

Camps for children with diabetes Summer 2004

Last updated March 30, 2004

Join in the summer camp fun for children with diabetes near you. You may want to consider a camp that specializes in an activity of interest to you or that is in another state.

Camps are listed in state order. Both resident and day camps are offered and camps are classified as either operated by the American Diabetes Association, or marketed and financially supported by the Association.

Camps on this site are accredited by the American Camping Association or have met basic safety standards (for those camps ineligible for ACA accreditation due to length of program or site).

Alabama



Camp Seale Harris

Camp Seale Harris is a resident camp located at Camp ASCCA on Lake Martin near Jackson's Gap, Alabama. Diabetes Education is the key element of Camp Seale Harris. Education classes are included daily as well as lots of fun activities such as swimming, fishing, horseback riding, tubing, ball games, arts and crafts and wildlife zoo. Camp is offered for children ages 1-17 and their families. Camp week for designated age groups and family weekends at various times from April through October, 2004. All fees based upon Adjusted Gross Income. Camp Seale Harris is an independently operated camp for which the Association offers marketing and financial support.

Camp Contact: Terry Ackley, 256-765-2431

Alaska



Camp Kushtaka

This American Diabetes Association operated 5-day resident camp, located in Snug Harbor near Cooper Landing, combines the fun of outdoor activities with daily diabetes management education. Camp is offered for children ages 7 – 17.

Dates: June 20-25

Camp Fee: \$325

Contact: Eileen Stankavich at 888-342-2383
907-272-1424

Arizona



Camp AZDA

The American Diabetes Association Camp AZDA resident camp is located at Friendly Pines Camp in Prescott, Arizona. It provides exciting activities such as fishing, heated swimming pool, horseback riding, tennis, challenge course, rock climbing & overnight campouts. Both formal and informal diabetes self-management education takes place through the full time medical staff. Camp offers a Children's Program for 7 to 12 year old campers; Young Teen Program for 12 to 14 year old campers & a Teen Adventure Program for 14 to 16 year old campers.

Camp Dates: June 12-19

Camp Fee: \$600

Contact: Desiree Cummins at 888-342-2383x7094

Arkansas



Diabetes Youth Camp at Camp Aldersgate

The American Diabetes Association's Diabetes Youth Camp is held at Camp Aldersgate in partnership with MED Camps of Arkansas. The resident camp program is located in Little Rock, Arkansas and includes activities such as an adventure challenge, scuba diving, canoeing, human powered boats, archery and a dance, along with educational programs to improve diabetes management. This camp program is offered for children ages 8 – 13.

Camp Dates: July 11 - 16

Camp Fee: \$450

Contact: 1-800-216-2464 extension 6056

California



Camp Wana Kura

The American Diabetes Association Camp Wana Cura day camp is held at the Marine Corps Recruit Depot in San Diego. Activities include crafts, games, canoeing, swimming and science projects. Camp is offered for children ages 5-12. The Camp Aid Program is available for youth ages 13-17.

Camp Dates: July 27 - 30

Camp Fee: \$50

Contact: Linda Madrid at 619-234-9897, extension 7515.



Camp Conrad-Chinook

Camp Conrad-Chinook is owned and operated by the Diabetic Youth Services, Inc. The resident camping program offers different sessions for different ages. Camp is offered for children ages 7-16. Call for more information about dates and fees.

Camp Contact: Tom Jenkins at 323-966-2890x7508

Colorado



Camp Colorado

The American Diabetes Association's Camp Colorado "Rez Camp" has a new theme each year in addition to aqua jump, canoeing, flight simulator, horseback riding & crafts to name a few activities. Wilderness Camp includes backpacking, hiking, rappelling and rock climbing. Equestrian Camp includes horsemanship lessons, tack care, dressage, jumping and trail rides. The ADA Camp Colorado program is held at Eagle Lake Camp in Colorado Springs, Colorado.

Camper Ages: Residence Camp 8-17; Wilderness Camp 13 – 17; Equestrian Camp 12 – 17

Camp Dates: July 4-9

Camp Fees: Residence & Wilderness Camps -\$525- ADA Members; \$575 – Non Members
Equestrian Camp - \$645 - ADA Members; \$695 - Non Members

Contact: Susan Emmerling at 720-855-1102, extension 7016

Connecticut – *See New Hampshire*

Florida



Florida Diabetes Camp

A variety of camps are offered at multiple locations including family weekends. Camp programs are offered for children in grades K-12 from May through October, 2004. The length of each program varies. Call for details or visit www.floridadiabetescamp.org or email fccyd@hotmail.com



JADA

Camp JADA is an American Diabetes Association day camp located at Jacksonville University in Jacksonville, Florida. It features a variety of new and exciting activities that are sure to send campers home with smiles and many stories to tell. Thursday night is Parent's night with dinner provided for campers and their families. Camp is offered for children ages 6-12.

Camp Dates: June 28-July 1

Camp Fees: \$95 per child with diabetes and \$70 for siblings/friends

Camp Fee for Extended Camp Hours: \$120/ \$95.

Contact: Paige Palmer at 800-676-4065, extension 3064

Georgia – *See Florida, Alabama or South Carolina*

Hawaii



Camp He Ola Ke Keiki

The American Diabetes Association Camp He Ola Ke Keiki is a resident camp held at the Pililaau Army recreation Center in Honolulu, Hawaii. The camp provides youth with a wholesome camping experience as well as the opportunity to learn diabetes management skills. Camp is offered for children ages 6-17.

Camp Dates: July 26 - 30

Camp Fees: \$400 ADA Members; \$450 Non Members

Contact: Shawnette Cristobal at 1-808-947-5979 or 1-888-342-2383

Idaho – *See Montana or Washington*

Illinois



Camp Can – Do

The ADA Camp Can-Do day camp program is held at Bettenhausen Park in Tinley Park, Illinois. The property includes large play areas, and the main building for all-purpose use. Camp Can Do uses a designated room in the main building as its base of operation. The park has an outdoor pool for swimming. Activities include Outdoor fun, Swimming, Arts & Crafts, Nature Appreciation and Diabetes Education. The ADA provides all of the volunteer program and activity supervision, as well as the volunteer medical staff. The host facility provides the pool staff and maintenance support.

A Parent orientation will take place prior to the start of camp. "Sharing Time" for parents, facilitated by leaders in the field of diabetes, is scheduled 2 or 3 times at the start of the camp day. Care of diabetes in the camp setting is achieved by a volunteer team of health/allied professionals working together in an interdisciplinary manner with the volunteer camp program staff. The care is sensitive to the needs and concerns of the children. It integrates with diabetes education. Camp Can Do provides children with the opportunity to participate in recreational activities while developing independence and confidence in caring for their diabetes. Camp is offered for children ages 4-10. Siblings are welcome

Camp Date: August 9 -13

Camp Fees: \$225 ADA Members \$285 Non Members

Contact: Sue Apsey at 1-888-342-2383, extension 6567 or 312-346-1805



Camp Confidence

The American Diabetes Association’s Camp Confidence day camp is located at the Historical setting of Des Plaines Methodist Camp Ground near the Des Plaines River in Des Plaines, Illinois

The property includes large mowed picnic and play areas, a pool staffed by the facility and buildings for all-purpose use. Camp Confidence uses a designated picnic area as it’s main base of operation. We also have use of a cabin for our supplies and equipment. We have use of a kitchen for the set-up of our snacks and use of a lodge area or cafeteria, in case of rain. Activities include Outdoor fun, Swimming, Arts & Crafts, Nature Appreciation and Diabetes Education

The ADA provides all of the volunteer program and activity supervision, as well as the volunteer medical staff. The host facility provides the pool staff and maintenance support. A Parent/Camper orientation will take place prior to the start of camp. “Sharing Time” for parents, facilitated by leaders in the field of diabetes, is scheduled 2 or 3 times at the start of the camp day. Care of diabetes in the camp setting is achieved by a volunteer team of health/allied professionals working together in an interdisciplinary manner with the volunteer camp program staff. The care is sensitive to the needs and concerns of the children. It integrates with diabetes education. Camp Confidence provides children with the opportunity to participate in recreational activities while developing independence and confidence in caring for their diabetes. Camp is offered for children ages 4-8. Siblings are welcome.

Camp Dates: June 21 - 25

Camp Fees: \$225 ADA Members \$285 Non Members

Contact: Sue Apsey at 1-888-342-2383, extension 6567 or 312-346-1805



Citi Camp

Citi Camp is held at the New City YMCA in Chicago, Illinois. The property includes large picnic and play areas, and buildings for all-purpose use. The facility provides an indoor pool. Activities include outdoor fun, arts & crafts, and diabetes education. The ADA provides the volunteer medical staff support for diabetes supervision and management. The YMCA provides the program and camper supervision staff. A Parent orientation will take place prior to the start of camp. “Sharing Time” for parents, facilitated by leaders in the field of diabetes, is scheduled 2 or 3 times at the start of the camp day. Care of diabetes in the camp setting is achieved by a volunteer team of health/allied professionals working together in an interdisciplinary manner with the camp program staff. The care is sensitive to the needs and concerns of the children. It integrates diabetes education. Citi Camp provides children with the opportunity to participate in recreational activities while developing independence and confidence in caring for their diabetes. Camp is held for children ages 6 through 12.

Camp Dates: July 5 - 9

Camp Fees: \$225 ADA Members \$285 Non Members

Contact: Sue Apsey at 1-888-342-2383, extension 6567 or 312-346-1805



Camp Discovery

The ADA Camp Discovery day camp program is held at Health Track in Glen Ellyn, Illinois. It is a modern wellness facility providing pool and gymnasium use, activity rooms and limited use of the outside area for games and activities. A new park opening across the street will provide play/activity area. Activities include Games, Swimming, Arts & Crafts, Nature Appreciation and Diabetes Education. The ADA provides all of the volunteer program and activity supervision, as well as the volunteer medical staff. The host facility provides the pool staff and maintenance support. A Parent Orientation will take place prior to the start of camp. “Sharing Time” for parents, facilitated by leaders in the field of diabetes, is scheduled 2 or 3 times at the start of the camp day. Care of diabetes in the camp setting is achieved by a volunteer team of health/allied professionals working together in an interdisciplinary manner with the volunteer camp program staff. The care is sensitive to the needs and concerns of the children. It integrates with diabetes education. Camp Discovery provides children with the opportunity to participate in recreational activities while developing independence and confidence in caring for their diabetes. Camp is offered for children ages 4-8 and siblings are welcome.

Camp Dates: June 28 July 2

Camp Fees: \$225 ADA Members \$285 Non Members

Contact: Sue Apsey at 1-888-342-2383, extension 6567 or 312-346-1805



Camp Granada

Camp Granada is an American Diabetes Association resident camp located in Monticello, Illinois at the 4H Memorial Camp owned by the University of Illinois. Camp provides an opportunity for children with diabetes to learn more about themselves and their diabetes

in a fun-filled, safe camping environment. The program encourages self-management while providing appropriate medical supervision and allowing the best possible camper experience. Camp is offered for children ages 8 through 16.

Camp Dates: July 18-23, 2004 **Camp Fee:** \$350 **Contact:** Donna Scott at 217-875-9011, extension 6641



Camp Kids

Held at Camp Warren Levis in Godfrey Illinois, the ADA Camp Kids day camp program offers diabetes related games, swimming, sports, crafts and field trips. Camp is offered for children ages 6-12.

Camp Dates: July 26 – 29 from 9am – 4pm –
pre and post camp care available

Camp Fee: \$75 for first family member
\$50 for each sibling
\$10 per week for Pre-Camp Care 8:00AM - 9:00AM
\$10 per week for Post-Camp Care 4:00PM – 6:00PM

Contact: Leslie Lake at 1-800-342-2383 or 314-822-5490



Teen Adventure

The American Diabetes Association Teen Adventure Camp resident program is located at the YMCA Camp Duncan in Ingleside, Illinois. Camp Duncan is situated on semi-private Fish Lake. Rolling prairie, large mowed sports fields, dense woods and marshland blend to form an ideal setting for a quality camp experience. Spacious cabins, all-purpose buildings and an impressive dining hall overlooking the lake are part of the camp facilities. An indoor Olympic-sized swimming pool allows for swimming in all types of weather. A well-equipped health center is available to meet the needs of our campers. Boating, Swimming, Archery, Crafts, Singing, Big Games, High Ropes Teams Course, Outdoor Movie Night, Roller Skating outing and opportunity to select the Diabetes Education presentations in which camper want to participate. ADA provides the volunteer medical staff. The camp provides their well-trained program, counseling and kitchen staff. The kitchen staff works with our ADA dietitians to develop the menus for the camp week. Parents meet and greet each other at the medical staff check-in for their campers. Guided by an attending physician with extensive experience in the adjustment of insulin, diet and activity components, medical care and supervision are provided by a conscientious group of resident physicians, nurses and dietitians. Campers are seen several times daily for insulin adjustments and blood sugar testing appropriate for daily activities. Teen Adventure Camp combines a program of summer activities with a program of diabetes education and support. Both components are designed to challenge each camper to reach toward their maximum potential, both mentally and physically. The campers are actively involved with their medical staff in managing their diabetes. Camp is offered for youth ages 14 – 18.

Camp Dates: July 11 - 17

Camp Fees: \$700 ADA Members; \$850 Non Members; \$950 Out of Area

Contact: Sue Apsey at 1-888-342-2383, extension 6567



Triangle D

The American Diabetes Association Triangle D Camp resident program is located at the YMCA Camp Duncan in Ingleside, Illinois. Camp Duncan is situated on semi-private Fish Lake. Rolling prairie, large mowed sports fields, dense woods and marshland blend to form an ideal setting for a quality camp experience. Spacious cabins, all-purpose buildings and an impressive dining hall overlooking the lake are part of the camp facilities. An indoor Olympic-sized swimming pool allows for swimming in all types of weather. A well-equipped health center is available to meet the needs of our campers. Activities include swimming, row boating, canoeing, high ropes (11-13 yr. olds), climbing tower (8-10 yr. olds), camp games, singing, archery, campfires, soccer, basketball, volleyball and Diabetes Education! ADA provides the volunteer medical staff. The camp provides their well-trained program, counseling and kitchen staff. The kitchen staff works with our ADA dietitians to develop the menus for the camp week. The camp program offers parents the opportunity to meet with the camper's medical staff person at the beginning and the end of the camp session. A product fair is also offered on the opening day of camp. Guided by an attending physician with intense experience in the adjustment of insulin, diet and activity components, medical care and supervision are provided by a conscientious group of resident physicians, nurses and dietitians. Campers are seen several times daily for insulin adjustments and blood sugar testing appropriate for daily activities. Triangle D Camp combines a program of summer activities with a program of diabetes education and support. Both components are designed to challenge each camper to reach toward their maximum potential, both mentally and physically. The campers are actively involved with their medical staff in managing their diabetes.

Camper Ages: Session I: 11 – 13
 Session II: 8 - 10

Camp Dates: Session I: Aug.1 - 7
 Session II: Aug. 8 - 14

Camp Fees: \$700 member;
\$850 non member;
\$950 out of the area

Contract: Sue Apsey at 1-888-342-2383, extension 6567

Indiana



Camp John Warvel

With an emphasis on fun, Camp John Warvel is an American Diabetes Association resident camp held at the YMCA Camp Crosley in North Webster. It offers a unique learning atmosphere for children with diabetes to acquire new skills in caring for their diabetes according to their developmental levels. Positive attitudes about diabetes and self-confidence in diabetes management are instilled through education, encouragement and example. Camp is offered for children ages 7 through 15.

Camp Dates: June 6 - 12

Camp Fee: \$200

Contact: Elaine McClane at 317-352-9226 or
800-228-2897

Iowa



Camp Hertko Hollow

Camp Hertko Hollow is a resident camp program held at the Des Moines YMCA Camp, located on the river north of Boone. Activities include horseback riding, swimming, canoeing, rappelling, ropes course, archery and riflery plus special activities for different ages. Camp Hertko Hollow, is independently operated and receives marketing assistance from the American Diabetes Association.

Camp Dates: Session A: June 27– July 3
Session B: July 4-10

Camper Ages: Session A: grades 7-12
Session B: grades K-6

Camp Fees: \$475 Full Week; \$237 Mini Camp

Contact: Vivian Murray at 888-437-8652

Kansas



Camp Discovery

Camp Discovery is an American Diabetes Association residential camp offering young people with diabetes a week of fun. Opportunities such as outdoor recreation, arts and crafts, horseback riding, education and the excitement of developing close friendships with other campers and counselors make this a special place. Special attention to diabetes makes Camp Discovery a safe environment for active youth while providing valuable diabetes management education. Camp Discovery is located in the WaShunGa area of Rock Springs 4H Center about 13 miles southwest of Junction City.

Camp Dates: Session I: June 13-19 for grades 7-10
Session II: June 20-26 for grades 4-6
Session III: June 22-26 for grades 2 & 3

Camp Fees: Session 1 - \$310
Session 2 - \$310
Session 3 - \$260

Contact: Susan Sanders at 800-465-6500x6905 or 316-684-6091x6905



Camp KA-DI-DA-CA

The American Diabetes Association Kansas Diabetes Day Camp is for young children with diabetes, their siblings and friends. Activities include learning more about diabetes, swimming, games, arts and crafts and hiking. Camp is offered for children ages 5-8.

Camp Dates: July 21-24

Camp Fee: \$40

Contact: Susan Sanders at 800-465-6500x6905 or 316-684-6091x6905

Kentucky



Camp Hendon

Camp Hendon is an American Diabetes Association resident camp located at Camp Crooked Creek in Shepherdsville, KY. It is a woodland retreat near the water. Activities include swimming, canoeing, archery, tubing, horseback riding, volleyball, softball, nature hikes and team building courses. Camp is offered for children ages 8-17.

Camp Dates: July 25 - 31

Camp Fees: \$300 -ADA Members; \$325 - Non Members
\$565 for 2 children of ADA Members;
\$635 – for 2 children of Non Members

Contact: Neely Hasch at 888-342-2383 x 3322

Louisiana



Louisiana Lions Camp

The American Diabetes Association Children's Diabetes Camp is located at the Louisiana Lions Camp near Leesville. It sits on 170 acres of rolling pines on the edge of Lake Vernon. Activities are geared to the camper's age and include swimming, archery, canoeing, paddleboats, nature lore, skits, dances and volleyball. Priority is given to first time campers and Louisiana residents. This camp is offered to all campers for free.

Camp Dates: Session I: July 18-24 for ages 6-11
Session 2: July 25-31 for ages 11-14

Contact: Cheri Spears at 800-960-7732x6079 or 225-216-3980x6079

Maine – See New Hampshire

Maryland



Camp Glyndon

For the first time since 1952, the American Diabetes Association Camp Glyndon resident camp program will become a program of the Lions Camp Merrick in Charles County, Maryland. The camp will continue to provide children with special memories that will last a lifetime in a safe outdoor environment. Activities include swimming, challenge course, drama, nature lore, hiking, arts and crafts and games as part of the well planned recreational activities. Campfire activities will highlight some evenings with songs, games and discussions by campers. For specific dates, fees and camper ages, contact the Lions directly.

Contact: Robert Rainey at 301-870-5858

Massachusetts



Clara Barton

The Barton Center for Diabetes Education offers various sessions throughout the summer including Clara Barton Resident and Day Camp, Adventure Camp and Family Camp in a perfect wooded retreat in North Oxford. Camp is operated from June through August for girls ages 6-17. Email BCDECamp@aol.com/www.bartoncenter.org for more information. Clara Barton camp is independently operated and receives marketing and financial support from the American Diabetes Association.

Contact: Camp Director at 508-987-2056



Joslin Diabetes Camp

Camp Joslin is located 50 miles west of Boston in Charlton, MA. near Old Sturbridge Village. The program encourages learning more about balancing life with diabetes by offering over 80 different recreation, sports, leadership camping and discussion opportunities. Camp is operated for boys ages 7 – 16. Email camp@joslin.harvard.edu or www.joslin.org for more information. Joslin camp is independently operated and receives marketing and financial support from the American Diabetes Association.

Camp Dates: Contact the camp for information on dates and fees. **Contact:** Stephanie Holloway, Camp Coordinator, 617-732-2455

Michigan



Camp Midicha

Camp Midicha is an American Diabetes Association resident camp located on the YMCA Camp Copneconic property in Fenton, just south of Flint. Camp Midicha is a place where lifelong friends are made and all the kids have diabetes so no one feels different. Along with swimming, canoeing, kayaking, sports and camp crafts, Camp Midicha offers specialty programs such as horseback riding and a high ropes course for particular age groups.

The teen program is for ages 14 - 16
Canoe program is also for ages 14-16 and costs \$480
Junior Counselor (counselor in training) costs \$300

Camp Dates: August 1 - 6
August 8 - 13
August 15 - 20

Contact: Jennifer Hays at 248-433-3830, extension 6698 or 888 – 342-2383 x 6698

Camper Ages:	Camp Fees:
Resident Camp: 8-13	\$400
Teen Camp: 14-16	\$435
Canoe Camp: 14-16	\$480
CIT Program: 16-18	\$300

Minnesota



Camp Daypoint

American Diabetes Association Camp Daypoint is the perfect introduction to camp for children ages 5 through 9. Campers are in small groups that allow the children the attention they need during swimming, crafts, hikes and games. In a comforting environment, campers gain independence, discover new skills, and learn respect for others and the outdoors. Camp Daypoint has exclusive use of the YMCA Camp St. Croix, south of Hudson on a wooded bluff along the St. Croix river.

Camp Dates: August 9 - 13

Camp Fee: Request Brochure

Contact: Becky Martin at 800-676-4065, extension 6596



Camp Needlepoint

American Diabetes Association Camp Needlepoint is a residential camp for kids ages 8 to 16. ADA has exclusive use of YMCA Camp St. Croix, south of Hudson, Wisconsin along the St. Croix river. Camp Needlepoint is starting its 46th year and serves over 400 campers in its numerous programs. Facilities and activities include tennis, basketball, soccer, archery, rope course and horseback riding. The beach is equipped for volleyball, canoeing, sailing, kayaking and swimming. Nutrition activities, blood glucose monitoring and injections/medications are integrated into the camp program. Campers challenge their abilities, make unforgettable memories and meet friends who also have diabetes.

Camp Dates: Session 1: Aug 8 - 14
Session 2: Aug 15 - 21

Contact: Becky Martin at 800-676-4065, extension 6596

Camp Programs	Camper Ages	Camp Programs	Camper Ages	Fees: Request Brochure
Pioneers:	8 - 9	Windjammers:	14-16	
Trailblazers:	10-11	Voyagers:	4-16	
Frontier Canoers:	12-13	Wranglers:	14-16	
Frontier Sailors:	12-13	Rockers:	14-16	
Frontier Climbers:	12-13	Mariners:	14-16	
		Leadership Development:	16	

Missouri



Day Break

Camp Day Break is organized and operated by the Diabetes Center at Southeast Missouri Hospital in Cape Girardeau, Missouri. This day camp program is held at the Main Street Family Fitness Center in Jackson, Missouri. The camp provides a learning experience in the art of coping with diabetes in the company of other children who face similar challenges each day. A day at Camp Day Break includes crafts, indoor and outdoor group games and diabetes education. The American Diabetes Association provides marketing assistance for this camp which serves children ages 6-12.

Contact: Southeast Missouri Hospital at 573-651-5844



Camp Earthworks – Springfield

The American Diabetes Association Camp Earthworks is a week-long day camp where children with diabetes can learn the skills and self-confidence needed for proper self-management of their diabetes. Exciting craft and outdoor activities focus on the importance of exercise. Earthworks is a fun place where children can make new friendships with other children with diabetes and they will discover that they are not alone and also that they can manage their diabetes and live a healthy and happy life. Camp serves children ages 6-14.

Camp Dates: July 26 - 30 **Camp Fee:** \$100 before July 1; \$125 thereafter **Contact:** Pat Compton at 800-216-2464, Extension 6851



EDI – The Gloria Hirsch Camp for Children with Diabetes

The American Diabetes Association Camp EDI name is an acronym formed from the three cornerstones of a healthy, active lifestyle for children with diabetes: Exercise, Diet and Insulin. Camp EDI resident sessions are held at the Kiwanis Camp Wyman in Eureka, Missouri. The primary goal of the camp program is to teach children with diabetes how to enjoy a healthy, active lifestyle. Having fun with other children while learning more about diet, exercise and medication can encourage self-confidence and independence. Activities at Camp EDI include crafts, swimming, fishing, ropes course, caving, hiking and group recreation and sports.

Camp Dates:	Camp Ages:	Camp Fees:
Long Session: July 15 - 24	9-17	\$650
Counselor in Training July 15 –24	16 & 17	\$650
Mini Session 1: July 15 - 19	7&8	\$350
Mini Session 2: July 20-24	9 &10	\$350

Contact: Leslie Lake at 800-342-2383 or 314-822-5490, extension 6826



Camp Redbird

The American Diabetes Association Camp Redbird day camp is held at Steinberg Skating Rink in Forest Park. Programs offered are diabetes-related games, swimming, sports, crafts and field trips. Camp is offered for children ages 5-10.

Camp Dates:	Camp Fees:
July 12 - 15, 9am – 4pm	\$100 for the first family member
Pre and Post Camp Care Available	\$75 for each sibling
	Pre-Care -\$10 per week per child 8:00AM – 9:00AM
	Post-Care \$20 per week per child 4:00PM – 6:00PM

Contact: Leslie Lake at 800-342-2383 or 314-822-5490, extension 6826



Kansas City Diabetes Camp at Camp Shawnee

The American Diabetes Association's residential camp program for children with diabetes is held at the Camp Shawnee property which is owned and operated by the Heartland Council of Camp Fire Boys and Girls. Camp offers children with diabetes the opportunity to learn how to enjoy a healthy, active lifestyle while managing their diabetes. Camp also teaches campers that they are not alone and gives parents a needed break from the day to day responsibilities of diabetes management. Camp activities feature swimming, horseback riding, hiking, outdoor skills, tennis and volleyball, basketball, archery and the adventure ropes course.

Camp Dates:	Camper Ages:	Camper Fees:
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July 25 - 30	7-15	\$350
Mini-session July 25 - 28	7 - 9	\$270

Contact: Marshall Meek at 1-888- 342-2383, extension 6842

Montana



Montana Youth Retreat

The American Diabetes Association Montana Youth Retreat is a resident camp located at Camp On The Boulder, located outside of Big Timber, Montana. It provides a safe summer camp experience that allows an opportunity to live with peers who also have diabetes. Retreaters learn diabetes self-management. A few of the activities include fishing, nature hikes, arts and crafts and archery. Youth Retreat is offered for children ages 8-17.

Youth Retreat Dates: July 25 – July 28 **Youth Retreat Fee:** \$350 **Contact:** Mary Hernandez at 1-800-766-8596

Nebraska



Hot Shots-Central

This day camp for children with diabetes is held at Hastings College in Hastings, Nebraska. The campus includes an air-conditioned environment for children to learn more about their diabetes while having fun. Activities include indoor swimming, crafts, photography, music, games and sports as well as diabetes education. This camp is independently operated and receives marketing and financial assistance from the American Diabetes Association. Camp is offered for children ages 6-12.

Camp Dates: June 22 – 24 **Camp Fee:** \$50 **Contact:** DeAnn Carpenter at 402-461-5318

Nevada – See New Mexico or Arizona

New Hampshire



Carefree

The American Diabetes Association Camp Carefree resident camp began in 1976 and is located at Lions Camp Pride on the shores of Merrymeeting Lake in New Durham, New Hampshire. The facilities include spacious camper cabins, health care center, large dining hall, separate shower houses, complete waterfront system, play areas and a low element ropes course. Camp is offered for children ages 8-15.

Camp Dates: Aug. 1 - 14 **Camp Fee:** \$800 **Contact:** Michael Curren 1-800-676-4065, extension 3460 or Beth Rowe at 603-659-7061

New Jersey



Camp Nejeda

Camp Nejeda is located in Stillwater on a 7 acre lake with nature trails, modern camper cabins, theme weekends, photography. Camp Nejeda is independently operated and receives marketing and financial assistance from the American Diabetes Association. Camp is offered for children ages 7-15 from July through August. Call 973-383-2611 for more information about session dates and fees.

New Mexico



ADA Camp for Kids (formerly Camp Challenge)

American Diabetes Association Camp for Kids resident camp's activities include swimming, sports, hiking, ropes course, archery and arts and crafts to name a few. ADA Camp for Kids is held at Monzano Mountain Retreat. Camp is offered for children ages 8-13.

Camp Dates: June 13 - 19

Camp Fee: \$415

Contact: at 888-342-2383 x7132 or
505-266-5716 x7132

New York



DSG Day Camp

This camp was co-founded by parents and the diabetes nurse educator of the Diabetes Support Group at Montefiore Medical Center in the Bronx. It operates from Monday through Friday in the *last two weeks of August*. Each day offers arts and crafts, physical activity, and diabetes education activities. There are field trips to various parts of the metropolitan area, including a Broadway show. The camp meets from 9:00 to 4:30 in the classroom of the St. James Park in the Bronx (Jerome Ave. near Fordham Rd.). It serves children ages 5 to 12 and their siblings (space permitting). **Contact:** Leonor Aponte at (718) 920-7446.

Camp LADD Day Camp

This camp is held at F.E. Smith Elementary School in Cortland, New York.

Camp Dates: Call

Camp Fee: Call

Contact: Michael DiGiovanni at 1-800-676-4065x3663



Independence Day Camp

Camp Independence is held at the JCC Lillian Schwartz Day Camp in Staten Island. Swimming, music, arts and crafts woodworking, ceramics, miniature golf, field sports, special event days, pioneering, and special trips are a few of the activities. Camp Independence is marketed and financially supported by the American Diabetes Association and independently operated for children ages 5-12.

Camp Dates: July 19 - August 13th

Camp Fee: \$1080 (includes \$505 which is a first time family membership in the JCC)

Contact: Marie Kaplowitz at 212-725-4925 x3406



American Diabetes Association Camp for Children with Diabetes

The American Diabetes Association New York Area's Camp is a residential camp for children with diabetes. The program is held on the Rotary Sunshine Campus in Rush, only 15 miles from Rochester. Camp is located on 133 acres of land in a rural setting including modern year round cabins, an Olympic size swimming pool, nature trails, athletic fields and a fishing pond.

Camp Dates:

Session 1: July 11 - 16

Session 2: July 18 - 23

Camper Ages:

12-16

8-12

Camp Fees: \$500 plus \$25 application fee.

Contact: Brandi Koch at 585-458-3040, extension 3478



Rainbow Day Camp

American Diabetes Association Camp Rainbow is held at Hopkins Point Lodge in Mendon Ponds Park. Activities include arts and crafts, hiking, water slides and diabetes-related activities. Camp is offered for children ages 3-10.

Camp Dates: August 2 - 5, 9AM-3PM

Camp Fee: \$75

Contact: Brandi Koch at 585-458-3040, extension 3478

North Carolina



Camp Enscore

The American Diabetes Association Camp Enscore is located in Tanglewood Park in Clemmons, NC. Activities include paddle boating, fishing, daily field trips. to an animal park, pool and other locations. A family night dinner & program is offered. Camp is offered for children ages 5-15.

Camp Dates: June 21 - 24

Camp Fee: \$40

Contact: Jennifer Painter at 1-888-342-2383, extension 1633



Carolina Trails

The American Diabetes Association Camp Carolina Trails is a resident camp located at the YMCA Camp Hanes next to hanging Rock State Park in King, North Carolina. This location is a perfect setting for a week of adventure, education and friendship. Campers live in cabins and participate in many sports and activities such as swimming, hiking, canoeing and arts and crafts. Camp is offered for children ages 10-15.

Camp Dates: August 1 - 7

Camp Fee: \$600

Contact: Jennifer Painter at 1-888-342-2383, extension 3220

North Dakota



Camp Sioux

The American Diabetes Association's Camp Sioux celebrates its 52nd anniversary this summer. Children with diabetes will discover the joys and adventures of the rugged outdoors while learning about diabetes under the careful supervision of a highly skilled diabetes team during the two week- long sessions at this residential camp located at the Red Willow Bible Camp in Binford, ND. Camp is offered for children ages 8-14.

Camp Dates: June 6-20 **Camp Fee:** \$25 Registration fee **Contact:** Julie Ludwig at 701-746-4427 ext 6684 or 800-666-6709 ext 6684

Ohio



Camp Korelitz

American Diabetes Association Camp Korelitz, is a resident camp held at Campbell Gard Outdoor Center. The Camp Korelitz program is designed to meet the diverse needs and interests of its campers. During the week, campers will participate in group and individual activities including team sports, swimming, camp fires, outdoor education, arts and crafts, drama and archery. Camp is offered for children ages 9-15.

Camp Dates: August 1 - 7 **Camp Fees:** \$350 ADA Members; \$400 Non Members

Contact: Sylvia Richard at 513-759-9335, extension 6661 or 1-888 -342-2383, extension 6661



Camp Tokumto

American Diabetes Association Camp Tokumto is a day camp located in Sharon Woods in Cincinnati. At Camp Tokumto we believe that educational and recreational camping improves the lives of young people with diabetes, providing a creative opportunity to enhance their physical, emotional and social well being. Camp is offered for children ages 5-9.

Camp Dates: July 12 - 16 **Camp Fees:** \$100 ADA Members; \$130 Non Members

Contact: Sylvia Richard at 513-759-9335, extension 6661 or 1-888 -342-2383, extension 6661

Oklahoma – See Arkansas

Oregon – Also See Montana or Washington

Pennsylvania



Camp Crestfield

Since 1977, the American Diabetes Association Diabetes Camp Crestfield has been providing children with special memories that will last a lifetime. Located at the Presbyterian Camp Crestfield along beautiful Slippery Rock Creek in Butler County Pennsylvania, the

ADA's Camp Crestfield program offers a wide range of activities including swimming, challenge course, drama, nature lore, hiking, arts and crafts and games as part of the well planned recreational activities. Campfire activities will highlight some evenings with songs, games and discussions by campers. There is time each day for campers to enjoy freedom from routine when they can make their own kind of fun, write letters, read stories or just relax in the beautiful camp setting.

Camp Dates:	Camper Ages:	Camp Fees:
Session 1: July 11 - 15	8-11	\$395
Session 2: July 25 - 30	12-16	\$425

Contact: Terri Seidman at 1-800-676-4065, extension 4608



American Diabetes Association Donovan McNabb Diabetes Camp for Kids at Green Lane

The Donovan McNabb American Diabetes Association Camp for Children with Diabetes is held at Camp Green Lane in Montgomery County, Pennsylvania. The resident camp program offers a wide range of activities including swimming, challenge course, drama, nature lore, hiking, arts and crafts and games as part of the well planned recreational activities. Campfire activities will highlight some evenings with songs, games and discussions by campers. There is time each day for campers to enjoy freedom from routine when they can make their own kind of fun, write letters, read stories or just relax in the beautiful camp setting. Camp is offered for children ages 8-16.

Camp Dates: June 19-25 **Camp Fee:** \$450 **Contact:** Randolph Richardson at 800-676-4065, extension 4635



Camp Setebaid

Camp Setebaid is a resident camp located near Berwick in northeastern PA. Session 1 for ages 8 through 10 specializes in newly diagnosed or first time away from home children. Camp Setebaid is independently operated by Setebaid Services and receives marketing and financial assistance from the American Diabetes Association.

Contact: Mark Moyer at 570-524-9090 for more information regarding dates and fees.



Harrisburg Diabetic Youth Camp

The Harrisburg Diabetic Youth Camp is a resident camp located near Bloomsburg in Columbia County. Camp Setebaid is independently operated by Setebaid Services and receives marketing and financial assistance from the American Diabetes Association. Camp is offered for children ages 8-15.

Contact: Mark Moyer at 570-524-9090 for more information regarding dates and fees.

Rhode Island – See New Hampshire

South Carolina



Camp Adam Fisher

Camp Adam Fisher is held at The Cooper Leadership Center in Summerton on Lake Marion. A few of the activities are blobbing, water slide, canoeing, archery, riflery, kayaking and field games. Camp is offered for children ages 7-17. Camp Adam Fisher is independently operated and receives marketing and financial assistance from the American Diabetes Association.

Camp Dates: July 31 – August 7 **Camp Fee:** \$500 **Contact:** Elizabeth Todd at 803-434-2442



Independence

American Diabetes Association Camp Independence is a day camp program held in Greenville, SC at Camp Buckhorn inside Paris Mountain State Park. Camp Independence provides Upstate children with diabetes and their siblings and friends four days of camping fun. Children participate in a variety of activities, including arts and crafts, sporting events, nature hikes and much more. Camp is offered for children ages 6-18.

Camp Dates: July 26 - 29 **Camp Fee:** \$85. A \$5 discount is available for returning campers and early bird applications received prior to May 15th.

Contact: Brigitte Adley at 888-342-2383, extension 3297 or Shannon Knox at extension 3299 or 864-609-5054

Tennessee



Sugar Falls

American Diabetes Association Camp Sugar Falls is held at Pleasant Green Swim Club in Goodlettsville, north of Nashville. Campers participate in nutrition games, athletics, arts and crafts, swimming and games. Camp is offered for children ages 6-12.

On Wednesday, a session for parents and children ages 5 and under is offered.

Camp Dates: July 19 - 22, 10AM – 3PM **Camp Fee:** \$55 **Contact:** 888-342-2383, extension 3333
or 615-298-3066

Texas



Camp Rainbow

The American Diabetes Association Camp Rainbow is a Day Camp held at YMCA Camp Pine Tree in Spring, Texas. The mission of the camping program is to promote self-confidence, independence, and peer support for children with diabetes and their families. This is done by encouraging education and proper management of their diabetes while continually enhancing an already spectacular camping experience. In addition to traditional/or typical activities, campers will learn valuable skills in caring for their diabetes. Nutrition, exercise and medical sessions are cleverly presented so that the children develop a positive attitude about living with diabetes. Camp is offered for children ages 4-17.

Camp Dates: July 12 - 16 **Camp Fees:** \$60 ADA Members; \$100 Non-Members; \$35 CIT

Contact: Amy Freeman-Bland at 1-888-342-2383, extension 6085 or 713-977-7706, extension 6085



New Horizons, North

American Diabetes Association Camp New Horizons North is held at the Bill Bates Cowboy Ranch in McKinney. The program offers an exciting week of outdoor activities while learning valuable lessons on positive diabetes management. Camp promotes self-confidence, independence and peer support. Camp is offered for children ages 4 -12. Youth ages 13 -17 have an opportunity to become Counselors-In-Training under the supervision of adult counselors.

Camp Dates: June 7 - 11 **Camp Fees:** \$70 ADA Members; \$90 Non Members; CITs attend free

Contact: Sherry Hill at 1-888 -342-2383, extension 6097



New Horizons, South

American Diabetes Association Camp New Horizons North is held at the Bill Bates Cowboy Ranch in Lancaster. The program offers an exciting week of outdoor activities while learning valuable lessons on positive diabetes management. Camp promotes self-confidence, independence and peer support.. Camp is offered for children ages 4 - 12. Youth ages 13 - 17 have an opportunity to become Counselors-in-Training under the supervision of adult counselors.

Camp Dates: June 21 - 25 **Camp Fees:** \$70 ADA Members; \$90 Non Members; CITs attend free

Contact: Sherry Hill at 1-888-342-2383, extension 6097



Camp Aurora

American Diabetes Association Camp Aurora is a day camp held at Lockheed Martin Recreation Association in Fort Worth. The program offers an exciting week of outdoor activities while learning valuable lessons on positive diabetes management. Camp promotes self-confidence, independence and peer support. Camp is offered for children ages 4 - 12; youth ages 13 -17 have an opportunity to become Counselors-In-Training under the supervision of adult counselors.

Camp Dates: June 7-11 **Camp Fees:** \$70 ADA Members; \$90 Non Members; CITs attend free

Contact: Eunice Nova at 817-332-7110, extension 6109



Camp Sandcastle

American Diabetes Association Camp Sandcastle is a day camp held at Texas A & M University, Early Childhood Development Center at Corpus Christi, Texas. Activities include swimming, arts and crafts, nature hikes, entertainment, diabetes education and computer classes. Camp is offered for children ages 5-15. The CIT program is for youth ages 15-17.

Camp Dates: June 7 - 11

Camp Fees: Free

Contact: Jane Bell at 888-342-2383 or 361-850-8756

Utah - See Arizona, Colorado or New Mexico

Vermont - See New Hampshire

Virginia - See North Carolina or Maryland

Washington



Camp Sealth

Camp Sealth is owned and operated by the Seattle King County Council of Camp Fire. It is located on spectacular Vashon Island, southwest of Seattle Camp Sealth. This resident camp offers a wide variety of in-camp and specialty programs.

Camp Dates: July 6-15 **Contact:** Laura Thelander at 206-282-4616x 7207 or 1-888-342-2383x7207

Camp Sessions by Type & Date

Camper Ages by Session:

Camp Fees :

Session 2 (4 days) July 6 - 9

Explorers	Grades 1-3	\$255
Adventure	Grades 4-5	\$255
Horse Camp -Intro to Riding	Grades 4-5	\$359

Session 3 (6 Days) July 10 - 15

Explorers	Grades 2-3	\$381
Adventure	Grades 4-5	\$381
Discovery	Grade 6	\$381
Crafts	Grades 4-6 - girls	\$413
Sports	Grades 4-6 - boys	\$411
Cooking	Grades 4-6 - girls	\$410

Horse Camp

Range Riders	Grades 4-6	\$537
Rodeo Riders	Grades 5-7	\$5537
Pony Express	Grades 7-9	\$543

(continued on next page)

Session 4 (10 days) July 6 - 15

Adventure	Grades 4-5	\$635
Discovery	Grades 6	\$635
Canoe Excursion	Grades 6 - Boys	\$635
Drama	Grades 4-6 - Girls	\$790
Archery	Grades 5-6 - Boys	\$685
Out back	Grades 5-7	\$654

Grades 7-12

Village	Grade 7-8	\$645
Horizon	Grade 9-12	\$655
Archery	Grade 7-8	\$695
Drama	Grade 7-9 Girls	\$800
Adv Photography	Grade 10-12	\$753
Nocturnal Camp	Grade 10-12	\$728

Horse Camp

Gauchos	Grades 7-9	\$835
Masters	Grades 8-10	\$835



Camp Orkila

Camp Orkila is located on beautiful Orcas Island in the San Juans. It is owned and operated by the YMCA of Greater Seattle. This resident camp offers popular in-camp activities such as team sports, swimming, kayaking, canoeing, sailing, crafts and nature study. There is also an Adventure ropes course, climbing wall, hiking and cruiser rides to a neighboring island for a camp out. Horseback riding is also available.

Camp Dates: August 4 - 11

Camp Sessions:

Camper Ages:

Camp Fees:

Traditional Camp	Grades 3-9	\$530
Skateboard Camp	Grades 6-10	\$530
Horse Master	Grades 6-10	\$695
Pioneer Camp	Grades 6-9	\$580

Contact: Laura Thelander at 206-282-4616x 7207 or 1-888-342-2383x7207

West Virginia – *See Kentucky, Ohio or Pennsylvania*

Wisconsin



Camp Lakota at Wisconsin Lions Camp

Camp Lakota provides opportunities for campers to improve self-sufficiency in diabetes management, feel good about themselves, have fun and make new friends. Their interests will be broadened and their abilities challenged as they participate in pontooning, kayaking, the famous “Mud Pit”, crafts, the “Big Dance” and much more. Camp is offered for children ages 8 through 16.

Camp Dates:

Session I: July 25 - 30

Session II: August 1 – 6

Camp Fees: \$65 non-refundable Registration Fee

Contact: Nancy Tarantino at 888-342-2383, extension 6531 or 1-888-342-2383, extension 6531

Wyoming – *See Colorado or Montana*

