Forum**

Sunday, December 12, 2004

The Epstein Teaching Center, Rooms 201 A, B, and C of Long Island Jewish Medical Center

Patients: 1 pm to 3 pm, with Registration from 12 Noon to 1 pm Healthcare Professionals: 3:15 pm to 5 pm, with Registration from 3:00 to 3:15 pm



Featuring Guest Speaker

# Robert Moldwin, M.D.

This program is being underwritten by **THE MEDTRONIC FOUNDATION** WITH ADDITIONAL SUPPORT FROM AKPHARMA, DESERT HARVEST AND ORTHO MCNEIL.

Moderator: Vicki Ratner, M.D.

Founder, President, and Chief Medical Officer of the Interstitial Cystitis Association

**DR. ROBERT MOLDWIN** is an internationally recognized IC researcher and clinician who is the Director of the Interstitial Cystitis Center at Long Island Jewish Medical Center. A member of the ICA's national Medical Advisory Board, Dr. Moldwin has spoken on IC at conferences across the nation and around the world. He is the author of the best-selling book on IC, *The Interstitial Cystitis Survival Guide*.

- Detailed presentation on IC etiology theories, treatments, self-help measures, and research developments
- Question & answer session
- · Opportunity to meet and network with other patients and speakers
- ICA resources
- Refreshments provided
- Registration is only \$15.00 per person

<u>Space is limited, so please register by mail today.</u>
<u>Registration Deadline: November 30<sup>th</sup>.</u>
Return the Registration Form below plus fee of \$15.00 per person.



#### PRINT THIS COUPON AND RETURN BY MAIL OR FAX TO the ICA:

## Yes! Reserve my spot at the December 12<sup>TH</sup> ICA Long Island Regional IC Forum

Last Name (PRINT)	First Name	
Street Address	Home Phone	
City	_State	_ Zip
Number of people in my group All names, please		
☐ I have enclosed my check or money order in the amount of \$15.00 per person, payable to ICA.		
□ Charge my credit card \$ □ Visa □ MasterCard □ D	iscover Card #	
Signature	Expiration Date	

MAIL TO:

ICA, Long Island Meeting, P.O. Box 17522, Baltimore, MD 21298-7036

*FAX TO:* **1-301-610-5308** 

#### **DIRECTIONS to L.I. Jewish Medical Center**

#### 270-05 76th Avenue, New Hyde Park, NY 11040

phone: (718 or 516) 470-7000

**Parking** is available in the visitors' garage 24 hrs/day. For information about parking fees, call Edison Parking at (718) 470-7676. The garage can be reached either from the Lakeville Road or 271st St roadways. For your convenience, there is Valet Parking service at the main entrance of Long Island Jewish Hospital.

**Long Island Expressway** – Eastbound: Exit 33 - Lakeville Road; from service road make right turn onto Lakeville Road; proceed south one mile to the Medical Center entrance on right. **Long Island Expressway** – Westbound: Exit 33 - Lakeville Road; proceed on service road to second traffic light; make left turn under Expressway overpass onto Lakeville Road; proceed south one mile to the Medical Center entrance on the right.

Grand Central-Northern State Parkway – Eastbound: Exit 25 - Lakeville Road; make right turn onto Marcus Avenue and proceed to traffic light; make left turn onto Lakeville Road; proceed south 3/10 mile to Medical Center entrance on the right. Grand Central-Northern State Parkway – Westbound: Exit 25 - Lakeville Road; exit under the underpass; bear right around cloverleaf (heading south); entrance to the Medical Center on the right. Cross Island Parkway - Northbound or Southbound: Exit onto Long Island Expressway (Route 495) - eastbound or onto Grand Central Parkway; see above for instructions for exits. Union Turnpike – Eastbound: Make left at 271st St.; proceed two blocks to the Medical Center entrance. Northern Boulevard - Eastbound or Westbound: Turn south onto Lakeville Road; proceed two miles to the Medical Center entrance on the right.

**IND** "E" or "F" train to the Union Turnpike (Kew Gardens) express station, (25 minutes from Times Square). Use last car of the train and leave the station via the 78th Ave exit. Take the City Line Q46-(LIJ Hospital/Lake Success) bus to the last stop at the LIJ Medical Center, (40 minutes).

The **North Shore Towers Express Bus** to and from Manhattan operates 7 days a week and stops at Union Turnpike and 260th and 265th St a few blocks from Hillside Hospital and also stops at the Medical Center bus stop on Lakeville Road. For Schedule information and Manhattan stops, call Queens Surface Corp. at (718) 445-3100.

By Long Island Rail Road to LIJ Hospital from Penn Station (Manhattan): trips take 40 - 50mins:

Port Washington Branch - to Great Neck Station; Metropolitan Suburban Bus Authority (MSBA) Route N25 to the Medical Center

Port Jefferson Branch Main Line to New Hyde Park Station; MSBA Route N25 to the Medical Center

Hempstead Branch - to Stewart Manor Station; MSBA Route N25 to the Medical Center

 $For LIRR\ information\ call\ (718)\ 217\text{-}5477.\ For\ MSBA\ schedules\ please\ call\ (516)\ 766\text{-}6722.$