

# For More Information



To obtain the following publications, visit FEMA online at <http://www.fema.gov/library> or by calling FEMA's Distribution Center at 1-800-480-2520. FEMA can be reached via mail at Federal Emergency Management Agency, P.O. Box 2012, Jessup, MD 20794-2012. Local emergency management offices are also good sources for emergency management publications.

***This is FEMA (L-135).*** Provides an overview of FEMA.

***Are You Ready? A Guide to Citizen Preparedness (H-34).***

***Emergency Preparedness Checklist (L-154).*** Provides a checklist of suggested disaster preparedness steps and activities. *Also available in Spanish.*

***Preparing for Emergencies: A Checklist, for People with Mobility Problems (L-154M).*** Provides information specific

to people with limited mobility including children, people with disabilities, and the elderly.

***Your Family Disaster Supplies Kit (L-189).*** Provides a checklist of emergency supplies that should be kept in the home and contained in a Disaster Supplies Kit. *Also available in Spanish.*

***Your Family Disaster Plan (L-191).*** Provides guidelines and instructions to help families develop a disaster plan. *Also available in Spanish.*

***Emergency Food and Water Supplies (L-210).*** Explains how to choose food for an emergency kit, emergency cooking, water purification, where to locate emergency water, and how to store emergency food and water supplies in the home.

***Helping Children Cope with Disaster (L-196).*** Provides information on how to prep children prior to disaster and how to lessen the emotional effects of disaster. *Also available in Spanish.*

***Disaster Preparedness Coloring Book (FEMA-243).*** For ages 3-10. *Also available in Spanish.*

***Adventures of the Disaster Dudes (FEMA-242).*** Includes a video and presenters guide for use by an adult with children ages 9-11.

***Before Disaster Strikes (FEMA-291).*** Contains information on how to make sure you are financially prepared to deal with a natural disaster. *Also available in Spanish.*

***After Disaster Strikes (FEMA-292).*** Contains information on how to recover financially from a natural disaster. *Also available in Spanish.*

***Emergency Management Guide for Business and Industry (FEMA-141).***

**When Disaster Strikes... (L-217).** Provides information on donations and volunteer organizations.

**The Adventures of Julia and Robbie: The Disaster Twins (FEMA-344).** A collection of disaster related stories. Includes information on preparedness and how to mitigate against disasters.

**FEMA for Kids (L-229).** Provides information about what FEMA (specifically FEMA.gov) has to offer children.

**After a Flood: The First Steps (L-198).** Information for homeowners on preparedness, safety and recovery from a flood.

**Community Shelter (FEMA-361).** Contains guidance for constructing mass shelters for public refuge in schools, hospitals and other places of assembly.

**Homeowner's Guide to Retrofitting: Six Ways to Protect Your House from Flooding (L-235).** A brochure about obtaining information on how to protect your home from flooding.

**Homeowner's Guide to Retrofitting: Six Ways to Protect Your House from Flooding (FEMA-312).** A detailed manual on how to protect your home from flooding.

**Taking Shelter from the Storm: Building a Safe Room Inside Your House (L-233).** This brochure provides details about obtaining information on how to build a Wind Safe Room to withstand tornado, hurricane and other high winds.

**Taking Shelter from the Storm: Building a Safe Room Inside Your House (FEMA-320).** This manual provides detailed information on how to build a Wind Safe Room to withstand tornado, hurricane and other high winds.

**Tornado Fact Sheet (L-148).** Provides safety tips for before, during and after a tornado.

**Against the Wind: Protecting Your Home from Hurricane and Wind Damage (FEMA-247).**

**Avoiding Earthquake Damage: A Checklist for Homeowners.** Safety tips for before, during and after an earthquake.

**Preparedness in High-Rise Buildings (FEMA-76).** Earthquake safety tips for high-rise dwellers.

**Learning to Live in Earthquake Country: Preparedness in Apartments and Mobile Homes (L-143).** Safety tips on earthquake preparation for residents of apartments and mobile homes.

**Family Earthquake Safety Home Hazard Hunt and Drill (FEMA-113).** How to identify home hazards; how to conduct earthquake drills.

**Wildfire: Are You Prepared? (L-203).** Wildfire safety tips, preparedness and mitigation techniques.

# Citizen Corps

Citizen Corps provides opportunities for people across the country to participate in a range of measures to make their families, their homes, and their communities safer from the threats of crime, terrorism, and disasters of all kinds. Through public education, training opportunities, and volunteer programs, every American can do their part to be better prepared and better protected.

Citizen Corps is managed at the local level by Citizen Corps Councils, which bring together existing crime prevention, natural disaster preparedness, and public health response networks with the volunteer community and other groups. These Citizen Corps Councils will organize public education on disaster mitigation and preparedness, citizen training, and volunteer programs to give people of all ages and backgrounds the opportunity to support their community's emergency services and to safeguard themselves and their property.

By participating in Citizen Corps programs, you can make your home, you neighborhood and your community a safer place to live. To find out more, please visit the Citizen Corps website, [www.citizencorps.gov](http://www.citizencorps.gov) or visit [www.fema.gov](http://www.fema.gov).

Activities under Citizen Corps include existing and new federally sponsored programs administered under the Department of Justice (Neighborhood Watch, Volunteers in Police Service, and Operation TIPS), under FEMA (Community Emergency Response Teams - CERT), and under DHHS (Medical Reserve Corps), as well as other activities that share the common goal of community and family safety.



# CERT

The Community Emergency Response Team (CERT) program helps train volunteers to assist first responders in emergency situations in their communities. CERT members give critical support to first responders in emergencies, provide immediate assistance to victims, organize spontaneous volunteers at a disaster site, and collect disaster intelligence to support first responder efforts. The role of a CERT volunteer is self-help/neighbor-help until such time as trained first-response personnel arrive.

The CERT course is taught in the community by a trained team of first responders who have completed a CERT Train-the-Trainer course conducted by their state training office for emergency management, or FEMA's Emergency Management Institute (EMI), located in Emmitsburg, Maryland. Training of CERT volunteers consists of 20 hours of instruction on topics that include disaster preparedness, disaster fire suppression, basic disaster medical operations, and light search and rescue operations.

For additional information on CERT, visit [www.training.fema.gov](http://www.training.fema.gov).

# Disaster Public Education Websites

Federal Emergency Management Agency .....	<a href="http://www.fema.gov">www.fema.gov</a>
U.S. Fire Administration .....	<a href="http://www.usfa.fema.gov">www.usfa.fema.gov</a>
Citizen Corps .....	<a href="http://www.citizen corps.gov">www.citizen corps.gov</a>
Department of Commerce .....	<a href="http://www.doc.gov">www.doc.gov</a>
Department of Health and Human Services .....	<a href="http://www.hhs.gov">www.hhs.gov</a>
Department of Energy .....	<a href="http://www.energy.gov">www.energy.gov</a>
U.S. Department of Agriculture .....	<a href="http://www.usda.gov">www.usda.gov</a>
Department of Justice .....	<a href="http://www.justice.gov">www.justice.gov</a>
Department of Interior .....	<a href="http://www.doi.gov">www.doi.gov</a>
Environmental Protection Agency .....	<a href="http://www.epa.gov">www.epa.gov</a>
U.S. Postal Service .....	<a href="http://www.usps.gov">www.usps.gov</a>
National Oceanic and Atmospheric Administration .....	<a href="http://www.noaa.gov">www.noaa.gov</a>
National Weather Service .....	<a href="http://www.nws.noaa.gov">www.nws.noaa.gov</a>
U.S. Geological Survey .....	<a href="http://www.usgs.gov">www.usgs.gov</a>
Centers for Disease Control and Prevention .....	<a href="http://www.cdc.gov">www.cdc.gov</a>
Food and Drug Administration .....	<a href="http://www.fda.gov">www.fda.gov</a>
Nuclear Regulatory Commission .....	<a href="http://www.nrc.gov">www.nrc.gov</a>
American Red Cross .....	<a href="http://www.redcross.org">www.redcross.org</a>
National Fire Protection Association .....	<a href="http://www.nfpa.org">www.nfpa.org</a>
Institute for Business and Home Safety .....	<a href="http://www.ibhs.org">www.ibhs.org</a>
Humane Society of the United States .....	<a href="http://www.hsus.org/disaster">www.hsus.org/disaster</a>

# Independent Study Courses

**To obtain the following Independent Study Courses from FEMA, Write to:**

Independent Study Program  
Emergency Management Institute  
16825 South Seton Avenue  
Emmitsburg, MD 21727

**Online:** <http://www.training.fema.gov>

- IS-1      *Emergency Program Manager: An Orientation to the Position*
- IS-2      *Emergency Preparedness, USA*
- IS-3      *Radiological Emergency Management*
- IS-5      *Hazardous Materials: A Citizen's Orientation*
- IS-7      *A Citizen's Guide to Disaster Assistance*
- IS-8      *Building for the Earthquakes of Tomorrow: Complying with Executive Order 12699*
- IS-9      *Managing Floodplain Development Through the National Flood Insurance Program (NFIP)*
- IS-10     *Animals in Disaster—Module A, Awareness and Preparedness*
- IS-11     *Animals in Disaster—Module B, Community Planning*
- IS-120    *An Orientation to Community Disaster Exercises*
- IS-195    *Basic Incident Command System*
- IS-275    *The EOC's Role in Community Preparedness, Response and Recovery Activities*
- IS-279    *Engineering Principles and Practices for Retrofitting Flood-Prone Residential Structures*
- IS-288    *The Role of Voluntary Agencies in Emergency Management*
- IS-301    *Radiological Emergency Response*
- IS-324    *Community Hurricane Preparedness*
- IS-346    *An Orientation to Hazardous Materials for Medical Personnel*
- IS-393    *Introduction to Mitigation*
- IS-394    *Mitigation for Homeowners*
- IS-513    *The Professional in Emergency Management*
- IS-600    *Special Considerations for FEMA Public Assistance Projects*
- IS-630    *Introduction to the Public Assistance Process*
- SS-534    *Emergency Response to Terrorism (presented by the National Fire Academy—12 hours).*